

Curriculum Vitae

Thomas Daniel Meyer, PhD

April 27, 2017

PRESENT TITLE: Associate Professor of Psychiatry
McGovern Medical School at UTHealth

WORK ADDRESS: University of Texas Health Science Center
Department of Psychiatry and Behavioral Sciences
1941 East Road (BBSB 3118)
Houston, TX 77054-6062

CITIZENSHIP: German

UNDERGRADUATE EDUCATION:

Vordiplom, 1990 [roughly equivalent to a Bachelor's degree]
University of Mainz
Mainz, Germany

GRADUATE EDUCATION:

Diplom, 1993 [roughly equivalent to a Master's degree]
University of Mainz
Mainz, Germany

POSTGRADUATE TRAINING:

Doctor of Philosophy, 1996 (PhD)
Magna cum laude
University of Mainz
Mainz, Germany

'Habilitation', 2003 (2nd PhD) [This is a German requirement to obtain tenure positions and to become a full professor]

Title of the 'Habilitation': "The dysregulation of the Behavior Activation System: The hypomanic temperament as potential vulnerability marker for bipolar affective disorders"

ACADEMIC & ADMINISTRATIVE APPOINTMENTS:

Research Assistant, 1991 – 1992
The Human Pharmacological Center of Boehringer Ingelheim KG,
Ingelheim, Germany

Research Assistant, 1995

Department of Clinical Psychology (Chair: Prof. Dr. M. Hautzinger)
Institute of Psychology
Johannes Gutenberg- University
Mainz, Germany

Senior Research Assistant, 1995 – 1997
Department of Psychiatry (Chair: Prof. Dr. O. Benkert)
Johannes Gutenberg-University
Mainz, Germany

Assistant Professor, 1997 – 2003
Department of Clinical and Physiological Psychology (Chair: Prof. Dr. M. Hautzinger)
Institute of Psychology
Eberhard Karls-University
Tübingen, Germany

Associate Professor, 2003 – 2006
Department of Clinical and Developmental Psychology (Chair: Prof. Dr. M. Hautzinger)
Institute of Psychology
Eberhard Karls-University
Tübingen, Germany

Supervisor for psychologists in training for psychotherapy, 2004 - 2006
Tübinger Academy for Cognitive Behavior Therapy,
Tübingen, Germany

Senior Lecturer, 2006
Institute of Neuroscience & Doctorate in Clinical Psychology
Newcastle University,
Newcastle upon Tyne, UK

Appointed personal chair: Professor, 2006
University of Tübingen, 2006
Tübingen, Germany

HOSPITAL APPOINTMENTS:

Clinic for Psychiatry and Psychotherapy, 1995 – 1997 (Internship)
Johannes Gutenberg-University
Mainz, Germany

Psychotherapeutic Outpatient Service, 1997 – 2006
Department of Psychology, Eberhard Karls-University
Tübingen, Germany

Newcastle Cognitive and Behavioural Therapies Centre, 2007 – 2014.
Northumberland, Tyne & Wear NHS Foundation Trust,
Newcastle Upon Tyne, UK

Harris County Psychiatric Center, 2016 – ongoing

Department of Psychiatry and Behavioral Sciences
University of Texas HSC at Houston,
Houston, TX

UT Physicians Psychiatry Outpatient Clinic BBSB, 2016 – ongoing
Department of Psychiatry and Behavioral Sciences
University of Texas HSC at Houston,
Houston, TX

OTHER PROFESSIONAL EXPERIENCE:

Trainee Program in Human Resources, 1993-1995
Deutschen Genossenschaftsbank (DG BANK Frankfurt)
Main, Germany

LICENSURE:

Licensed Psychotherapist (CBT), 1998
(Federal Government license: Jan 1, 1999)

Provisionally Licensed Psychologist, 2015
Texas State Board of Examiners of Psychologists, No. 37117
Austin, TX

Licensed Psychologist, 2016
Texas State Board of Examiners of Psychologists, No. 37117
Austin, TX

PROFESSIONAL ORGANIZATIONS (AND COMMITTEES OF THESE):

NATIONAL:

American Psychological Association (APA)
Association for Behavioral and Cognitive Therapies (ABCT)
Society for Research in Psychopathology [SRP]
Texas Psychological Association (TPA)

INTERNATIONAL:

British Psychological Society (BPS)
British Association of Behavioral and Cognitive Psychotherapies (BABCP)
Deutsche Gesellschaft für Bipolare Störungen [DGBS, German Society for Bipolar Disorders]
Deutsche Gesellschaft für Psychologie [DGPs, German Society for Psychology]

HONORS AND AWARDS:

Visiting researcher, Harvard Bipolar Treatment Center/Mass.General Hospital, (Dr. T. Deckersbach; Dr.N. Reilly-Harrington), Boston, MA, USA (Internal Travel Award, Department of Psychology, University of Tübingen, Germany), July/August 1999
Lilly Young Investigator Fellowship Award in Bipolar Disorder Award (ICBD, Pittsburgh, PA), 2005

Professor of Psychopathology (University of Zürich) – listed as Number 3, 2005

Professor of Clinical Psychology (University of Leipzig) –listed as Number 3, 2006

EDITORIAL POSITIONS:

Associate Editor, Journal of Affective Disorders
Associate Editor, Journal of Medical Psychology
Associate Editor, Psychology & Psychotherapy: Theory, Research & Practice
Editorial Board, International Journal of Bipolar Disorders

Ad hoc reviewer, for various journals, including Acta Psychiatrica Scandinavica, Biological Psychiatry, Bipolar Disorders, British Journal of Clinical Psychology, Clinical Psychology Review, Cochrane Review, Cognitive Therapy and Research, Journal of Abnormal Psychology, Journal of Affective Disorders Journal of Child Psychology and Psychiatry, Journal of Psychosomatic Research, PLOS One, Psychiatry Research, The Lancet

SERVICE ON NATIONAL GRANT REVIEW PANELS, STUDY SECTIONS, COMMITTEES:

Member of the library committee of the Department of Psychology, 1996-2006

Member of the Ph.D and Habilitation committee of the Faculty of Cognition and Information (Department of Psychology), 2003 – 2006

Member of the Executive Committee of the Doctorate in Clinical Psychology, 2007
Member of the Review Board for the Modules Foundation, Assessment, Formulation and Intervention (FAFI), 2007 – 2008

Appointed as Chair of the Task Force “Psychoeducation and psychotherapy for bipolar disorders” and Member of the consensus conference for the development of the national treatment guideline “S3 for Bipolar Disorders” in Germany (Project management: M. Bauer with the DGBS and DGPPN), 2007 -2012

Appointed as member of the Steering Group Committee for PARADES (NIHR funded project, S. Jones et al.), 2011

Appointed as member of the IAPT Severe Mental Illness Expert Reference Group (Chair: S. Pilling & T. Roth, London), 2012

Appointed as an expert member of the National Institute of Clinical Excellence (NICE) guidelines update for bipolar disorders (Chair: Richard Morriss, Nottingham), 2012

