

THE 56TH ANNUAL
EDWARD T. SMITH ORTHOPAEDIC LECTURESHIP

Advanced Reconstructive Techniques in Shoulder Surgery

November 1, 2012



Course Chairmen

Timothy Achor, M.D., Steven Flores, M.D.,
Robert Fullick, M.D., & Walter Lowe, M.D.

The Four Seasons Hotel - Houston
1300 Lamar Street • Houston, TX 77010



Medical School

CONFERENCE INFORMATION

Thursday, November 1, 2012

7:00 a.m. – 5:00 p.m.

Please see agenda for presentation times

Conference Location:

The Four Seasons Hotel - Houston

1300 Lamar Street

Houston, TX 77010-3017

(713) 650-1300

LAB INFORMATION

Friday, November 2, 2012

10:00 a.m. – 2:00 p.m.

The Surgical and Clinical Skills Center

The University of Texas

Health Science Center at Houston

6431 Fannin, MSB B.210

Houston, TX 77030

The Hands-On Lab is for MD's. To register, please e-mail Dr. Catherine Ambrose at Catherine.G.Ambrose@uth.tmc.edu. Space is limited, if the lab fills up you will be placed on a waiting list and notified if space becomes available.

You will be responsible for your own transportation to and from the lab. Please be at least 15 minutes early so that we can start on time. CME Credits will NOT be available for the lab.

The UT Medical School's Surgical & Clinical Skills Center (SCSC) combines a well-established clinical training program with sophisticated surgical and clinical procedure simulation in one state-of-the-art learning center. The SCSC is the largest and most versatile training facility in existence, merging both the technical aspect of medicine learned through practicing surgical procedures with the clinical side of treatment gained through personal physician-patient interaction. The facility's surgical suite includes: two operating rooms, a microsurgical skills lab, nine surgical skills stations, and two multi-purpose skills labs in a 13,000 square foot facility.

HOTEL ROOM BLOCK

A special room rate has been negotiated at the Four Seasons Hotel Houston for faculty. There are a limited number of rooms, so please make a reservation as soon as possible to ensure you get a room.

Reservations should be arranged directly with the hotel reservationist by calling (713) 650-1300 and indicating that you are an attendee of the "56th Annual Edward T. Smith Lectureship." A major credit card will be needed to hold the room.

EXHIBITOR SHIPPING INFORMATION

The Four Seasons Hotel Houston reserves the right to assess a storage fee for any packages stored by the hotel. Storage fees will be waived for two boxes (up to 40 lbs.) two days pre/post the conference. Any additional boxes will incur a fee of \$10 per day; pallets will incur a fee of \$150 per day. Any materials being sent to the hotel must be marked as follows:

Please hold for guest: (Your Name & Organization/Company)

56th Edward T. Smith Lectureship

Arrival Date

Return Address

COURSE CHAIRMEN

Timothy Achor, MD

Assistant Professor

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University of Texas Health Science Center at Houston

Steven Flores, MD

Assistant Professor

Department of Orthopaedic Surgery

University of Texas Health Science Center at Houston

Robert Fullick, MD

Assistant Professor

Department of Orthopaedic Surgery

University of Texas Health Science Center at Houston

Walter Lowe, MD

Professor and Chair

Department of Orthopaedic Surgery

Edward T. Smith Chair of Orthopaedic Surgery

University of Texas Health Science Center at Houston

PLANNING COMMITTEE

Timothy Achor, MD, Chairman

Ashley Alexander, Exhibitor and Laboratory Coordinator

Catherine Ambrose, PhD, Laboratory Coordinator

Peggy Bleichroth, Conference Coordinator

Steven Flores, MD, Chairman

Robert Fullick, MD, Chairman

Allison Livingston, Conference Coordinator

Walter Lowe, MD, Professor and

Edward T. Smith Chair of Orthopaedic Surgery

Cynthia Plitt, Program Manager

NEEDS ASSESSMENT

This conference is part of the Edward T. Smith Orthopaedic Lectureship Series. It has been a tradition in the Department of Orthopaedic Surgery for the past 55 years, in honor of our first chairman, Edward T. Smith, MD. This continuing medical education program is directed primarily towards all surgeons, residents and fellows currently treating patients for injuries to the shoulder. Other physicians, nurses, and allied health professionals who work with orthopaedic patients and athletes will also benefit from this program.

