Presented by
UTHHealth Houston Orthopaedic Trauma

HOUSTON
ORTHOPAEDIC
Trauma

SYMPOSIUM: CURRENT CONTROVERSIES

FEBRUARY 17, 2023
HOTEL ZAZA
MEMORIAL CITY - HOUSTON
9787 KATY FREEWAY
HOUSTON, TX 77024

Jointly provided by:
UTHHealth Houston
McGovern Medical School
Continuing Medical Education

UTHHealth Houston
McGovern Medical School
Orthopedic Surgery
COURSE DESCRIPTION
This activity is designed to provide the Orthopaedic Surgeon with a comprehensive update on the current controversies, evolving concepts and techniques in orthopaedic trauma. A distinguished faculty will present their experience, techniques and pearls of wisdom regarding current treatments and procedures. The goal of the activity is to provide an update to practicing surgeons along with topics of interest to their practice and the challenges they face. The activity will present didactic sessions, case presentations, debates/discussions and breakout sessions.

TARGET AUDIENCE
Orthopaedic physicians, fellows, residents, nurses, nurse practitioners, physician assistants and other healthcare professionals involved with orthopaedic surgery.

OBJECTIVES
Upon completion of this activity, participants should be able to:

• **Assess** orthopaedic trauma conditions including fractures, polytrauma, nonunions, soft tissue injuries, compartment syndrome, and infection among others.
• **Review** current techniques and future advances in fracture management and orthopaedic trauma care.
• **Evaluate** existing therapies and develop new approaches to improve outcomes in fracture management.
• **Develop** a comprehensive strategy for management of orthopaedic injuries, including preoperative planning, surgical execution, and postoperative rehabilitation.
• **Discuss** clinical cases to illustrate management strategies of various traumatic injuries based on new knowledge of pathophysiology and technical advances.

ACCREDITATION

ACCREDITATION STATEMENT
McGovern Medical School at the University of Texas Health Science Center at Houston is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION
McGovern Medical School at the University of Texas Health Science Center at Houston designates this live activity for a maximum of 9 [AMA PRA Category 1 Credits™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
COURSE DIRECTOR

Stephen J. Warner, MD, PhD
Assistant Professor
Emmanuel “Manny” G. Melissinos, MD
Chair in Orthopaedic Surgery
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
Houston, TX

GUEST FACULTY

Roy W. Sanders, MD
Chairman
USF Department of Orthopedics
President, Florida Orthopaedic Institute
Chief, Orthopaedics, Tampa General
Editor-in-Chief, J. Ortho. Trauma
Tampa, FL

UTHEALTH FACULTY

Timothy S. Achor, MD
Associate Professor
Director, Orthopaedic Trauma Fellowship
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
Houston, TX

Andrew M. Choo, MD
Assistant Professor
UT Health Houston
Department of Orthopaedic Surgery
Houston, TX

Jonathan G. Eastman, MD
Associate Professor
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
Houston, TX

Robert K. Fullick, MD
Assistant Professor
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
Houston, TX

William H. Harvin, MD
Assistant Professor
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
Houston, TX

William C. McGarvey, MD,
FAAOs, FAOA
Associate Professor and Vice Chairman
Residency Program Director
Foot and Ankle Fellowship Program
Director
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
Houston, TX

Michelle K. McNutt, MD, FACS
Professor, Department of Surgery
Memorial Hermann Chair
McGovern Medical School at UTHealth
Houston, TX

John W. Munz, MD
Associate Professor, Rochelle and
Max Levit Chair in Orthopaedic Surgery
Walter R. Lowe, M.D. Professor
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
Houston, TX

David Rodriguez-Quintana, MD
Assistant Professor
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
Houston, TX

Milton L. “Chip” Routt, Jr., MD
Professor and Andrew R. Burgess, MD,
Chair in Orthopaedic Trauma Surgery
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
Houston, TX

James C. Shaw, MD
Assistant Professor
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
The Woodlands, TX

Kyle R. Woerner, MD
Assistant Professor
Department of Orthopaedic Surgery
McGovern Medical School at UTHealth
Houston, TX

UTHEALTH FELLOWSHIP ALUMNI

Marshall B. Berkes, MD
Assistant Professor
Department of Orthopaedic Surgery
Washington University School of Medicine
St. Louis, MO

Jeffrey L. Brewer, MD
Assistant Professor
Department of Orthopaedic Surgery
University of South Alabama
Mobile, AL

Steven M. Cherney, MD
Associate Professor of
Orthopaedic Surgery
University of Arkansas for
Medical Sciences
Little Rock, AR