Appointed as Chair of the Task Force “Psychoeducation and psychotherapy for bipolar disorders” and Member of the consensus conference for the development of the national treatment guideline “Updated S3 for Bipolar Disorders” in Germany (Project management: A. Pfennig with the DGBS and DGPPN), 2016 -2018

Member of the Psychology Faculty Committee, since 2014
Department of Psychiatry & Behavioral Sciences, University of Texas HSC at Houston

Faculty Senator, since 2015
Department of Psychiatry & Behavioral Sciences, University of Texas HSC at Houston

Reviewer for funding agencies such as the Deutsche Forschungsgemeinschaft (DFG),
Bundesministerium für Bildung und Forschung (BMBF Clinical Excellence), Wellcome
Trust, Medical Research Council, National Institute of Health Research (NIHR)

CURRENT TEACHING RESPONSIBILITIES:

Problem Based Learning Classes (since 2014)
Research Supervision, Psychological Intern (weekly supervision)
PGY 2 – Curriculum (Cognitive Therapy for Depression)
PGY –Therapy supervision & mentoring (Dr. Nora Bailey, 2015-2016)
Psychology Internship Curriculum – Series of Workshops about reliable change and
treatment of mood disorders

CURRENT CLINICAL SERVICE RESPONSIBILITIES:

Psychological Services (30%)
UT Physicians Psychiatry Outpatient Clinic BBSB, 2016 – ongoing
Department of Psychiatry and Behavioral Sciences
University of Texas HSC at Houston,
Houston, TX

CURRENT GRANT SUPPORT:

Start-up funding

PAST GRANT SUPPORT:

P.I.: Thomas D. Meyer, Ph.D.
Deutsche Forschungsgemeinschaft (DFG)
DFG ME 1681/7-1: Hypomanic personality– A potential marker for bipolar disorders
[DM 247.597,00] 2000 – 2002

P.I.: Thomas D. Meyer, Ph.D.
Deutsche Forschungsgemeinschaft (DFG)
DFG ME 1681/6-1: Cognitive behavior therapy as adjunctive treatment for bipolar affective
disorders
[DM 237.980,00] 2000 – 2002

P.I.: Thomas D. Meyer, Ph.D.
Deutsche Forschungsgemeinschaft (DFG)
DFG ME 1681/6-1: Cognitive behavior therapy as adjunctive treatment for bipolar affective
disorders (Continuation of DFG ME 1681/6-1)
[Euro 80.000] 2002 – 2003

P.I.: Thomas D. Meyer, Ph.D.
Deutsche Forschungsgemeinschaft (DFG)

DFG ME 1681/8-1: Meta-analysis. The influence of stress on the course of bipolar disorders
[Euro 27.400,00] 2004

P.I.: Thomas D. Meyer, Ph.D.
Project funding for young researchers of the University of Tübingen
“Social comparison processes and illusion of success as risk factors for mood changes in people at risk for affective disorders.”
[Euro 9.268,00] 2004 - 2005

P.I.: Thomas D. Meyer, Ph.D.
Deutsche Forschungsgemeinschaft (DFG)
DFG Me 1681/6-3: Cognitive behavior therapy as adjunctive treatment for bipolar affective disorders (Continuation of DFG Me 1681/6-2)
[Euro 35.100,-] 2004 - 2006

P.I.: Thomas D. Meyer, Ph.D.
Deutsche Forschungsgemeinschaft (DFG)
DFG Me 1681/13-1: Social comparison processes as risk factor for mood changes in affective disorders (with Co-I: M.Hautzinger)
[Euro ~100.000,-] 2007 - 2009

P.I.: Thomas D. Meyer, Ph.D.
Medical Research Council
MRC Patient Cohort ‘Bipolar II disorder’ (additional PIs: N.Ferrier, H. Grunze & J. Scott)
[£ 650.112] 2009 - 2014

P.I.: Thomas D. Meyer, Ph.D.
Medical Research Council, LifeLong Health & Wellbeing (LLHW) initiative.
“LIVEWELL - Developing interventions to enhance health and wellbeing in later life.” Grant managed by the Medical Research Council (PI: J. Mathers, other Co-I: P. Moynihan, L. Rochester, F. Sniehotta, M. White)
[£ 2.196,724] 2010 - 2015

C.I.: Thomas D. Meyer, Ph.D.
NTW NHS Foundation Trust NIHR Feasibility and Sustainability Funding (FSF)
“Mood disorders and substance use – reviewing the evidence of longitudinal associations and its treatment.” (additional Is: J. Scott, E. Kaner, P. McArdle, D. Newburch, E. Gilvarry)
[£ 43,500] 2010 - 2011

P.I.: Thomas D. Meyer, Ph.D.
Feasibility and Sustainability Funding (FSF)
“Cognitive Behavior Therapy for bipolar depression. New ways of treating bipolar spectrum.” (Co-PI: J. Scott) – develop and pilot treatment
[£ 24,000] 2010 - 2012

Co.I.: Thomas D. Meyer, Ph.D.
NIHR Research for Patient Benefit (RfPB) PB-PG-0609-16166
“Early Identification and intervention for young people at risk for recurrent mood disorders.” (PI: J. Scott, other Co-I: P.McArdle, N. Ferrier, P. McGorry)
[£ 217,207] 2012 - 2015

C.I.: Thomas D. Meyer, Ph.D.

NIHR Research for Patient Benefit (RfPB)

“A feasibility study of a randomised controlled trial of a Family Focused Treatment (FFT-A UK version) in the management of Early Onset Bipolar Disorder (EOBD).”

(PI: A. Sharma, other Co-I: J. Gibson, S. Hudson, A. Le Couteur, D. Miklowitz, J. Neely, V. Ryan, G. Wilson)

[£ 249,971]

2014 - 2016

PUBLICATIONS:

