Faculty In Charge Of Course: Jonathan C. Findley, MD
Participating Faculty: R. Andrew Harper, MD
Location: Harris County Psychiatric Center, Unit 3E
Offered: Offered July-December, January, February, and April
Max. # Students/Period: 1

Course Objective

Material Covered:
Faculty and staff on this rotation consist of one full-time psychiatrist and one full-time master social worker. Patients served by this unit are either voluntarily admitted or involuntarily committed to the Harris County Psychiatric Hospital. The ages of patients served are 18 through geriatric age, with representation primarily from Caucasian, Hispanic, and African-American ethnic groups. The average length of stay is between 7-10 days. Diagnoses seen include psychotic, mood, anxiety, substance abuse, personality and cognitive disorders. Many patients have been dually diagnosed with substance abuse disorders and other primary psychiatric disorders. Some patients have mental retardation and developmental disabilities. Treatment provided by the team includes psychiatric assessment, psychopharmacologic interventions, and individual and family interventions.

Students spend approximately 40-50 hours weekly on the service, including 8-10 hours daily for rounds, documentation and case supervision. Students spend their time in medical and psychiatric evaluation, attendance at multidisciplinary team treatment planning meetings and rounds, in observation of program/administrative activities on the unit, and in individual, family, and group treatment. They can also observe psychological testing when appropriate. Students will carry 4-6 cases at a time. Students will see their own patients daily, but will round with the team to be aware of all the cases on the unit. Case assignments are monitored by the unit attending physician to achieve a balanced clinical learning experience with the patients in regard to the age, sex, and diagnostic categories of the patients. Ongoing supervision is provided on a daily basis by the attending physician during rounds and treatment planning meetings. Additional supervision may be provided on an individual basis. Students will take two weekend call shifts with the on-call residents in order to gain additional experience in psychiatric intake and emergency evaluations.

Objectives:
- The student will be responsible for a higher degree of patient care that what was expected in the third-year, with a greater emphasis on case formulation, treatment/discharge planning, and independent decision making.
- The student will share equal status with the psychiatric intern on the service in all respects (with the exception of documentation in the electronic medical record).
- Perform and document history and physicals, including the mental status examination.
- The production of a well-reasoned assessment of a patient’s problems including competency with the psychiatric interview and the application of factual knowledge in the development of appropriate evaluation of the patient’s problem.
- Propose individualized treatment plans, including psychopharmacological, medical, psychological and social treatment modalities.
- Follow patients daily, including writing daily progress notes.
- Assist the treatment team in obtaining outside medical records and collateral information from patients’ families, etc.
- Perform psychoeducation on issues relevant to assigned patients, including anger management, substance abuse, compliance, etc.
- Attend multidisciplinary rounds and coordinate care with the team including psychiatric technicians, nurses, and social workers.
- Discuss discharge planning, including appropriate patient education and follow-up, and the role that hospitalization played in the patient’s overall care.
- Assist in the teaching and supervision of third year medical students.

Skills Acquired:
- New patient evaluation, psychiatric history and physical
- Psychopharmacology management
- Multidisciplinary staffing (psychiatry, internal medicine, nursing, social work, recreational therapy)

Number Of New Patients/Student/Week: 4-5

Responsibilities Of Student For Assigned Patients:

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<thead>
<tr>
<th>Does history/physical:</th>
<th>Yes</th>
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<tr>
<td>Who critiques:</td>
<td>Faculty</td>
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<td>Follows patients, with appropriate notes as needed:</td>
<td>Yes</td>
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<td>Who supervises:</td>
<td>Faculty</td>
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<td>Does student see ambulatory patients:</td>
<td>No</td>
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<tr>
<th>Frequency of rounds on patients:</th>
<th>Once daily (M-F)</th>
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<td>Presents patients to preceptor or attending physician:</td>
<td>Yes</td>
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<tr>
<td>Weekly schedule of required teaching sessions:</td>
<td>Psychiatry Grand Rounds (Wed. at noon) and Resident Case Conferences (Tue. at noon)</td>
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<td>Reading/review of current literature:</td>
<td>Yes</td>
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<td>Writing or Presenting a paper:</td>
<td>Yes (Formal case presentation with literature review)</td>
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**How Is Student Evaluated:**
Students will be evaluated by faculty based on their attendance and participation in didactic sessions and attendance at clinical assignments and participation in clinical activities. The students are evaluated based on the demonstration of their accomplishment of the objectives. Mid-rotation feedback in writing is required for all students.

**Who Evaluates Students:**
Attending physician with feedback from residents and staff.

**Unique Features Of This Elective:**