METHOD OF INSTRUCTION AND EVALUATION

The method of instruction and evaluation for this conference includes lectures, slides, panel discussions, case presentations, hands-on lab and question and answer sessions. A course evaluation will be given to each participant at the conclusion of the course.

EDUCATIONAL OBJECTIVES

- 1.) Discuss the new advances that have been made in the field of shoulder surgery.
- 2.) Integrate new advances in cartilage preservation techniques for shoulder surgery into their practice.
- 3.) Use metrics to identify patients best suited to different orthopaedic procedures for shoulder surgery.

TARGET AUDIENCE

This continuing medical education program is directed primarily towards all surgeons, residents and fellows currently treating patients for injuries and complications to the shoulder. Other physicians, nurses, and allied health professionals who work with orthopaedic patients will also benefit from this program.

REGISTRATION FEE *See Registration Form*

Advanced registration is preferred. Tuition includes handouts, coffee breaks, continental breakfast, and lunch. Any cancellation and request for refund must be submitted in writing and postmarked on or before October 15, 2012. A 25% administrative fee will be deducted from all refunds.

NO REFUNDS WILL BE MADE AFTER October 15, 2012.

If circumstances necessitate the cancellation of this conference, registration fees will be refunded in full. The University of Texas Medical School at Houston cannot be responsible for reimbursement of any airline, hotel, or rental car charges, including penalties.

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The University of Texas Medical Branch at Galveston (UTMB) and The University of Texas Health Science Center at Houston. The University of Texas Medical Branch at Galveston is accredited by the ACCME to provide continuing medical education for physicians.

The University of Texas Medical Branch at Galveston designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Texas Health Science Center at Houston School of Nursing is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity provides 7.25 contact hours of nursing continuing education.

This Course has been submitted to the Texas Physical Therapy Association for accreditation and is pending approval.

This Course has been submitted to the American Academy of Professional Coders for accreditation and is pending approval.

SPECIAL ASSISTANCE

In compliance with the Americans with Disabilities Act, The University of Texas Medical School at Houston will make all reasonable efforts to accommodate persons with disabilities at this meeting. Please call (713) 486-6536 if you need special assistance.

POLICY OF DISCLOSURE

It is the policy of The University of Texas Medical School at Houston that the sponsors and faculty disclose real or apparent conflicts of interest relating to the topics of this educational activity. Detailed disclosure will be made in the syllabus of the course materials.

FACULTY

David Asprinio, MD

Director of Orthopaedics

Westchester Medical Center

Hawthorne, NY

Andrew Burgess, MD

Professor and Vice Chairman

Chief, Orthopaedic Trauma Service

The University of Texas Health Science Center at Houston

Houston, TX

Andrew Choo, MD

Assistant Professor

Department of Orthopaedic Surgery

The University of Texas Health Science Center at Houston

Houston, TX

T. Bradley Edwards, MD

Attending Shoulder Surgeon

Fondren Orthopedic Group

Texas Orthopedic Hospital

Houston, TX

Gary Gartsman, MD

Attending Shoulder Surgeon

Fondren Orthopedic Group

Texas Orthopedic Hospital

Houston, TX

Reuben Gobezie, MD
Chief, Shoulder and Elbow Surgery
Cleveland Shoulder Institute
University Hospitals of Cleveland
Cleveland, OH

Sumant “Butch” Krishnan, MD
Director, Shoulder Fellowship
Baylor University Medical Center
Dallas, Texas

Young Kwon, MD, PhD
Associate Professor of Orthopaedic Surgery
NYU Hospital for Joint Disease
New York, NY

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Assistant Professor
Department of Orthopaedic Surgery
The University of Texas Health Science Center at Houston
Houston, TX

Felix Savoie, III, MD
Professor of Clinical Orthopaedics
Chief of Sports Medicine
Tulane University School of Medicine
New Orleans, LA

ACKNOWLEDGMENTS
Conference planners gratefully acknowledge the Platinum contributors for their generous support of this conference in the form of unrestricted educational grants:

- Arthrex
- BIOMET - South Texas
- Exactech
- Stryker Orthopaedics
- Synthes

For further information, contact:
Allison Livingston, Conference Coordinator
Direct Line: (713) 486-6536
Fax: (713) 512-7240
Department of Orthopaedic Surgery
The University of Texas Health Science Center at Houston
6400 Fannin, Suite 1700
Houston, TX 77030
E-mail: Allison.M.Livingston@uth.tmc.edu

REGISTRATION INFORMATION
Register now at www.utcm.net/events/calendar.aspx
There are three easy ways to register:
• By internet at www.utcm.net/events/calendar.aspx
• By faxing the registration form back to (409) 772-9333
• By mailing this page, the registration form with payment by check or credit card to the address on the form.