B. Refereed Original Articles in Journals

1. Meyer TD, Hautzinger M. [Quantitative and qualitative familial aggregation of schizotypy]. *Z Klin Psychol.* 1998; 27, 254-261. German.
2. Meyer TD, Hautzinger M. Two-year stability of Psychosis Proneness Scales and their relations to personality disorder traits. *J Pers Assess.* 1999 Dec; 73(3):472-88.
3. Meyer TD, Hautzinger M. [intrafamilial resemblance in physical anhedonia, perceptual aberration and magical ideation]. *Z Klin Psychol.* 1999; 28, 9-17. German.
4. Meyer TD, Drüke B, Hautzinger M. [Hypomanic personality – psychometric evaluation and first evidence for the validity of the German translation]. *Z Klin Psychol Psych* 2000 (formerly: *Z Klin Psychol.*) 29, 35-42. German.
5. Meyer TD, Hautzinger M. Hypomanic personality, social anhedonia and impulsive nonconformity: evidence for familial aggregation? *J Pers Disord.* 2001 Aug; 15(4):281-99.
6. Meyer TD, Keller F. Exploring the latent structure of the Perceptual Aberration, Magical Ideation, and Physical Anhedonia Scales in a German sample. *J Pers Disord.* 2001 Dec; 15(6):521-35.
7. Meyer TD, Salkow K, Hautzinger M. [First evidence for the prospective validity of the German translation of the Hypomanic Personality Scale – a 3 year follow up]. *Z Klin Psychol Psych* (formerly: *Z Klin Psychol.*) 2001, 30, 91-96. German
8. Meyer TD, Hautzinger M. [Cognitive behavioral therapy as supplement to pharmacotherapy of manic depressive disorders. What is the empirical basis?] *Nervenarzt.* 2002 Jul; 73(7):620-8. Review. German.
9. Meyer TD, Hautzinger M. Prediction of personality disorder traits by psychosis proneness scales in a German sample of young adults. *J Clin Psychol.* 2002 Sep; 58(9):1091-101.
10. Meyer TD, Hautzinger M. The structure of affective symptoms in a sample of young adults. *Compr Psychiatry.* 2003 Mar-Apr; 44(2):110-6.
11. Meyer TD, Hautzinger M. Screening for bipolar disorders using the Hypomanic Personality Scale. *J Affect Disord.* 2003 Jul; 75(2):149-54.
12. Meyer TD, Keller F. Is there evidence for a latent class called 'hypomanic temperament'? *J Affect Disord.* 2003 Aug; 75(3):259-67.

13. Meyer TD, Kossmann-Böhm S, Schlottke PF. Do child psychiatrists in Germany diagnose bipolar disorders in children and adolescents? Results from a survey. *Bipolar Disord.* 2004 Oct;6(5):426-31.
14. Meyer TD, Blechert J. Are there attentional deficits in people putatively at risk for affective disorders? *J Affect Disord.* 2005 Jan; 84(1):63-72.
15. Blechert J, Meyer TD. Are measures of hypomanic personality, impulsive nonconformity and rigidity predictors of bipolar symptoms? *Br J Clin Psychol.* 2005 Mar; 44(Pt 1):15-27.
16. Angst J, Adolfsson R, Benazzi F, Gamma A, Hantouche E, Meyer TD, Skeppar P, Vieta E, Scott J. The HCL-32: towards a self-assessment tool for hypomanic symptoms in outpatients. *J Affect Disord.* 2005 Oct; 88(2):217-33.
17. Meyer TD, Deckersbach T. No evidence for verbal memory impairment in individuals putatively at risk for bipolar disorder. *Compr Psychiatry.* 2005 Nov-Dec; 46(6):472-6.
18. Meyer TD, Hofmann BU. Assessing the dysregulation of the Behavioral Activation System: the Hypomanic Personality Scale and the BIS-BAS scales. *J Pers Assess.* 2005 Dec; 85(3):318-24.
19. Meyer TD, Maier S. Is there evidence for social rhythm instability in people at risk for affective disorders? *Psychiatry Res.* 2006 Jan 30; 141(1):103-14.
20. Hofmann BU, Meyer TD. Mood fluctuations in people putatively at risk for bipolar disorders. *Br J Clin Psychol.* 2006 Mar; 45(Pt 1):105-10.
21. Bäßner E, Brömer P, Hammelstein P, Meyer TD. Current and former depression and their relationship to the effects of social comparison processes. Results of an internet based study. *J Affect Disord.* 2006 Jul; 93(1-3):97-103.
22. Meyer TD, Hammelstein P, Nilsson LG, Skeppar P, Adolfsson R, Angst J. The Hypomania Checklist (HCL-32): its factorial structure and association to indices of impairment in German and Swedish nonclinical samples. *Compr Psychiatry.* 2007 Jan-Feb; 48(1):79-87.
23. Hautzinger M, Meyer TD. [Psychotherapy for bipolar disorder: a systematic review of controlled studies]. *Nervenarzt.* 2007 Nov; 78(11):1248-60. Review. German.
24. Wolkenstein L, Meyer TD. Attitudes of young people towards depression and mania. *Psychol Psychother.* 2008 Mar; 81(Pt 1):15-31.
25. Lex C, Meyer TD, Marquart B, Thau K. No strong evidence for abnormal levels of dysfunctional attitudes, automatic thoughts, and emotional information-processing biases in remitted bipolar I affective disorder. *Psychol Psychother.* 2008 Mar; 81(Pt 1):1-13.
26. Drescher FD, Jotzo M, Goelz R, Meyer TD, Bacher M, Poets CF. Cognitive and psychosocial development of children with Pierre Robin sequence. *Acta Paediatr.* 2008 May; 97(5):653-6. doi: 10.1111/j.1651-2227.2008.00742.x.

27. Hammer EM, Häcker S, Hautzinger M, Meyer TD, Kübler A. Validity of the ALS-Depression-Inventory (ADI-12)--a new screening instrument for depressive disorders in patients with amyotrophic lateral sclerosis. *J Affect Disord.* 2008 Jul; 109(1-2):213-9. doi: 10.1016/j.jad.2007.11.012.
28. Mosimann UP, Collerton D, Dudley R, Meyer TD, Graham G, Dean JL, Bearn D, Killen A, Dickinson L, Clarke MP, McKeith IG. A semi-structured interview to assess visual hallucinations in older people. *Int J Geriatr Psychiatry.* 2008 Jul; 23(7):712-8. doi: 10.1002/gps.1965.
29. Meyer F, Meyer TD. The misdiagnosis of bipolar disorder as a psychotic disorder: some of its causes and their influence on therapy. *J Affect Disord.* 2009 Jan; 112(1-3):174-83. doi: 10.1016/j.jad.2008.04.022.
30. Wolkenstein L, Meyer TD. What factors influence attitudes towards people with current depression and current mania? *Int J Soc Psychiatry.* 2009 Mar; 55(2):124-40. doi: 10.1177/0020764008092410.
31. Meyer TD, Hautzinger M. Assessing current alcohol use with the FORM 90 in a student sample. *Psychol Psychother.* 2009 Jun; 82(Pt 2):233-45. doi: 10.1348/147608308X387267.
32. Bruchmüller K, Meyer TD. Diagnostically irrelevant information can affect the likelihood of a diagnosis of bipolar disorder. *J Affect Disord.* 2009 Jul; 116(1-2):148-51. doi: 10.1016/j.jad.2008.11.018.
33. Angst J, Meyer TD, Adolfsson R, Skeppar P, Carta M, Benazzi F, Lu RB, Wu YH, Yang HC, Yuan CM, Morselli P, Brieger P, Katzmann J, Teixeira Leão IA, Del Porto JA, Hupfeld Moreno D, Moreno RA, Soares OT, Vieta E, Gamma A. Hypomania: a transcultural perspective. *World Psychiatry.* 2010 Feb; 9(1):41-9.
34. Meyer TD, Wolkenstein L. Current alcohol use and risk for hypomania in male students: generally more or more bingeing? *Compr Psychiatry.* 2010 Mar-Apr; 51(2):171-6. doi: 10.1016/j.comppsy.2009.05.002.
35. Wolkenstein L, Meyer TD. Is mood affected by interactions with people at risk for affective disorders? *J Nerv Ment Dis.* 2010 Aug; 198(8):576-9. doi: 10.1097/NMD.0b013e3181ea1fc2.
36. Meyer TD, Gudgeon E, Thomas AJ, Collerton D. Cognitive style and depressive symptoms in elderly people - extending the empirical evidence for the cognitive vulnerability-stress hypothesis. *Behav Res Ther.* 2010 Oct; 48(10):1053-7. doi: 10.1016/j.brat.2010.06.003.
37. Meyer TD, Bernhard B, Born C, Fuhr K, Gerber S, Schaerer L, Langosch JM, Pfennig A, Sasse J, Scheiter S, Schöttle D, van Calker D, Wolkenstein L, Bauer M. The Hypomania Checklist-32 and the Mood Disorder Questionnaire as screening tools--going beyond samples of purely mood-disordered patients. *J Affect Disord.* 2011 Feb; 128(3):291-8. doi: 10.1016/j.jad.2010.07.003.
38. Meyer TD, Fuhr K, Hautzinger M, Schlarb AA. Recognizing mania in children and adolescents-age does not matter, but decreased need for sleep does. *Compr Psychiatry.* 2011 Mar-Apr; 52(2):132-8. doi: 10.1016/j.comppsy.2010.06.004.

