Medium Term Trainee Program Requirements

1. Attend LEND Orientation (held 10am – 12pm within 2 weeks of your acceptance as an MTT)

2. Receive a minimum of 40 hours of training from the following:

   **Required:**
   a. Seminars: Attend didactic seminars on Fridays September – June during 5 successive months (must attend a minimum of 12 seminars)

   b. LoneStar LEND Conference: Held early Spring in Houston, TX; usually Thursday – Friday

   **Optional:**
   c. View leadership DVDs and complete leadership readings

   d. Attendance at Leadership Weekend

   e. Attendance at Poverty Simulation