Bryce A. Cunningham, MD
Assistant Professor
University of Tennessee
College of Medicine-Chattanooga
Erlanger Health System
Department of Orthopaedic Surgery
Chattanooga, TN

Kevin D. Phelps, MD
Assistant Professor of
Orthopaedic Trauma
Atrium Health Musculoskeletal Institute
Charlotte, NC

Krishna C. “Chandra” Vemulapalli, MD
Assistant Professor of
Clinical Orthopaedics
Tulane University School of Medicine
Department of Orthopaedic Surgery
New Orleans, LA

David A. Zuelzer, MD
Assistant Professor
University of Kentucky
College of Medicine
Department of Orthopaedic Surgery
Lexington, KY

Disclosure of Financial Relationships with any Commercial Interest

McGovern Medical School at the University of Texas Health Science Center at Houston adheres to the ACCME Standards regarding commercial support of continuing medical education. It is the policy of McGovern Medical School at the University of Texas Health Science Center at Houston that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity, that relevant conflict(s) of interest are resolved, and that speakers will disclose any unlabeled/unapproved use of drug(s) or device(s) during their presentation. Detailed disclosure will be made in the course materials.
FRIDAY, FEBRUARY 17, 2023

7:00-7:50 am  Registration
   Breakfast and Exhibits
7:50-8:00 am  Introduction and Opening Remarks

8:00-9:30 am  SESSION I - POLYTRAUMA
   Moderator: Dr. Routt
   - 8:00-8:10 am  Algorithm for Trauma Patients with Hemodynamic Instability  Dr. McNutt
   - 8:10-8:20 am  How to Manage Pelvic Ring Injuries in the Unstable Patient  Dr. Routt
   - 8:20-8:30 am  When is it Safe to Nail the Femur in the Polytraumatized Patient  Dr. Achor
   - 8:30-8:40 am  Dysvascular Limb: How to Manage Acutely  Dr. Warner
   - 8:40-9:30 am  Case Discussions

9:45-11:15 am  SESSION II - FEMUR
   Moderator: Dr. Eastman
   - 9:45-9:55 am  Intertrochanteric Femur Fractures: Tips for Avoiding Failures  Dr. Eastman
   - 9:55-10:05 am  Periprosthetic Femur Fractures: When to Fix Versus Revise  Dr. Rodriguez
   - 10:05-10:15 am  Geriatric Distal Femur: How to Optimize Outcomes  Dr. Berkes
   - 10:15-10:25 am  Atypical Femur Fractures: How to Minimize Complications  Dr. Brewer
   - 10:25-11:15 am  Case Discussions

11:15-12:00 pm  Break/Lunch pick up (Fajita buffet)
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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>12:00-12:45 pm</td>
<td>SESSION III - KEYNOTE</td>
<td>Great Expectations Ballroom</td>
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<td>12:45-1:00 pm</td>
<td>Break</td>
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<td>1:00-2:15 pm</td>
<td>SESSION IV – UPPER EXTREMITY</td>
<td>Great Expectations Ballroom</td>
<td>Moderator: Dr. Choo</td>
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<td>1:00-1:10 pm</td>
<td>AC joint injuries: When to operate</td>
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<td>Dr. Choo</td>
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<td>1:10-1:20 pm</td>
<td>Proximal Humerus Fractures: Non-op, ORIF, or Replace?</td>
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<td>Dr. Fullick</td>
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<td>1:20-1:30 pm</td>
<td>Forearm Fractures: Tips for Optimal Reductions and Fixation</td>
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<td>Dr. Shaw</td>
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<td>1:30-1:40 pm</td>
<td>Distal Radius Fractures: Which Need Surgery</td>
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<td>Dr. Woerner</td>
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<td>1:40-2:15 pm</td>
<td>Case Discussions</td>
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<td>2:15-3:45 pm</td>
<td>SESSION V – FOOT AND ANKLE</td>
<td>Great Expectations Ballroom</td>
<td>Moderator: Dr. Sanders</td>
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<td>2:15-2:25 pm</td>
<td>Calcaneus Fractures: Which is the Best Approach?</td>
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<td>Dr. Sanders</td>
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<td>2:25-2:35 pm</td>
<td>Lisfranc Injuries: Fuse or Fix?</td>
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<td>Dr. McGarvey</td>
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<td>2:35-2:45 pm</td>
<td>Talar Neck Fractures: Strategies for Optimizing Outcomes</td>
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<td>Dr. Munz</td>
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<td>2:45-2:55 pm</td>
<td>Which Foot Injuries Need Provisional Stabilization?</td>
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<td>Dr. Zuelzer</td>
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<td>2:55-3:45 pm</td>
<td>Case Discussions</td>
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<td>3:45-4:00 pm</td>
<td>Break</td>
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<tr>
<td>4:00-5:30 pm</td>
<td>SESSION VI – CONTROVERSIES</td>
<td>Great Expectations Ballroom</td>
<td>Moderator: Dr. Achor</td>
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<tr>
<td>4:00-4:08 pm</td>
<td>Geriatric pelvic ring injuries: Op or Non-op</td>
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<td>Dr. Phelps</td>
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<td>4:08-4:16 pm</td>
<td>Middle age femoral neck fracture: Fix or replace</td>
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<td>Dr. Cunningham</td>
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<td>4:16-4:24 pm</td>
<td>Geriatric ankle fractures: ORIF or Hindfoot fusion</td>
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<td>Dr. Sanders</td>
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<td>4:24-4:32 pm</td>
<td>Humeral shaft fractures: Op or Non-op</td>
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<td>Dr. Harvin</td>
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<td>4:32-4:40 pm</td>
<td>Distal femur: Nail or plate</td>
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<td>Dr. Cherney</td>
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<tr>
<td>4:40-5:30 pm</td>
<td>Case Discussions</td>
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<td>5:30 pm</td>
<td>Conclusion</td>
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<td>Dr. Warner</td>
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**February 17, 2023**  
**Houston Orthopaedic Trauma Symposium**  
**Registration Information**

