**MISSION**

To promote and prepare students for the challenges and rewards of delivering excellent care for the aging and chronically or critically ill patients.

Directors: Rex Paulino, MD and Angelique Wong, MD

Rexalvin.D.Paulino and Angelique.Wong@uth.tmc.edu

**SYNOPSIS OF REQUIREMENTS:**

Concentration seminars in selected geriatric and/or palliative medicine (GPM) topics

Adopt a senior to visit or volunteer at a hospice

Attend UTHealth GPM monthly Journal Club

Participate in Summer Research Program between MS1 and MS2

Attend the state-wide American Geriatrics Society Meeting or Texas Academy of Palliative Medicine Meeting

Successful completion of related clerkship

Successful completion of related elective

Attend all GPM Transition to Internship sessions

**COVID-19 ADDENDUM:**

Medical students should not work in clinical environments with likely coronavirus exposure. Restrictions in activities related to the coronavirus pandemic include the following: 1) Any experiential component that can be accomplished virtually should be prioritized, 2) Webinars and lectures, as well as annual meetings, should be attended virtually, 3) Visiting a senior or volunteering at a hospice could involve a virtual component (secured video interaction).

**SCHOLARLY CONCENTRATION APPROVAL FORM**

**Name:**

Geriatric and Palliative Medicine (GPM)

**Director/Co-director:**

Rex Paulino, MD, Co-Director

Angelique Wong, MD, Co-Director

**Administrative Coordinator:**

Minnie Booker

**Mission:**

To promote and prepare students for the challenges and rewards of delivering excellent care for the aging and chronically or critically ill patients.

**Maximum number of students/year:**

Initially 5-6 students, but likely can grow with support from the school and increase in faculty numbers.

**Student admission process:**

Program highlighted during the Scholarly Concentration Fair each Fall. Applications are encouraged after the concentration fair. The concentration director and co-director will evaluate application and interview candidates, and present recommendations to Geriatric and Palliative Medicine Division at a monthly meeting in October/November. Criteria will include evidence of interest and ability to complete a scholarly project.

**Timeline for student completion of concentration requirements:**

* Admission starts Year 1 through first half of Year 2
* Identify mentor on admission - co-directors will help students to identify a mentor
* Scholarly project proposal due February of Year 1 or 6 months from admission, whichever is later
* Apply to Summer Research Program after Year 1 (recommended)
* Seminars, projects, and electives Years 1-4
* Final scholarly product submitted by graduation of Year 4

**Concentration requirements (didactic and experiential)**

1. Mandatory components: *adopt a senior or volunteer at a hospice, required clerkship, one-month elective in MS4, produce a scholarly project for presentation*
2. Must accumulate **4 points** per academic year for a total of **20 points** across 4 years
* Join GIG (Geriatric Interest Group) - 1 point
* Attend selected UT GPM monthly journal club - 1 point
* Attend selected Huffington Lecture Series - 1 point
* Attend selected didactic lectures (includes webinar, GPM presentations at Internal Medicine Grand Rounds) - 1 point
* Student membership in American Geriatric Society (AGS) or American Academy of Hospice and Palliative Medicine (AAHPM) - 1 point
* Student membership in Texas Geriatric Society (TGS) or Texas Academy of Palliative Medicine (TAPM) - 1 point
* Attend one annual assembly of AGS, AAHPM, TGS, TAPM (division will provide funding as available) - 2 points

**Proposed Timeline**

Year 1

* Attend journal club or webinar presentations in selected GPM topics (Wednesdays at noon)
* *Adopt a senior to visit or volunteer at a hospice* (visit to a resident of an Adult Living or Nursing Home facility) -12 documented hours of volunteer work, but scheduling at the discretion of the student (i.e. 1 hour/month or 3 hour/quarter or 12 hours in a weekend at an inpatient hospice, etc.)
* Identify a mentor and propose a project within 6 months of admission. Mentor may be from outside the Geriatric and Palliative Medicine Division, but student should have a faculty advisor from within the Division as well, and the project needs to have a GPM focus.
* Participate with mentor in Summer Research Program between years 1 and 2 (recommended)

Year 2

* Continued work on scholarly project
* Quarterly meetings with mentor
* Attend journal club or webinar presentations in selected GPM topics (Wednesdays at noon)
* *Adopt a senior to visit or volunteer at a hospice* (visit to a resident of an Adult Living or Nursing Home facility) -12 documented hours of volunteer work, but scheduling at the discretion of the student (i.e. 1 hour/month or 3 hours/quarter or 12 hours in a weekend at an inpatient hospice, etc.)
* Quarterly updates to concentration director from students and/or mentors about project completion
* Participate with Forensic Assessment Center Network (FACN) capacity assessments
* Attend the state-wide American Geriatrics Society Meeting or American Academy of Hospice and Palliative Medicine Annual Assembly
* Annual update to concentration director from students and/or mentors about project completion

Year 3

* Continued work on scholarly project
* Quarterly meetings with mentor
* *One week required clerkship*
* Annual update to concentration director from students and/or mentors about project completion
* Attend journal club or webinar presentations in selected GPM topics (Wednesdays at noon)
* Attend the state-wide American Geriatrics Society Meeting or American Academy of Hospice and Palliative Medicine Annual Assembly

Year 4

* Continued work on scholarly project
* Quarterly meetings with mentor
* *One month elective:* geriatrics, palliative medicine, house calls or wound care
* Finalizing of Scholarly Project by February to be followed by evaluation process
* Attend journal club or webinar presentations in selected GPM topics (Wednesdays at noon)
* Attend the state-wide American Geriatrics Society Meeting or American Academy of Hospice and Palliative Medicine Annual Assembly^
* Course work - Attend all GPM “Transition to Internship" sessions

^Optional but encouraged

*Italicized* items are mandatory

Final Product

* Represents the culmination of the work undertaken during the program
* Traditional forms of scholarly work, such as publication in a peer-reviewed journal or presentation at a national conference, are appropriate. Research may be of a basic, translational or clinical subtype, or could be quality improvement.
* Nontraditional products such as a new curricular module, an outreach program, a legislative campaign, or a significant original piece of literature, art, or music are also appropriate.
* A student-authored manuscript describing their project, its outcome and the student's role and level of independence is also required.

Final satisfactory/ unsatisfactory grade given in April of Year 4 (following completion of required "Transition to Internship" sessions)

Planned program outcome measures:

* Documenting student publications and presentations
* Surveying student and faculty regarding their satisfaction with and perception of the program
* Studying application rates
* Comparing participants and nonparticipants on variety of dimensions (e.g., career choice, residency matching results, future in academia)

**Scholarly Concentration Faculty**

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| Faculty Name | Contribution(s) to Concentration |
| [Rex Paulino](https://med.uth.edu/internalmedicine/2022/11/17/rex-paulino-md/), MD | Concentration Co-Director |
| [Angelique Wong](https://med.uth.edu/internalmedicine/2022/11/17/angelique-wong-md/), MD | Concentration Co-Director |