Focus on June 22 & 29, 7 faculty interviews and an abundance of other activities that need to be arranged for the communication with applicants, the coordinator customarily organizes all aspects of the interaction; this essentially makes the coordinator the "face" of the program. Along with regularly communicating with when requesting information about the program or for scheduling interaction.

Personal skills along with their organizational in related to their residency program contributes to duty hours. Things such as inpatient and out-house-staff-association/.

The UT Pediatric Residency program is commencing a Wellness PC Corner—personal skills along with their organizational in related to their residency program contributes to duty hours. Things such as inpatient and out-house-staff-association/.

PC Corner—

- Exercise and Mindfulness
- Balancing residency and all other activities that life
- Getting out of your own head is often one of the best ways to overcome anxiety in the moment.
- Other research has shown that meditation is helpful in reducing anxiety and depression. Get-out in nature, do something you love, and you can find ways to mitigate your stress and overwhelming feelings of anxiety at times.
- While structuring your own schedule gives you a sense of independence in overcoming fatigue, sometimes it's important to get a second, more objective, opinion. Feeling overwhelmed is not something you have to manage alone and you can find ways to mitigate your stress and overwhelming feelings of anxiety at times.
- While addressing these issues may take educators out of their own comfort zone, the good and fun can give you the extra boost of protection against negative moods.
- Physician wellness has been described as the "complex and multifaceted nature of physicians' perspective, but more can be done on the local level."

The "safe environment" component is extremely important as studies have demonstrated that fellow surveillance can be accomplished through mandatory one-on-one meetings with trainees. As it pertains to moonlighting, any time spent moonlighting should be counted towards the working week and the maximum number of hours can be determined based on the program's specific regulations.

As part of the ACGME Clinical Learning Environment Review (CLER) Program, the ACGME has Importantly, physician well-being has been shown to affect patients. Some research suggests that decreased physician well-being can lead to increased rates of medical errors and decreased patient satisfaction. The importance of addressing these issues cannot be overstated.

Research shows that being out in nature can provide a sense of relaxation and rejuvenation. This can be achieved through simple activities such as going for a walk, hiking, or simply spending time in a green space.

Jennifer Chavez

Visitor Rotations—

- Visitor rotations provide an opportunity for residents to interact with patients and their families in a supportive and structured environment.

GME Office Contacts

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- 713-798-9730
- 713-798-9766

The UT Pediatric Residency program offers comprehensive training in a variety of subspecialties, including pediatriciatrics, pediatrics and pediatrics, and pediatrics and pediatrics. The program provides a supportive and collaborative learning environment, with opportunities for residents to develop their skills and knowledge in clinical practice, research, and education.

Dr. Sam Luber

Department of Emergency Medicine

The UT Pediatric Residency program is committed to providing the best possible training to its residents and fellows. We believe that by fostering a safe and inclusive learning environment, we can help residents develop the skills and knowledge they need to become successful physicians.

New Arrivals

- Michelle Thomas, MD
- Maria Hernandez, MD
- Alejandro Rodriguez, MD

New Residents will join the UT Pediatric Residency program starting July 1 and continuing through June 30, 2023. The program provides a comprehensive training experience in pediatrics, with opportunities for residents to develop their skills and knowledge in a variety of subspecialties.

GME Coordinator of the Month

- Jennifer Chavez

Jennifer is a leader in the field of resident education and has consistently demonstrated a commitment to improving the training experience for residents. She is recognized for her dedication to the development of a supportive and inclusive learning environment, and her efforts have contributed to the success of the UT Pediatric Residency program.

The UT Pediatric Residency program is committed to providing the best possible training to its residents and fellows. We believe that by fostering a safe and inclusive learning environment, we can help residents develop the skills and knowledge they need to become successful physicians.