

# OMAR FAROOKH PINJARI

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## PROFESSIONAL SUMMARY

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An experienced Psychiatrist with 5 years of clinical experience in the UK and in the US and have a demonstrated track record of successfully working with diverse client populations. I am a results-driven mental health professional with over 10 years' experience providing diverse support in fast paced clinical environments. Possess excellent organizational, time management, and clinical skills and a track record of building rapport and establishing productive relationships with colleagues, staff, and clients.

## LICENSURE

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- General Medical Council, UK: 2002 (active)
- Texas Medical Board: Physician Full Permit obtained, 2014 (active)

## KEY SKILLS

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- Proficient in adult and child psychopharmacology
- Proficient in Psychodynamic, CBT, Interpersonal, Group and Supportive psychotherapeutic modalities
- Excellent communication and interpersonal skills
- Proficient in computer applications related to work
- Multidisciplinary team player
- Leadership role in developing diagnosis and management plans
- Efficient time management and fast paced clinical work
- Empathetic, non-judgmental and compassionate clinician

## EXPERIENCE

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**Assistant Professor of Psychiatry/In patient Clinical Psychiatrist: July 2015 to Present-** UT Health Science Center at Houston and Harris County Psychiatric Center, Houston, Texas, USA

- Dual role as a Clinician and Teaching at Harris County Psychiatric center which is the largest provider of in-patient psychiatric care in Houston, partnering with UT Houston.
- Responsible for in-patient psychiatric care for patients suffering from severe and enduring psychiatric illness.
- Educating and training Psychiatry Residents and Medical students in psychiatric assessment, diagnosis, treatment and management.
- Working closely with the court system in providing care and treatment for involuntary patients and helping them to achieve mental and psychiatric stability, also performing risk analysis and assessment to keep patients and public safe.
- Participating in formal didactic sessions and teaching schedule of Psychiatry Residents and Medical students.
- Participating in interviewing prospective Psychiatry residents for the University of Texas Psychiatry Residency Program.
- Participating in interviewing prospective Medical students for the University of Texas Medical School at Houston.
- Faculty at Harris County Psychiatric Center for interventional Psychiatry/ Electroconvulsive Therapy in treating patients with severe and resistant depression and severe psychosis.
- Board Certified in Psychiatry and a member of American Board of Psychiatry and Neurology.

**Psychiatry Resident Year IV: Jul 2014 to June 2015 -** St. Elizabeth's Hospital Psychiatry Residency Program - Washington DC, USA

- Adult Outpatient Psychiatry rotation at Resident's Clinic, a part of department of Behavioral health of the District of Columbia
- Adult Outpatient rotation at Providence Hospital outpatient clinic assessing patients referred from Primary Physicians and other outpatient departments
- Child and Adolescent clinic at Children's National Medical Center seeing patients under 18 years, the patients present with several different psychopathology's such as ADHD, Autism, Anxiety disorder, Mood disorders and psychotic disorders
- Half day a week of didactics presenting cases and attending lectures in child and adult psychodynamic psychotherapy, homeless outreach, disaster psychiatry, administrative psychiatry

- Elective rotations for 6 months which include ECT (electro-convulsive therapy) and Neurology

**Psychiatry Resident Year III: Jul 2013 to Jun 2014** - St. Elizabeth's Hospital Psychiatry Residency Program - Washington DC

- Adult Outpatient Psychiatry rotation at Resident's , Department of Behavioral health of the District of Columbia
- Adult Outpatient rotation at Providence Hospital outpatient clinic assessing patients referred from Primary Physicians and other outpatient departments
- Child and Adolescent clinic at Children's National Medical Center seeing patient's under 18 years, the patients present with several different psychopathology such as ADHD, Autism, Anxiety disorder, Mood disorders etc.
- 1 and a half day a week of didactics presenting cases and attending lectures in psychopathology, learning CBT, Group, Psychodynamic, Supportive and Interpersonal psychotherapy

**Psychiatry Resident Year II: Jul 2012 to Jun 2013** - St. Elizabeth's Hospital Psychiatry Residency Program - Washington DC

