Faculty In Charge Of Course: J. Chase Findley, MD
Participating Faculty: Ceasa Nagpal, MD, Gregory Hestla, MD
Location: UTHealth Harris County Psychiatric Center, Units 2E and 3C
Offered: Blocks 1-8, 10, 11 and 13
Max. # Students/Period: 2 students

Course Objective

Material Covered:
Faculty and staff on this rotation consist of two full-time psychiatrist and two full-time master social workers. Patients served by these units are either voluntarily admitted or involuntarily committed to the UTHealth Houston Harris County Psychiatric Hospital (UT-HCPC). The ages of patients served are 18 through geriatric age, with broad diversity. The average length of stay is 7 days. Diagnoses seen include psychotic, mood, anxiety, substance abuse, personality and cognitive disorders. Many patients have been dually diagnosed with substance abuse disorders and other primary psychiatric disorders. Some patients have intellectual developmental disorders or autism spectrum disorders. Treatment provided by the team includes psychiatric assessment, psychopharmacologic interventions, and psychotherapeutic treatment.

Students spend approximately 30-40 hours weekly on the service, including 6-8 hours daily for rounds, documentation and case supervision. Students spend their time in medical and psychiatric evaluation, attendance at multidisciplinary team treatment planning meetings and rounds, in observation of program/administrative activities on the unit. Students will carry 4-5 cases at a time. Students will see their own patients daily, but will round with the team to be aware of all the cases on the unit. Case assignments are monitored by the unit attending physician to achieve a balanced clinical learning experience with the patients in regard to the age, sex, and diagnostic categories of the patients. Ongoing supervision is provided on a daily basis by the attending physician during rounds and treatment planning meetings.

In the final week of the rotation, the student will give a formal patient case presentation with literature review during the resident case conference at UT-HCPC. The presentation will be approximately 20 minutes in length and will be attended by approximately 30 medical students, residents and faculty. Supervising faculty will provide close support in the development and presentation of the case.

Objectives:
- The student will be responsible for a higher degree of patient care that was expected in the third-year clerkship, with a greater emphasis on case formulation, treatment/discharge planning, and independent decision making.
- Perform and document history and physicals, including the mental status examination
- Propose well-reasoned assessments of a patient’s problems including competency with the psychiatric interview and the application of factual knowledge in the development of appropriate evaluation of the patient’s problem.
- Propose individualized treatment plans, including psychopharmacological, medical, psychological and social treatment modalities.
- Follow patients daily, including writing initial psychiatric evaluations, daily progress notes and discharge summaries
- Assist the treatment team in obtaining outside medical records and collateral information from patients’ families, etc.
- Perform psychoeducation on issues relevant to assigned patients, including anger management, substance abuse, compliance, etc.
- Attend multidisciplinary rounds and coordinate care with the team including psychiatric technicians, nurses, psychology, and social workers
- Discuss discharge planning, including appropriate patient education and follow-up, and the role that hospitalization played in the patient’s overall care
- Assist in the teaching and supervision of third year medical students.

Skills Acquired:
- New patient evaluation, psychiatric history and mental status examination
- Formulation and documentation of psychiatric assessments and treatment plans
- Psychopharmacology management
- Multidisciplinary staffing (psychiatry, internal medicine, nursing, social work, psychology, recreational therapy)

Number Of New Patients/Student/Week: 4-5

Responsibilities of Student for Assigned Patients:

| Does history/physical: | Yes |
| Who critiques: | Faculty |
| Follows patients, with appropriate notes as needed: | Yes |
| Who supervises: | Faculty |
| Does student see ambulatory patients: | No |

Scheduled Duties of Student:
Frequency of rounds on patients: Daily (M-F)

Presents patients to preceptor or attending physician: Yes

Weekly schedule of required teaching sessions: No required sessions, but students are invited to attend Resident Case Conferences on Mondays at noon, and Grand Rounds on Wednesdays at noon.

Describe Optional Rounds And Activities, If Any:
N/A

Other Required Activities:

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<tr>
<th>Activity</th>
<th>Frequency</th>
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<tr>
<td>Reading/review of current literature</td>
<td>Yes</td>
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<tr>
<td>Writing or Presenting a paper</td>
<td>Yes (Formal case presentation with literature review)</td>
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How Is Student Evaluated:
Students will be evaluated by faculty based on participation in clinical activities. The students are evaluated based on the demonstration of their accomplishment of the objectives. Mid-rotation feedback in writing is required for all students.

Who Evaluates Students:
Attending physician with feedback from residents and staff.

Unique Features Of This Elective:
N/A