39. Wolkenstein L, Bruchmüller K, Schmid P, Meyer TD. Misdiagnosing bipolar disorder--do clinicians show heuristic biases? *J Affect Disord.* 2011 May; 130(3):405-12. doi: 10.1016/j.jad.2010.10.036.
40. Lex C, Hautzinger M, Meyer TD. Cognitive styles in hypomanic episodes of bipolar I disorder. *Bipolar Disord.* 2011 Jun; 13(4):355-64. doi: 10.1111/j.1399-5618.2011.00937.x.
41. McDonald JL, Meyer TD. Self-report reasons for alcohol use in bipolar disorders: why drink despite the potential risks? *Clin Psychol Psychother.* 2011 Sep-Oct; 18(5):418-25. doi: 10.1002/cpp.782. Review.
42. Day AM, James IA, Meyer TD, Lee DR. Do people with dementia find lies and deception in dementia care acceptable? *Aging Ment Health.* 2011 Sep; 15(7):822-9. doi: 10.1080/13607863.2011.569489.
43. Schöttle D, Huber CG, Bock T, Meyer TD. Psychotherapy for bipolar disorder: a review of the most recent studies. *Curr Opin Psychiatry.* 2011 Nov; 24(6):549-55. doi: 10.1097/YCO.0b013e32834b7c5f. Review.
44. Meyer TD, Finucane L, Jordan G. Is risk for mania associated with increased daydreaming as a form of mental imagery? *J Affect Disord.* 2011 Dec; 135(1-3):380-3. doi: 10.1016/j.jad.2011.06.002.
45. Meyer TD, McDonald JL, Douglas JL, Scott J. Do patients with bipolar disorder drink alcohol for different reasons when depressed, manic or euthymic? *J Affect Disord.* 2012 Feb; 136(3):926-32. doi: 10.1016/j.jad.2011.09.005.
46. Pfennig A, Bschor T, Baghai T, Bräunig P, Brieger P, Falkai P, Geissler D, Gielen R, Giesler H, Gruber O, Kopp I, Meyer TD, Möhrmann KH, Mucbe-Borowski C, Padberg F, Scherk H, Strech D, Bauer M. [S3 guidelines on diagnostics and therapy of bipolar disorders: development process and essential recommendations]. *Nervenarzt.* 2012 May; 83(5):568-86. doi: 10.1007/s00115-011-3415-3. German.
47. Meyer TD, Hautzinger M. Cognitive behaviour therapy and supportive therapy for bipolar disorders: relapse rates for treatment period and 2-year follow-up. *Psychol Med.* 2012 Jul; 42(7):1429-39. doi: 10.1017/S0033291711002522.
48. Hobbs N, Godfrey A, Lara J, Errington L, Meyer TD, Rochester L, White M, Mathers JC, Sniehotta FF. Are behavioral interventions effective in increasing physical activity at 12 to 36 months in adults aged 55 to 70 years? A systematic review and meta-analysis. *BMC Med.* 2013 Mar 19; 11:75. doi: 10.1186/1741-7015-11-75. Review.
49. Watkins HB, Meyer TD. Is there an empirical link between impulsivity and suicidality in bipolar disorders? A review of the current literature and the potential psychological implications of the relationship. *Bipolar Disord.* 2013 Aug; 15(5):542-58. doi: 10.1111/bdi.12090. Review.
50. Lara J, Godfrey A, Evans E, Heaven B, Brown LJ, Barron E, Rochester L, Meyer TD, Mathers JC. Towards measurement of the Healthy Ageing Phenotype in lifestyle-based intervention studies. *Maturitas.* 2013 Oct; 76(2):189-99. doi: 10.1016/j.maturitas.2013.07.007. Review.