- Night Float on- call at Elizabeth's Hospital for 1.5 months
- Inpatient Psychiatry at St. Elizabeth's hospital for 3 months
- Addictions Psychiatry at Veterans Affairs Hospital in District of Columbia for 2.5 months
- Emergency Psychiatry at Comprehensive Psychiatric emergency program for 2 months
- Forensic Psychiatry at St. Elizabeth's Hospital for 1.5 months.
- Consultation Liaison Psychiatry at Providence Hospital for 1.5 months
- Didactics and Training one day a week for the full year

**Psychiatry Resident Year I Jun 2011 to Jun 2012** - St. Elizabeth's Hospital Psychiatry Residency Program - Washington DC

- Internal Medicine at Providence Hospital, Washington DC for 4.5 months In-patient
- Psychiatry at St. Elizabeth's hospital for 3 months
- Neurology at St. Elizabeth's hospital for 3 months
- Geriatric Psychiatry at St. Elizabeth's hospital for 1.5 months.
- Didactics and Training one day a week for the full year

**Work Experience in the United Kingdom**

Locum Staff Grade Psychiatrist - Sep 2009 to Jun 2011  
Cwm Taff NHS Trust - Llantrisant, Wales, UK

Staff Grade Psychiatrist - Dec 2006 to Aug 2009  
Cardiff and Vale University Health Board - Cardiff, Wales, UK

Senior House Officer/Psychiatry Resident - Oct 2006 to Dec 2006  
Sherwood Forest Hospitals NHS Trust - Mansfield, UK

Senior House Officer/Psychiatry Resident - Feb 2005 to Aug 2006  
Western Healthcare and Social Services Trust - Omagh, Northern Ireland, UK

Senior House Officer/Psychiatry Resident - Oct 2004 to Feb 2005  
Tees and North East Yorkshire NHS Trust - Scarborough, UK

Clinical Observer in Psychiatry Mar 2004 to Sept 2004  
South West Yorkshire NHS Foundation Trust - Wakefield, UK

Senior House Officer/Orthopedics Resident Mar 2003 to Feb 2004  
St. Mary's Hospital, Isle-of-Wight and Royal Gloucestershire Hospital NHS Trust, Gloucester, UK

PLAB (Professional Linguistic and Assessment Board) Apr 2002 to Feb 2003

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## EDUCATION

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- 2006** Diploma in Mental Health  
Belfast University - Belfast, Northern Ireland, United Kingdom
- 2001** MB; BS  
Vijayanagar Institute of Medical Sciences - Bellary, Karnataka, India

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## PROFESSIONAL AFFILIATIONS

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- American Psychiatric Association: 2011 to present
- Washington Psychiatric Society: 2011 to present
- Baltimore Washington Center for Psychoanalysis: 2012 to 2013
- American Medical Association: 2011 to 2012

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## TEACHING

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- Teaching educating psychiatry residents in a formal clinical as well as didactic settings at Harris County Psychiatric center.
- Teaching Medical students and introducing them to the specialty of Psychiatry and monitoring their learning.
- Teaching 4<sup>th</sup> year Psychiatry Residents, the theory and practice of ECT, who attend interventional psychiatry rotation at Harris County Psychiatry Center for their Electroconvulsive therapy (ECT) rotation.

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## ACCOMPLISHMENTS

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- Chief Resident for St. Elizabeth's hospital Psychiatry Residency Program for year 2014/15.
- Co-author of a research paper "Role of chronic stress and depression in Periodontal disease" published in February 2014 in the journal Periodontology 2000
- Attended the 2013 APA annual meeting in San Francisco and presented at the scientific session on the topic- 'Kynurenine, Schizophrenia and non-fatal suicidal self-directed violence' attended by Psychiatrists from all over the world
- Committee of Interns and Residents (CIR) representative at St. Elizabeth's Hospital for years 2012, 2013 and 2014 and was awarded the 'CIR Union Leadership Award for exemplary dedication and service for quality patient care and residents rights' by the CIR Washington DC Office.
- Completed one year Adult Psychoanalytic Fellowship program from Baltimore Washington Center for Psychoanalysis in 2013

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## REFERENCES

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References will be provided on request.

