Safety and Quality Education for Residents

During this time of year, our thoughts and efforts turn to get the new residents and fellows off to a good start. It’s also a good time of year to refocus our attention on patient safety and quality improvement. To these ends, we have kicked off several new initiatives to promote a culture of safety and improvement.

**Patient Safety Bootcamp**

For the first time, new residents participated in a Patient Safety Bootcamp. This one day, interactive program introduced major concepts related to safety and quality, including when and how to report a safety incident and how these reports are reviewed, team communications, timeouts, informed consent, pre-procedure resources, asking for help and medication safety. A special thanks to Dr. Julia Shelburne for organizing this effort and to Drs. Almoosa, Tsao, Thomas, Holzmann-Pazgal, Ostrosky, Katz, and Patel for their participation. Thanks also to our MHH Partners Frank Caldwell, PharmD; Mary Hilliard RN, MSN, CPHRM; and Phyllis Tucker for their participation and assistance and to Craig Cordola, Senior Vice President, Central/West Region, for his generous financial support.

**Safety and Quality Grand Rounds**

This is a new, institution-wide conference bringing together residents, faculty and students to focus on issues related to patient safety and quality. We hope this will become a premier event in the Medical School with outstanding speakers and broad participation. The first session is being planned for the fall.

**Core Safety and Quality Curriculum**

Residents’ instruction in safety and quality varies across our 100 training programs. As a means of assuring a core curriculum in these important areas, we are proposing the use of six modules from the Institute for Healthcare Improvement as a requirement for all residents and fellows. Several programs already require their residents to complete some of these free modules, but not all. Programs may decide to require additional modules.

**Promotion of Safety and Quality within Programs**

Most training programs have case conferences, where the focus is on specific patients, rather than identifying system failures or ways to improve processes to promote safety. However, with slight modifications, these conferences can serve the broader goal of promoting a culture of continuous improvement. I would also like to remind program directors that we have faculty members who are willing to come to departments to give presentations related to safety and quality, as well as many other topics. A list may be found on the GME website “Speakers Bureau.”

**Integration of Trainees into Patient Safety and Healthcare Quality Committees and Initiatives**

Both LBJ and MHH Hospitals welcome and encourage trainee participation in hospital patient safety and healthcare quality committees and initiatives. For example, LBJ has invited all trainees to their Quality Review Council on the first Tuesday of each month from 9-11 am. MHH invites residents to schedule participation in its weekly quality filter screening on Tuesdays. We are actively working to facilitate trainee involvement. Please contact Julia Shelburne MD by email if you, your trainees, or your program is interested in participating.

Margaret Uthman, MD
Associate Dean for GME
Program Coordinator Professional Development

As mentioned in the last newsletter, a group of leaders in The Association of Residency Coordinators and GME staff members have worked to develop a professional development program for GME Coordinators at UTHealth.

Certificate Program
Thirty-two enthusiastic coordinators registered for and began attending the Bronze Level course that began in June. We recently completed the second of 11 monthly learning sessions, nine of which are required for certification. Registration will open again for coordinators to attend the Overview Session offered on December 8, 2015. These sessions will enhance the coordinators' professional development, expand their knowledge of ACGME requirements, and develop program leadership skills.

Coordinator Recognition Program
The GME Office kicked off a new GME Program Coordinator Recognition Program in June by presenting the first two GME Excellence Awards. The Fall newsletter will include the winners of the July, August and September Coordinator of the Month. We have received 10 excellent nominations for these awards so the voting decision will be very difficult. Winners are based on quarterly nominations. We are now accepting nominations for the second academic quarter (Oct-Dec).

If your nominee did not get chosen, please resubmit your nomination. Nominations can come from anyone in the institution... So nominate your hardworking coordinator now... on the nomination form included.

Forms are due by September 1, 2015. Please submit to:
Jacqueline.Brooks@uth.tmc.edu
Jacqueline Brooks, GME ACGME Institutional Coordinator

Resident Focus—Introduction to the Housestaff Association

Welcome!
from
Josh A. Showalter, MD
Housestaff President

I would like to welcome all new and returning residents and fellows to The University of Texas Health Science Center at Houston.

The Housestaff Association provides housestaff trainees an open forum that allows for the exchange of information about their educational and work environment and any other issues that may be faced during their training. As we start the new academic year, I wanted to let you know how to participate.

The easiest way to get involved is to join us at noon on the second Wednesday of every month for our Housestaff Association meeting. All Housestaff members and Program Directors are invited to this monthly meeting. During this one hour meeting, we invite speakers to talk about a variety of relevant issues such as blood utilization, resident well-being and improving systems and outcomes. A buffet style lunch is served at each of these meetings.

Furthermore, consider joining the Housestaff Senate. The Senators meet 3-4 times a year and they serve as a liaison between their residency program and the Housestaff Executive Council. Here, the Senators can bring up concerns of the Housestaff and also help disseminate information to their colleagues.

The Senators also serve on various committees in Memorial Hermann Hospital, The University of Texas Health Science Center at Houston and Lyndon B. Johnson General Hospital. Some committees include the Ethics Committee, Transfusion Committee, Quality and Education Subcommittee, and HCHD Medical Executive Board Committee.