51. Lex C, Meyer TD. Is there evidence for an emotion-related bias in verbal learning or memory in individuals putatively high at risk for mania? *Psychiatry Res.* 2013 Dec 30; 210(3):891-5. doi: 10.1016/j.psychres.2013.05.002.
52. Fuhr K, Hautzinger M, Meyer TD. Implicit motives and cognitive variables: specific links to vulnerability for unipolar or bipolar disorder. *Psychiatry Res.* 2014 Jan 30; 215(1):61-8. doi: 10.1016/j.psychres.2013.10.001.
53. Pfennig A, Correll CU, Marx C, Rottmann-Wolf M, Meyer TD, Bauer M, Leopold K. Psychotherapeutic interventions in individuals at risk of developing bipolar disorder: a systematic review. *Early Interv Psychiatry.* 2014 Feb; 8(1):3-11. doi: 10.1111/eip.12082. Review.
54. Newman AL, Meyer TD. Impulsivity: present during euthymia in bipolar disorder? - A systematic review. *Int J Bipolar Disord.* 2014 Mar 11; 2:2. doi: 10.1186/2194-7511-2-2. Review.
55. Maier F, Merkl J, Ellereit AL, Lewis CJ, Eggers C, Pedrosa DJ, Kalbe E, Kuhn J, Meyer TD, Zurowski M, Timmermann L. Hypomania and mania related to dopamine replacement therapy in Parkinson's disease. *Parkinsonism Relat Disord.* 2014 Apr; 20(4):421-7. doi: 10.1016/j.parkreldis.2014.01.001.
56. Lara J, Hobbs N, Moynihan PJ, Meyer TD, Adamson AJ, Errington L, Rochester L, Sniehotta FF, White M, Mathers JC. Effectiveness of dietary interventions among adults of retirement age: a systematic review and meta-analysis of randomized controlled trials. *BMC Med.* 2014 Apr 8; 12:60. doi: 10.1186/1741-7015-12-60. Review.
57. Waugh MJ, Meyer TD, Youngstrom EA, Scott J. A review of self-rating instruments to identify young people at risk of bipolar spectrum disorders. *J Affect Disord.* 2014 May; 160:113-21. doi: 10.1016/j.jad.2013.12.019. Review.
58. Pfennig A, Leopold K, Bechdorf A, Correll CU, Holtmann M, Lambert M, Marx C, Meyer TD, Pfeiffer S, Reif A, Rottmann-Wolf M, Schmitt NM, Stamm T, Juckel G, Bauer M. Early specific cognitive-behavioural psychotherapy in subjects at high risk for bipolar disorders: study protocol for a randomised controlled trial. *Trials.* 2014 May 8; 15:161. doi: 10.1186/1745-6215-15-161.
59. Meyer TD, Schrader J, Ridley M, Lex C. The Hypomania Checklist (HCL) - systematic review of its properties to screen for bipolar disorders. *Compr Psychiatry.* 2014 Jul; 55(5):1310-21. doi: 10.1016/j.comppsy.2014.03.002. Review.
60. Lara J, Evans EH, O'Brien N, Moynihan PJ, Meyer TD, Adamson AJ, Errington L, Sniehotta FF, White M, Mathers JC. Association of behaviour change techniques with effectiveness of dietary interventions among adults of retirement age: a systematic review and meta-analysis of randomised controlled trials. *BMC Med.* 2014 Oct 7; 12:177. doi: 10.1186/s12916-014-0177-3. Review.
61. Lewis CJ, Maier F, Horstkötter N, Zywczyk A, Witt K, Eggers C, Meyer TD, Dembek TA, Maarouf M, Moro E, Zurowski M, Woopen C, Kuhn J, Timmermann L. Subjectively perceived personality and mood changes associated with subthalamic stimulation in patients with

Parkinson's disease. *Psychol Med.* 2015 Jan; 45(1):73-85. doi: 10.1017/S0033291714001081.

62. O'Brien N, McDonald S, Araújo-Soares V, Lara J, Errington L, Godfrey A, Meyer TD, Rochester L, Mathers JC, White M, Sniehotta FF. The features of interventions associated with long-term effectiveness of physical activity interventions in adults aged 55-70 years: a systematic review and meta-analysis. *Health Psychol Rev.* 2015; 9(4):417-33. doi: 10.1080/17437199.2015.1012177. Review.
63. Hemm C, Dagnan D, Meyer TD. Identifying training needs for mainstream healthcare professionals, to prepare them for working with individuals with intellectual disabilities: a systematic review. *J Appl Res Intellect Disabil.* 2015 Mar; 28(2):98-110. doi: 10.1111/jar.12117. Review.
64. Bauer IE, Meyer TD, Sanches M, Zunta-Soares G, Soares JC. Does a history of substance abuse and illness chronicity predict increased impulsivity in bipolar disorder? *J Affect Disord.* 2015 Jul 1; 179:142-7. doi: 10.1016/j.jad.2015.03.010.
65. Smith DJ, Anderson J, Zammit S, Meyer TD, Pell JP, Mackay D. Childhood IQ and risk of bipolar disorder in adulthood: prospective birth cohort study. *BJPsych Open.* 2015 Aug 20; 1(1):74-80.
66. Cardoso T, Bauer IE, Meyer TD, Kapczinski F, Soares JC. Neuroprogression and Cognitive Functioning in Bipolar Disorder: A Systematic Review. *Curr Psychiatry Rep.* 2015 Sep; 17(9):75. doi: 10.1007/s11920-015-0605-x. Review.
67. Meyer TD, Newman AL, Jordan G. Vulnerability for mania - is it linked to problems delaying gratification? *Psychiatry Res.* 2015 Sep 30; 229(1-2):359-64. doi: 10.1016/j.psychres.2015.06.040.
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F. Other Professional Communications

1. Presentations:

1. Meyer, T.D., Salkow, K. & Hautzinger, M. „Hypomane Persönlichkeit, Angst und Depressivität“.[Hypomanic personality, anxiety and depression]. Poster presented at the 16th Symposium für Klinisch-Psychologische Forschung, Hamburg, May 21 -23, 1998.
2. Meyer, T.D., Salkow, K. & Hautzinger, M.”The Hypomanic Personality Scale as predictor of depression and anxiety?” Poster Presented at the 13th Annual Meeting of the Society for Research in Psychopathology, Boston, MA, USA, November 18-21, 1998.
3. Meyer, T.D., Seefried, M. & Hautzinger, M. Psychopathology and reported life events in men hypothesized to be at risk for bipolar affective disorder – first results. Poster presented at the 3rd International Conference on Bipolar Disorder, Pittsburgh, PA, USA, June 17-19, 1999.
4. Meyer, T.D. & Hautzinger, M.The Hypomanic Personality Scale, affective symptoms and stress – Evidence for cross-cultural validity. Poster presented at the 14th Annual Meeting of the Society for Research in Psychopathology, Montreal, Canada, November 18-21, 1999.
5. Meyer, T.D. & Hautzinger, M. Mood disorder symptoms in people at risk for bipolar affective disorder. Poster Presented at the 2nd European Stanley Foundation Conference in Bipolar Disorder, Amsterdam, September 21-22, 2000.
6. Meyer, T.D. & Hautzinger, M. Manisch-depressive Patienten – eine in der Forschung und Praxis vernachlässigte Gruppe. [Patients with manic depression – A group neglected in research and practice] State of the art paper presented at the 42th Kongress der Deutschen Gesellschaft für Psychologie, Jena, September 24–28, 2000.
7. Meyer, T.D., Blenk, M. & Wascher, E. Behavior activation in persons hypothesized to be at risk for bipolar affective disorders – An EEG pilot study. Poster presented at the 15th Annual Meeting of the Society for Research in Psychopathology, Boulder, CO, USA, November 30-December 3, 2000.
8. Meyer, T.D. & Hautzinger, M.”Ist kognitive Verhaltenstherapie eine sinnvolle Ergänzung zur medikamentösen Behandlung manisch-depressiver Patienten? [Is cognitive behavior therapy a useful adjunctive treatment for patients with bipolar disorders?] Poster presented at the 19th Fachgruppentagung/ 2nd Workshopkongress für Klinische Psychologie und Psychotherapie, Bern, May 24-26, 2001.
9. Peukert, P. & Meyer, T.D. Risiko für bipolare Störungen – Ergebnisse einer psychometrischen Querschnitterhebung. [Risk for bipolar disorders – Results of a cross-sectional study].Poster presented at the 19th Fachgruppentagung/ 2nd Workshopkongress für Klinische Psychologie und Psychotherapie, Bern, May 24-26, 2001.

