**Course Objective**

**Material Covered:**

**HCPC Juvenile Subacute Inpatient UNIT DESCRIPTION**

Faculty and staff on this rotation consist of one full-time child psychiatrist, one full-time M.S.W. and one part-time Ph.D. child psychologist. Adolescents served by this unit are in the custody of the Harris County Juvenile Probation Department. They are primarily 13-17 years old, with representation primarily from Caucasian, Hispanic, and African-American ethnic groups. The average length of stay is approximately one month. Diagnoses often include disruptive behavior disorders, but there must be an additional comorbid psychiatric disorder present in order to be admitted to this unit. Diagnoses include mood disorders, post-traumatic stress disorders, substance abuse, anxiety disorders, and psychotic disorders. Some patients will also have intellectual and developmental disabilities. Treatment provided by the team includes assessment, psychopharmacologic interventions, individual and family interventions, and extensive consultation with the Juvenile Probation Department. There is opportunity for residents and students to lead substance abuse groups during this rotation, under the supervision of faculty.

Residents and students spend approximately 30 hours weekly on the service, including 8-10 hours for rounds, planning conferences and case supervision. Residents and students spend their time in medical and psychiatric evaluation, attendance at multidisciplinary team treatment planning conferences and review rounds, in observation of program/administrative activities on the unit, and in individual, family, and group treatment. They also participate in weekly staffings via telemedicine with the staff from Juvenile Probation. Average case load for each resident is all 14-16 cases, and students will carry 2-4 cases at a time. Residents see and write notes on each patient twice a week, and will see patients more often if required by the patient's level of acuity. Students will see their patients and write notes daily, but will round with the team to be aware of all of the cases on the unit. Case assignments are monitored by the unit-attending physician to achieve a balanced clinical learning experience with the adolescents in regard to the age, sex and diagnostic categories of the patients. Ongoing supervision is provided on a daily basis by the attending physician during rounds and treatment planning conferences. Additional supervision may be provided on an individual basis.

**Skills Acquired:**

- New patient evaluation, psychiatric H & P
- Psychopharmacology management
- Multidisciplinary staffing and case discussion

**Activities Of Elective**

**Number Of New Patients/Student/Week:** 2

**Responsibilities Of Student For Assigned Patients:**

<table>
<thead>
<tr>
<th>Does history/physical:</th>
<th>Yes</th>
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<tbody>
<tr>
<td>Who critiques:</td>
<td>Faculty</td>
</tr>
<tr>
<td>Who supervises:</td>
<td>Faculty</td>
</tr>
<tr>
<td>Does student see ambulatory patients:</td>
<td>No</td>
</tr>
</tbody>
</table>

**Scheduled Duties of Student:**

- Frequency of rounds on patients: Daily
- Presents patients to preceptor or attending physician: Yes
- Weekly schedule of required teaching sessions: Non – bedside teaching

**Describe Optional Rounds And Activities, If Any:**

- Psychiatry grand rounds, Resident Case conferences

**Other Required Activities:**

- Reading/review of current literature: Yes
<table>
<thead>
<tr>
<th>Activity</th>
<th>Requirement</th>
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<tbody>
<tr>
<td>Writing or presenting a paper</td>
<td>No</td>
</tr>
<tr>
<td>Presentation at case conference or supervising patient psychoeducational group</td>
<td>Yes</td>
</tr>
</tbody>
</table>

**How Is Student Evaluated:**

Subjective evaluation

**Who Evaluates Students:**

Faculty with feedback from Residents and Staff

**Unique Features Of This Elective:**

Forensic psychiatry, sub-acute unit (~45 day in patient stay)