Register online at [go.uth.edu/hots](http://go.uth.edu/hots)

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<tr>
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<th><strong>On or Before</strong></th>
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<tr>
<td><strong>Physicians</strong></td>
<td>$225</td>
<td>$275</td>
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<tr>
<td><strong>Residents/Fellows</strong></td>
<td>$75</td>
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<tr>
<td><strong>Nurses, PA, PT, and Other Allied Healthcare Professionals</strong></td>
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<td><strong>UTHealth Department of Orthopaedic Surgery Fees</strong></td>
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<td><strong>Baylor, Methodist and UTMB Ortho Surgery Residents/Fellows</strong></td>
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2022 Baylor, Methodist and UTMB orthopaedic fellows and residents only (proof of residency/fellowship required)  

**QR Code:**

![QR Code](qr-code-image.png)
Hotel ZaZa Memorial City is a mid-century modern retreat that combines elaborate decor, high-end accommodations, and thoughtful amenities. From lush guest rooms and suites to relaxing day spa and exquisite restaurant, you’ll find everything you need for the perfect stay.

To reserve overnight accommodations, please contact the hotel toll free at 888-880-3244 and requesting the UT Health Symposium Courtesy Room Block in order to receive the special room rate. **Group rate cut off date is Wednesday, January 16th, 2023** The rooms at this hotel fill quickly so we encourage booking your reservation early. You may also Click here to book!

Check in Time – 4:00pm
Check out Time – 12:00pm

**AIRPORTS**
Just 30 miles south of George Bush Intercontinental Airport (HOU) and 23 miles north of the William P. Hobby airport.

**REGISTRATION INFORMATION**
The registration fee includes Friday sessions, breakfast, breaks and lunch for the participant only. A confirmation email will be sent upon receipt of your registration and payment (no registration is confirmed without full payment).

The early bird advanced registration deadline is January 17, 2023. Registrations received after this date will be charged the late fee.

Online registration will close on Wednesday, May 11th at noon. After this date/time attendees must register on-site and pay on-site registration fees. Please note the course syllabus will be on the web, no CD or handouts will be provided.

**REFUND / CANCELLATION POLICY**
Registration fees will be refunded minus a cancellation/administrative fee of $50.00 until **January 17, 2023** with written notification to McGovern Medical School at the University of Texas Health Science Center at Houston. McGovern Medical School at the University of Texas Health Science Center at Houston and UT Health Department of Orthopaedic Surgery reserve the right to cancel the program due to unforeseen circumstances, in which case the full enrollment fee will be refunded. McGovern Medical School at the University of Texas Health Science Center at Houston and UT Health Department of Orthopaedic Surgery is not responsible for travel expenses incurred by participants if the course is cancelled. “No Shows” are not eligible for a refund.

**SPECIAL ASSISTANCE**
In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your needs. Please notify us at 713-486-6998 within a minimum of 10 working days in advance of the event if a reasonable accommodation for a disability is needed.
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