10. Meyer, T.D., Dumljia, J., Blenk, M. & Wascher, E. Is there evidence for a dysfunction of the behavior activation system in persons putatively at risk for bipolar disorder? – An EEG study. Poster presented at the 4th International Conference on Bipolar Disorder, Pittsburgh, PA, USA, June 14-16, 2001.
11. Meyer, T.D., Peukert, P. & Hautzinger, M. Mood stability and lability over 4 weeks in people hypothesized to be at risk for bipolar disorders. Poster presented at the 16th Annual Meeting of the Society for Research in Psychopathology, Madison, WI, USA, November 1-4, 2001.
12. Meyer, T.D., Koßmann-Böhm, S. & Schlottke, P.F. Bipolar Disorders in Children and adolescents - Results from a survey in Southern Germany. Poster presented at the European Stanley Foundation Conference, in Freiburg im Breisgau, September 12-14, 2002.
13. Meyer, T.D. Lability and Stability of Mood Symptoms in people hypothesized to be at risk for bipolar disorders. Paper presented at the Symposium “Psychological aspects of bipolar (manic-depressive) disorder” (Chairs: T.D. Meyer & T.Deckersbach), 43. Kongress der Deutschen Gesellschaft für Psychologie in Berlin, September 22-26, 2002.
14. Meyer, T.D. & Hautzinger, M. Eine randomisierte, kontrollierte Psychotherapiestudie zur Wirksamkeit kognitiver Verhaltenstherapie bei Bipolar Affektiven Störungen – Design und Methodik“. [A randomized controlled psychotherapy study evaluating CBT for bipolar disorders – Design and methods]. Poster presented at the 21th Fachgruppentagung/ 3rd Workshopkongress für Klinische Psychologie und Psychotherapie, Freiburg im Breisgau, May 29-31, 2003.
15. Meyer, T.D. & Hautzinger, M. A randomized controlled trial of Cognitive Behavior Therapy and Supportive Therapy for Bipolar Disorder - first Results. Poster presented at the 5th International Conference on Bipolar Disorder, Pittsburgh, PA, USA, June 12-14, 2003.
16. Meyer, T.D. & Hautzinger, M. A randomized controlled trial of Cognitive Behavior Therapy and Supportive Therapy for Bipolar Disorders. Paper presented at the Symposium “Bipolar Disorder: Psychological processes and intervention outcome” (Chair: Dominic Lam) at the XXXIII. Annual Congress of the EABCT, Prague, Czech Republic, September 10–13, 2003.
17. Meyer, T.D. & Hautzinger, M. Kognitive Verhaltenstherapie zur Rezidivprophylaxe bei bipolaren Störungen – Erste Ergebnisse. [Cognitive behavior therapy as relapse prevention program for bipolar disorders – preliminary results) Paper presented at the symposium „bipolar disorders” (Chairs: H. Grunze & H. Scherk), Kongress der Deutschen Gesellschaft für Psychiatrie, Psychotherapie und Nervenheilkunde, (DGPPN), Berlin, November 19-23, 2003.
18. Meyer, T.D. Psychotherapie und Psychoedukation bei manisch-depressiven Störungen. [Psychotherapy and psychoeducation for manic depression] Paper presented at the Bipolar Symposium, Department of Psychiatry of the University of Heidelberg (Prof. Dr. Ch. Mundt), July 3, 2004.
19. Meyer, T.D. & Hautzinger, M. “Cognitive Behavior and Supportive Therapy for Bipolar Disorders. First follow-up results from a randomized trial”. Paper presented at XXXIV Annual Congress of the European Association for Behavioural and Cognitive Therapies, Manchester, UK, September 9-11, 2004.

20. Baur, M., Kraemer, J. & Meyer, T.D. Komorbidität von bipolaren Störungen mit Persönlichkeitsstörungen. [Comorbidity of bipolar disorders and personality disorders] Co-authored poster presented at the Kongress der Deutschen Gesellschaft für Psychologie, Goettingen, September 26-29, 2004.
21. Meyer, T.D. & Hautzinger, M. Kognitive Verhaltenstherapie und Supportive Therapie in der Rezidivprophylaxe bei bipolaren Störungen - Erste Ergebnisse. [Cognitive behavior therapy and supportive therapy for relapse prevention in bipolar disorders] Paper presented at the symposium ‚Affective Disorders‘ (Chairs: T.D. Meyer & M. Hautzinger), Kongress der Deutschen Gesellschaft für Psychologie, Goettingen, September 26-29, 2004.
22. Meyer, T.D. Psychologische Interventionen bei bipolaren Störungen. [Psychological interventions for bipolar disorders] Paper presented at the symposium of the Department of Psychiatry of the University hospital Homburg/Saar (Prof. Dr. P. Falkai), October 2, 2004.
23. Meyer, T.D. Stand der Psychotherapieforschung bei manisch-depressiven Störungen. [Current evidence of psychotherapy research for manic-depressive illness] Paper presented at the Fall Symposium (Herbsttagung) of the Department of Psychiatry of the University of Tübingen (Prof. Dr. G. Buchkremer), October 9, 2004.
24. Meyer, T.D. Psychometrische High-risk Forschung bei manisch-depressiven Störungen. Eine Standortbestimmung mit Ausblick. (Psychometric high-risk research for manic depressive illness – state of the art and the future. Paper presented at the University of Zürich (Prof. Dr. U. Ehler), January 12, 2005.
25. Meyer, T.D. Psychoedukation und Psychotherapie bei schizophrenen und bipolaren Psychosen.[Psychoeducation and psychotherapy for schizophrenic and bipolar psychoses] Paper presented at the Lilly-Symposium ‚Social and health economic aspects of schizophrenic and bipolar psychoses‘, University of Halle (Prof. Dr. A. Marneros), Halle, March 3, 2005.
26. Meyer, T.D.High-risk research for manic-depressive illness. Invited speech at the University of Southampton (Prof. B. Bradley), Southampton, UK, May 24, 2005.
27. Meyer, T.D. & Hautzinger, M. Cognitive Behavior Therapy and Supportive Therapy for bipolar disorders. – 3-month Follow-up from a randomized controlled trial. Paper presented at the 6th International Conference on Bipolar Disorders, Pittsburgh, PA, USA, June 14-16, 2005.
28. Meyer, T.D. Bipolar disorders. – Why early detection and treatment is of such importance? Paper Presented at the Supervisors’ Meeting of the Tübinger Academy for Behavior Therapy [TAVT], Tübingen, July 1-2, 2005.
29. Meyer, T.D. & Baur, M. Affect and attribution of people at risk for bipolar disorders after feedback of success. Online Conference instead of the 20th Annual Meeting of the Society for Research in Psychopathology, Miami, FL, USA, [due to hurricane], 2005.
30. Meyer, T.D. Psychotherapy for cognitive deficits in bipolar disorders. Options and limits. Paper presented at the conference of the German Association for Psychiatry and Psychotherapy [DGPPN], Berlin, November 23-.26, 2005.