Contact your program director if you are interested in becoming a Housestaff Senator.

Lastly, the best way to make an impact is to run for Housestaff Executive Council. I invite anyone who wants to help serve their fellow housestaff members to run for a position on the Housestaff Executive Council in Spring 2016.

Please feel free to contact me anytime with questions or concerns at:

Upcoming Housestaff Events
A calendar of upcoming activities is continually updated and can be found at: https://med.uth.edu/oep/gme/ut-house-staff-association/upcoming-meetings-events/
The ARC (Association for Residency Coordinators) is for coordinators by coordinators. The President and Vice President choose topics for the meetings based on coordinator input. We hope you will join us at future meetings. If you have a topic suggestion please let us know.

Kandice McLeod, ARC President
Department of Emergency Medicine

Congratulations to the newly elected ARC President and Vice-President for 2015-2016:

President: Kandice McLeod
Emergency Medicine

Vice President: Angelica Lopez
General Surgery

PC Corner

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Kandice McLeod, ARC President
Department of Emergency Medicine

Upcoming ARC Meetings
August 19
September 16
October 21
November 18

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Emergency Medicine

Vice President: Angelica Lopez
General Surgery

New Arrivals

Please welcome our newest Program Directors and Coordinators. They are officially “new arrivals” since April, 2015.

Program Directors
- Ranu Jain
  Pediatric Anesthesiology
- Teresa Byrd
  OB/GYN-MHH
- Mitchell Engle
  Pain Medicine MDA

Program Coordinators
- Tammy Granberry
  OB/Gyn LBJ
- Brittany Zalman
  Neurocritical Care Fellowship

GME Track

The 2015 National GME Census Program Survey is now open for programs to update and validate program information.

Listed below are the remaining deadlines for the 2015 National GME Census:

- **July 31, 2015** - Opening of the 2015 Resident Survey
- **September 30, 2015** - Deadline for the Program Survey (October FREIDA Online Listing)
- **December 18, 2015** - Final deadline for the National GME Census (both Program and Resident Surveys)

As a reminder, the National GME Census consists of two surveys: the Program Survey and the Resident Survey. The Program Survey is used to update the American Medical Association’s (AMA) FREIDA Online, which contains information on over 9,800 ACGME-accredited and combined specialty programs. FREIDA Online provides a unique opportunity to disseminate important information about programs to residency/fellowship candidates. The Resident Survey is a key data source to inform critical health care policy issues, such as GME funding, physician workforce projections, and specialty training needs. Confirmed training statuses also become part of each physician’s training record in the AMA’s Physician Masterfile.

If you have any questions, please contact the National GME Census help desk at gmetrack@aamc.org. Florinda Guerra will also be available to help you should the need arise. Email Florinda at Florinda.Guerra@uth.tmc.edu

UTEAP’s Work Life

Your life does not stop happening just because you are focused on your residency. Surveys show that 1 in 3 doctors are suffering from symptomatic burnout on any given office day.

As a resident, UTEAP provides 5 free consultations, coaching or counseling sessions for you and your family members. Through the EAP, you and your family members can access free, convenient, and confidential services. The EAP offers a variety of services including consultation with a licensed mental health professional, legal and financial resources, and WorkLife referrals.

We can help with:
- Stress of Residency
- How to Manage Change
- Professionalism and Boundaries
- Grief or Loss
- Change & Life Transitions
- Emotional Intelligence
- Relationship Issues
- Alcohol/Drug Problems
- Burnout Prevention
- Anger Management
- Work Conflicts with Colleagues

(713) 500–3327 — www.mylifevalues.com (username: uteap password: uteap)
One of the key tasks given to residents is teaching and it can happen at any time and anywhere. The three primary settings are rounds, didactic sessions, and one-on-one teaching. In all settings there are common themes, which include making things meaningful, relevant, and applicable.

To support you in this area of training, the Office of Educational Programs offers a variety of one-hour workshops on teaching effectiveness and principles of feedback. Sessions can easily be scheduled within a noon conference or other didactic sessions. Other resident workshop topics include test-taking and knowledge acquisition strategies and effective presentation skills.

The Office of Educational Programs is also offering monthly educator development sessions to faculty, fellows, and residents. They occur on the second Friday of each month, from 12-1 pm. Here are some upcoming topics:

### August 14
Flipped through Team-Based Learning (TBL)
During this workshop, you will have the opportunity to experience TBL first-hand! You will be introduced to essential foundational concepts and structural components of Team-Based Learning.

### September 11
Flipped through Audience Response Systems (ARS)
This will be a hands-on workshop where we practice creating interactive lectures using TurningPoint. ARS allows your audiences to respond to polling questions. Results are instantly collected, aggregated and presented to the class. The goal of this workshop is to practice instant polling during a presentation and discuss best practices of using TurningPoint.

### October 9
Flipped through Other Interactive Teaching Techniques
You know about learners’ short attention span but you’re running out of interactive teaching ideas. The goal of this workshop is to give you a taste of the different interactive teaching tools and games so you can flip your classroom with different activities. (MSB B.612)