Do you or a loved one suffer from **BIPOLAR DISORDER**?

The UT Center of Excellence on Mood Disorders is currently recruiting adults with Bipolar Disorder for an **adjunctive therapy** trial with **N-Acetyl Cysteine and Aspirin**. You may qualify if you are:

- Between the ages of 18 and 65.
- Currently taking medications for Bipolar Disorder.
- Currently experiencing depression.

Call us today for more information **713-486-2627**.

The risks and benefits of participation will be discussed with you.

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Are you the caregiver of a loved one with Bipolar Disorder?

**Dr. Rebecca Casarez** from the UT-Houston School of Nursing is currently conducting an IRB
approved study for caregivers of individuals with bipolar disorder. This study involves attending seven 1 ½ hour psychoeducation sessions in a group setting with other caregivers, answering surveys, and having your blood drawn (immune function levels) to assess levels of stress. Participants will be compensated for parking.

Session topics include: Signs and symptoms of bipolar disorder; Variations in prognosis: the course of the disorder; Roles of stress and live events; Genetic and biological predispositions; Types of medications and what they do; Psychosocial treatments; How the family can help; Self-management of the disorder.

If you are at least 18 years old, the primary family caregiver of a bipolar patient who is at least 16 years old, and would like more information about participating, contact:

Dr. Rebecca Casarez at 713-500-2068 or Rebecca.L.Casarez@uth.tmc.edu

Like us on Facebook!

OTHER STUDIES AT UTCEMD

Children With Bipolar Disorder
We are currently seeking children, ages 6-17, with bipolar disorder or who are offspring of bipolar parents for evaluation and diagnosis to create a registry in order to provide more information on treatment.

Adults With Bipolar Disorder
We are currently recruiting siblings, ages 18-65, for a new brain imaging study for sibling pairs where one of the siblings suffers from bipolar disorder and one does not. We are also recruiting healthy controls for this study.

713-486-2627 ..: utmooddisorders@uth.tmc.edu ..:
www.utmooddisorders.org