31. Meyer, T.D. Manisch depressive Störungen – Gibt es einen reliablen und validen Risikofaktor? [Manic depressive illness – Do we have a reliable and valid risk factor?] Paper Presented at the University of Leipzig (Prof. Dr. M. Müller); February 7, 2006.
32. Meyer, T.D. Searching for psychological risk factors for bipolar disorders. Paper presented at the Newcastle University, Department of Psychiatry (Prof. N. Ferrier) and Clinical Psychology/CBT (Prof. M. Freeston), Newcastle upon Tyne, UK, March 20, 2006.
33. Meyer, T.D. & Hautzinger, M. Kognitive Verhaltenstherapie versus supportive Therapie für bipolare Störungen Ergebnisse der 6-Monatskatamense. [Cognitive therapy versus supportive therapy for bipolar disorders. Results of the 6-month follow-up]. Paper presented at the 24th Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der DGPs (DGPs; Division of Clinical Psychology and Psychotherapy), Würzburg, May 25-27, 2006.
34. Wolkenstein, L. & Meyer, T.D. Das Ausmaß an Vorurteilen gegenüber affektiven Störungen - es hängt auch davon ab wie man fragt. [The extent of prejudice against affective disorders – it also depends how one asks]. Co-authored poster presentation at the 24th symposium of the Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie (DGPs; Division of Clinical Psychology and Psychotherapy), Würzburg, May 25-27, 2006.
35. Meyer, T.D. How can teaching and research be successfully combined? Paper presented at the Newcastle University, Department of Psychiatry (Prof. N. Ferrier), Newcastle upon Tyne, UK, June 5, 2006.
36. Meyer, T.D. Was wissen wir über das Risiko, manisch-depressiv zu werden? [What do we know about the risk of developing bipolar disorder?] Invited talk at the University of Zürich, Switzerland (Prof. Dr. A. Maercker), July 5, 2006.
37. Meyer, T.D. Bipolar disorders in German kids and adolescents are almost non-existing – Why? Paper presented at the 2nd Conference of the International Society for Bipolar Disorders, Edinburgh, UK, August 2-3, 2006.
38. Meyer, T.D. The role of stress for bipolar disorders. Paper presented at the symposium 'Psychologically focused research on bipolar disorder' (Chair: T.D. Meyer) at the annual meeting of the German Association for Bipolar Disorders (DGBS), Nürnberg, September 14-17, 2006
39. Meyer, T.D. & Baur, M. Attribution and success expectations in people at risk for bipolar disorders. Paper Presented at a symposium "News from research on affective disorders" (Chairs: C. Kühnert & T.D. Meyer) at the Conference on the German Psychological Association (Deutsche Gesellschaft für Psychologie), Nürnberg, September 19-22, 2006.
40. Lex, C., Meyer, T. D., Thau, K., & Hautzinger, M. Kognitive Schemata und emotionale Informationsverarbeitung bei bipolaren Patienten [Cognitive Schemata and Emotional Information Processing in bipolar patients]. Coauthored Poster presentation at the Conference of the German Association for Psychiatry and Psychotherapy (DGPPN), Berlin, November 22-25, 2006.
41. Meyer, T.D. & Schlarb, A. Bipolare Störungen bei Kindern und Jugendlichen: Befunde zu einem umstrittenen Krankheitsbild (Bipolar disorders in kid and adolescents. A highly

debated disorder: Chair: PD. Dr. M. Holtmann). Presentation at the Conference of the German Association for Child and Adolescent Psychiatry (Deutsche Gesellschaft für Kinder und Jugendpsychiatrie), Aachen, March 14-17, 2007.

42. Meyer, T.D. Wahrgenommener Erfolg als Trigger für manische Zustände? [Perceived success as trigger for mania?]. Presentation in the symposium „New trends in research“ (Chair: R. de Jong Meyer) At the Workshop conference of the Fachgruppe Klinische Psychologie und Psychotherapie der DGPs (Division of Clinical Psychology and Psychotherapy), Tübingen, May 17–19, 2007.
43. Wolkenstein, L. & Meyer, T.D. Beeinflusst der Risikostatus für affektive Störungen das Befinden von Interaktionspartnern? [Does the risk for affective disorders affect mood of their interaction partners?] Co-authored poster presentation at the 5th workshop congress for Klinische Psychologie und Psychotherapie/25th symposium of the Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie (DGPs, Division of Clinical Psychology and Psychotherapy), Tübingen. May 17-19, 2007.
44. Meyer, T.D. & Fuhr, K. Sleep and its associations to mood in people putatively at risk for bipolar disorders. Poster presented at the 7th International Conference on Bipolar Disorders in Pittsburgh, PA, USA, June 7-9, 2007.
45. Meyer, T.D., Meyer, F. & Bruchmüller, K. Why are bipolar disorders often not diagnosed? - Exploring relevant factors systematically. Poster presented at the 7th International Conference on Bipolar Disorders in Pittsburgh, PA, USA, June 7-9, 2007.
46. Meyer, T.D. & Hautzinger, M. Cognitive therapy for bipolar disorders – Is there evidence for specificity with regard to relapse rates? Invited speech in the symposium ‘New forms of cognitive therapy for primary prevention and prevention of relapse in bipolar disorder, unipolar depressive disorder and suicidal depression’ (Chair: Dr. C. Bockting), at the World Conference on Cognitive and Behavioural Therapies, Barcelona, Spain, July 11-14, 2007.
47. Meyer, T.D. Ambulante Einzelinterventionen im Umgang mit maniformen Zuständen. [Interventions for dealing with manic states in an outpatient setting]. Presentation at the annual meeting of the German Association for Bipolar Disorders (Deutsche Gesellschaft für Bipolare Störungen [DGBS]), Bochum, September 20-22, 2007.
48. Meyer, T.D. MDQ und HCL-32 als Screeninginstrumente für bipolare Störungen – welches Instrument ist besser? [MDQ and HCL-32 as screening tools for bipolar disorders – which one is better?]. Presentation at the Symposium “News from research” (Chair: Prof. Dr. M. Bauer) Presentation at the annual meeting of the German Association for Bipolar Disorders (Deutsche Gesellschaft für Bipolare Störungen), Bochum, September 20-22, 2007.
49. Meyer, T.D. Psychological vulnerabilities for depression. Invited talk in the symposium ‘Genetic, biological and psychological vulnerability for depression’ (Chair: Dr. H. McAllister-Williams) auf der Meeting of the Faculty of the Royal College of Psychiatrists, Gateshead, UK, October 18-19, 2007.
50. Meyer, T.D. The Psychology of Bipolar Disorder – What do we know? Invited talk at the Department of Psychology, Newcastle University (Chair: D. Nettle), Newcastle upon Tyne, UK, November 20, 2007.