Registration Fees
REGISTRATION FEES*
**No Refunds will be given after October 15, 2012

	By Oct. 11, 2012	After Oct. 11, 2012
MD's (Includes CME)	<input type="checkbox"/> \$400	<input type="checkbox"/> \$500
Memorial Hermann Nurses (Includes CNE)	<input type="checkbox"/> Complimentary (first 15 nurses)	
Shrine Faculty & Staff	<input type="checkbox"/> Complimentary	
UT Dept of Orthopaedics Faculty & Staff	<input type="checkbox"/> No Charge	
UT Orthopaedic Residents and Fellows	<input type="checkbox"/> No Charge	
Baylor, Methodist and UTMB Orthopaedic Residents and Fellows	<input type="checkbox"/> No Charge	
Other Allied Health Professionals, PT's & Coders	<input type="checkbox"/> \$100	<input type="checkbox"/> \$150
Other Residents, Fellows and Students	<input type="checkbox"/> \$50	<input type="checkbox"/> \$50

**Certificates of attendance will be mailed to you 30-60 days following the end of the course. Please be sure to fill out and return your attendance record and evaluations in order to receive credit for the course.

REGISTRATION DATES
The early bird advanced registration deadline is October 11, 2012. Registrations received after this date will be charged an additional amount depending on the type of registration, as noted in the registration fees.

Online registration will close Tuesday, October 30, 2012. After this date, attendees must register on-site at the conference.

REGISTRATION CANCELLATION POLICY
In order to receive a registration refund, written notice must be received no later than October 15, 2012. No refunds will be made after this date. A 25% administrative fee will be deducted from all refunds.

Registration materials and conference badge may be picked up on-site at the registration desk. The Course syllabus will be provided on CD-ROM only.

Thursday, November 1, 2012

7:00-7:30 Registration and Breakfast
7:30-7:40 Introduction/Welcome

Session I: Reconstructive/Arthroplasty of the Shoulder

7:40-8:00 The Rotator Cuff Sparing Approach for Total Shoulder Arthroplasty
8:00-8:20 Reverse Shoulder Arthroplasty: Beyond the Basics
8:20-8:40 Reconstructive Options for the Difficult Glenoid
8:40-9:00 Management of Glenohumeral Arthritis in the Young Patient
9:00-9:20 Audience Response Questions
9:20-9:50 Break with Exhibitors

Session II: Shoulder Instability: Soft Tissue, Boney and Ligamentous Injuries

9:50-10:10 Addressing Superior Labral and Biceps Pathology
10:10-10:30 Arthroscopic Management of Complex Tears, in Shoulder Instability (360 degree tears, Multidirectional, HAGL Lesions).

10:30-10:50 Management of Glenoid and Humeral Head Bone Loss in Shoulder Instability
10:50-11:10 Treatment of AC Joint Injuries: Who Really Needs it and How to Safely do it.
11:10-11:40 Audience Response Questions
11:40-12:40 Lunch and time with exhibitors

Session III: Surgical Treatment of the Aging Shoulder – Options Prior to Replacement

12:40-1:00 Arthroscopic Suprascapular Nerve Decompression – When, How and Why?
1:00-1:20 Treatment of Subscapularis Tendon Tears, Rationale for Treatment and Techniques
1:20-1:40 Arthroscopic Management of Large and Massive Rotator Cuff Tears: Mobilization and Repair Techniques
1:40-2:00 Options for the Irreparable, Symptomatic Rotator Cuff Tear: Partial Repair, Augmentation, Tendon Transfers.

