Course Objective

This elective builds upon the student’s exposure to psychiatry in the required third-year psychiatry clerkship. Students will be able to refine their ability to perform a basic psychiatric triage interview in the context of a patient with a psychiatric emergency and will be exposed to a variety of psychiatric disorders that require triage and emergent management. Students will have the opportunity to practice psychiatric interviewing and differential diagnosis skills and will be actively involved in assisting the emergency center’s team in the patient’s management.

Specific learning objectives for this elective are as follows:

By the end of this elective the student will be able to:

- Assess safety in the emergency center (including dangerousness to self and others).
- Describe common presentations to the psychiatric emergency room, including mood and thought disorders and substance intoxication states.
- Formulate a differential diagnosis of psychiatric disorders seen in an adult inpatient population with a focus on disorders which present acutely and emergently to the psychiatric emergency room.
- Discuss the psychiatric aspects of involuntary commitment and the role of police officers and the Crisis Intervention Team.

Students will demonstrate attainment of the above cognitive objectives through daily patient presentations to faculty, performance in clinical teaching rounds, and presentation of a case at the daily case conference session.

Skill Objectives

By the end of this elective, the student will be able to:

- Perform a safety assessment of the acutely ill psychiatric patient, with a focus on suicide and homicidal ideations.
- Utilize psychiatric interviews and medical work-up in the assessment of acutely ill psychiatric patients to provide a safe plan for the disposition and treatment of the patient.
- Formulate a differential diagnosis and initial treatment plan.
- Perform an involuntary commitment assessment of the acutely ill psychiatric patient.
- Describe the steps involved in filing an involuntary mental health commitment for the acutely ill psychiatric patient.

Students will demonstrate attainment of the above skill objectives through daily supervised patient care activities.

Activities Of Elective

Number Of New Patients/Student/Week: 10

| Does history/physical: | Yes, 2-3 daily |
| Who critiques: | Faculty |
| Follows patients, with appropriate notes as needed: | Yes |
| Who supervises: | Faculty |
| Does student see ambulatory patients: | Yes in the emergency setting |

<table>
<thead>
<tr>
<th>Procedures</th>
<th>Observe</th>
<th>Perform</th>
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<tbody>
<tr>
<td>Psychiatric interview</td>
<td>X</td>
<td>X</td>
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Scheduled Duties of Student:

- Frequency of rounds on patients: Daily
- Presents patients to preceptor or attending physician: Yes
- Weekly schedule of required teaching sessions: Case conference

Describe Optional Rounds And Activities, If Any:

Students will work an 8-hour shift five days a week with weekends off. The student will have the flexibility to work with the faculty to arrange to switch some of those shifts (we suggest one week) for evening/weekend/or night shifts to see a different volume and variety of patients who arrive outside of standard business hours.
Other Required Activities:

There are patients who are admitted to the 16-bed crisis stabilization unit for a voluntary stay of 3-5 days. Students may follow their patients who are admitted to that unit for daily rounds and medication management as well as group therapies. Students may attend those daily rounds in the mornings if the emergency room is stable.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Requirement</th>
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<tr>
<td>Reading/Review of current literature</td>
<td>Yes (one time), to the Daily Case Conference</td>
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<tr>
<td>Writing or presenting a paper</td>
<td>Yes (one time), to the Daily Case Conference</td>
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<tr>
<td>Other</td>
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How Is Student Evaluated:

Subjective evaluation

Who Evaluates Students:

Faculty

Unique Features Of This Elective:

This rotation is in a busy psychiatric emergency room. NPC serves 1300 patients per month (200 of whom are new to the MHMRA system). Approximately 60% of those clients walk-in for emergency evaluation and 40% are brought in by police. Students will get to work with those police officers as there is a Crisis Intervention Team office on site, and therefore have exposure to emergent psychiatric interventions. There will be some exposure to children and adolescents in crisis, as 5-10% of the clients at NPC are <18 years of age. Approximately 60% of the patients evaluated will be discharged for outpatient services, thus exposing students to the variety of mental health referral sources in the city. Approximately 40% of the patients will be sent to inpatient stabilization, and the students will be exposed to involuntary mental health commitment process. This elective will be valuable for students who will eventually be managing emergently ill psychiatric patients.