2:00-2:20 Audience Response Questions
2:20-2:50 Break with Exhibitors

2:50-3:10 Proximal Humerus Fractures: Current Treatment Options
3:10-3:30 Management of Clavicle and Scapula Fractures
3:30-4:10 High Energy Injuries about the Shoulder
4:10-4:30 Avoiding Complications around the Shoulder: A Trauma Perspective
4:30-4:50 Audience Response Questions
4:50-5:00 Closing Remarks and Adjourn

Session IV: Traumatic Injuries of the Shoulder

Friday, November 2, 2012
TIME: 10:00am – 2:00pm
Hands on Lab – Limited registration; Residents and Fellows will have priority.
*Session does not qualify for CME credit
Surgical and Clinical Skills Center at The University of Texas Health Science Center at Houston

Session V: Traumatic Injuries of the Shoulder

10:30-10:50 Management of Glenoid and Humeral Head Bone Loss in Shoulder Instability
10:50-11:10 Treatment of AC Joint Injuries: Who Really Needs it and How to Safely do it.
11:10-11:40 Audience Response Questions
11:40-12:40 Lunch and time with exhibitors

12:40-1:00 Arthroscopic Suprascapular Nerve Decompression – When, How and Why?
1:00-1:20 Treatment of Subscapularis Tendon Tears, Rationale for Treatment and Techniques
1:20-1:40 Arthroscopic Management of Large and Massive Rotator Cuff Tears: Mobilization and Repair Techniques
1:40-2:00 Options for the Irreparable, Symptomatic Rotator Cuff Tear: Partial Repair, Augmentation, Tendon Transfers.

Session VI: Traumatic Injuries of the Shoulder

2:00-2:20 Audience Response Questions
2:20-2:50 Break with Exhibitors

2:50-3:10 Proximal Humerus Fractures: Current Treatment Options
3:10-3:30 Management of Clavicle and Scapula Fractures
3:30-4:10 High Energy Injuries about the Shoulder
4:10-4:30 Avoiding Complications around the Shoulder: A Trauma Perspective
4:30-4:50 Audience Response Questions
4:50-5:00 Closing Remarks and Adjourn

Session VII: Traumatic Injuries of the Shoulder

Friday, November 2, 2012
TIME: 10:00am – 2:00pm
Hands on Lab – Limited registration; Residents and Fellows will have priority.
*Session does not qualify for CME credit
Surgical and Clinical Skills Center at The University of Texas Health Science Center at Houston

Session VIII: Traumatic Injuries of the Shoulder

10:30-10:50 Management of Glenoid and Humeral Head Bone Loss in Shoulder Instability
10:50-11:10 Treatment of AC Joint Injuries: Who Really Needs it and How to Safely do it.
11:10-11:40 Audience Response Questions
11:40-12:40 Lunch and time with exhibitors

12:40-1:00 Arthroscopic Suprascapular Nerve Decompression – When, How and Why?
1:00-1:20 Treatment of Subscapularis Tendon Tears, Rationale for Treatment and Techniques
1:20-1:40 Arthroscopic Management of Large and Massive Rotator Cuff Tears: Mobilization and Repair Techniques
1:40-2:00 Options for the Irreparable, Symptomatic Rotator Cuff Tear: Partial Repair, Augmentation, Tendon Transfers.

Session IX: Traumatic Injuries of the Shoulder

2:00-2:20 Audience Response Questions
2:20-2:50 Break with Exhibitors

The 56th Annual Edward T. Smith Orthopaedic Lectureship

(Please type or print legibly)

NAME _____ (Last) _____ (First) _____ (MI) _____ (DEGREE)

MAILING ADDRESS: _____

CITY: _____ STATE: _____ (Cell): _____ ZIP: _____

TELEPHONE # (Work): _____ E-MAIL ADDRESS: _____

FAX: _____

INSTITUTIONAL AFFILIATION/BUSINESS: _____

Student Resident Fellow Faculty Other SPECIALTY: _____

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AMOUNT OF PAYMENT: _____

CARD NUMBER _____ EXPIRATION DATE _____

AUTHORIZED SIGNATURE: _____

Make checks payable to The University of Texas Medical Branch and mailed to:
UTMB Office of Continuing Education
301 University Blvd.
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Galveston, TX 77555-0851

REGISTRATION FEES *
MD's (Includes CME) \$400 \$500 After 10-11-12 \$400 \$500
Memorial Hermann Nurses (Includes CNE) Complimentary (first 15 nurses) Complimentary
Shrine Faculty & Staff No Charge
UT Dept. of Orthopaedics Faculty & Staff No Charge
UT Orthopaedic Residents & Fellows No Charge
Baylor, Methodist & UTMB Orthopaedic Residents & Fellows No Charge
Other Allied Health Professionals, PT's & Coders \$100 \$150
Other Residents, Fellows and Students \$50 \$50
TOTAL AMOUNT OWED \$ _____

**No Refunds will be given after October 15, 2012

Fax registration form and credit card payment to (409) 772-9333, or for online registration, please visit: www.Utcm.net