51. Meyer, T.D. Bipolare Störungen im Kindes- und Jugendalter – Epidemiologie und Klinik [Bipolar Disorders in childhood and adolescence – Epidemiology and clinical features]. Paper presented at the Symposium “Bipolar disorder in young people or serious affective dysregulation” University Hospital, Child and Adolescent Psychiatric Unit, University of Frankfurt (Chair: PD Dr. M. Holtmann), Frankfurt, April 2, 2008.
52. Meyer, T.D. Bipolare Störungen – von der Therapie zurück zu den Grundlagen [Bipolar disorders– From Therapy back to Basics]. Paper presented at Department of Psychology, Ruhr University of Bochum. Bochum, April 10, 2008.
53. Meyer, T.D. Misdiagnosis of bipolar disorders – Why so often not recognized? Paper presented at Convention of the American Psychological Association, Boston, MA, USA, August 14-17, 2008.
54. Lex, C. & Meyer, T. D. Are Cognitive Styles in Bipolar Individuals Dependent of Their Mood States? Coauthored poster presentation at the Annual Convention of the American Psychological Association (APA), Boston, MA, USA, August 14-17, 2008.
55. Meyer, T.D. MDQ und HCL-32 als Screeninginstrumente für bipolare Störungen – Ergebnisse einer multizentrische Studie [MDQ and HCL-32 as screening tools for bipolar disorders – results of a multi-site study]. Presentation at the Symposium ‘News from research’ (Chair: Prof. Dr. M. Bauer). Presentation at the annual meeting of the German Association for Bipolar Disorders (Deutsche Gesellschaft für Bipolare Störungen), Dresden, September 10-14, 2008.
56. Meyer, T.D. & Hautzinger, M. "Follow-up Ergebnisse der Tübinger KVT-Studie: Hinweise auf Spezifität der KVT? [Follow-up results of the Tübingen CBT study: any hints for specificity of CBT?]. Paper presented at the annual conference of the German Association of Psychiatry and Psychotherapy (DGPPN), Berlin, November 26-29, 2008.
57. Lex, C. & Meyer, T. D. Kognitive und emotionale Informationsverarbeitung bei akut hypomanen Patienten - Eine kontrollierte Vergleichsstudie. [Cognitive and emotional information processing in hypomanic patients]. Paper presented at the Conference of the German Association of Psychiatry and Psychotherapy (DGPPN), Berlin, November 26-29, 2008.
58. Meyer, T.D. Nicht-pharmakologische Interventionen bei bipolaren Störungen [Nonpharmacological treatment approaches for bipolar disorders]. Co-Chair of the Symposium at the annual conference of the German Association of Psychiatry and Psychotherapy (DGPPN), Berlin, November 26-29, 2008.
59. Wolkenstein, L. & Meyer, T.D. Evaluation von verschiedenen Anti-Stigma-Interventionen an Schulen zu bipolaren Störungen - eine kontrollierte und randomisierte Studie [Evaluation of different antistigma interventions in schools targeting bipolar disorders – a randomised and controlled trial. Co-authored paper presented at the conference of the German Association for Psychiatry and Psychotherapy (DGPPN), Berlin, November 26-29, 2008.
60. Meyer, T.D. Bipolar disorders and alcohol use – what do we know about their association? Paper Presented at the 1st meeting of the BABCP Special Interest Group Bipolar Disorders, Lancaster, UK, May 21, 2009.

61. Fuhr, K., Henrichs, I., Kraemer, J., Hautzinger, M. & Meyer, T.D. Die Rolle des Bindungsstils als Prädiktor für subsyndromale Depressivität bei remittierten affektiv erkrankten Patienten [The role of attachment style as predictor of subsyndromal depression in remitted mood disordered patients]. Co-authored presented at the 27th symposium of the Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie (DGPs, Division of Clinical Psychology and Psychotherapy), Zurich, Switzerland, May 14-17, 2009.
62. Kraemer, J., Fuhr, K., Hautzinger, M. & Meyer, T.D. Veränderungen im Affekt nach sozialem Vergleich bei remittierten Bipolaren [Change in mood after social comparisons in remitted bipolar patients]. Co-authored presented at the 27th symposium of the Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie (DGPs, Division of Clinical Psychology and Psychotherapy), Zurich, Switzerland, May 14-17, 2009.
63. Schirm, E.D.K., Wolkenstein, L. & Meyer, T.D. Stellt die Struktur des Selbstkonzepts einen Risikofaktor für die Entstehung einer bipolaren Störung dar? [Is the structure of the self-concept a risk factor for developing bipolar disorders?] Co-authored presentation at the 6th workshop congress for Klinische Psychologie und Psychotherapie/25th symposium of the Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie (DGPs, Division of Clinical Psychology and Psychotherapy), Zurich, Switzerland, May 14-17, 2009.
64. Wolkenstein, L. & Meyer, T.D. Evaluation verschiedener Anti-Stigma-Interventionen zu Bipolaren Störungen. Haben wir das Stigma psychischer Krankheiten noch unterschätzt? [Evaluation of different anti-stigma interventions for bipolar disorders. Did we still underestimate the stigma of mental illness?] Co-authored presentation at the 6th workshop congress for Klinische Psychologie und Psychotherapie/25th symposium of the Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie (DGPs, Division of Clinical Psychology and Psychotherapy), Zurich, Switzerland, May 14-17, 2009.
65. Meyer, T.D., Baur, M., Jordan, G., & Barton, S. Is risk for bipolarity associated with task-specific attributions? Paper presented at the annual conference of the British Association of Behavioural and Cognitive Psychotherapies (BABCP), Exeter, UK, July 15-18, 2009.
66. Fuhr, K., Kraemer, J., Hautzinger, M. & Meyer, T.D. Soziale Vergleichsprozesse als Trigger für Stimmungsveränderungen bei affektiven Störungen [Social comparison processes as trigger for mood changes in mood disorders]. Co-authored paper presented at the 9th annual meeting of the German Association of Bipolar Disorders (DGBS), Berlin, September 3-5, 2009.
67. Meyer, T.D., Bernhard, B., Born, C., Fuhr, K. et al. Testing the Hypomania Checklist-32 (HCL-32) and Mood Disorder Questionnaire (MDQ): Going beyond samples of patients with affective disorders. Paper presented at the 5th biennial conference of the International Conference on Affective Disorders (ISAD), Vancouver, CA, April 15-19, 2010.
68. Fuhr, K., Hautzinger, M. & Meyer, T.D. Kognitive Vulnerabilität bei bipolarer Erkrankung. Eine Untersuchung an remittierten Patienten und Risikopersonen [Cognitive vulnerability for bipolar disorder – A study of patients in remission and at risk individuals]. Co-authored paper presented at the 28th symposium of the Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie (DGPs, Division of Clinical

Psychology and Psychotherapy), Mainz, June 2-5, 2010.

69. Meyer, T.D. Bipolar disorders: from motivational processes to psychological interventions (Chair of the symposium). Annual conference of the British Association of Behavioural and Cognitive Psychotherapies (BABCP), Manchester, UK, July 20-23, 2010.
70. Meyer, T.D. & Hautzinger, M. Cognitive Behavior Therapy for bipolar disorders: any effects on variables such as self-efficacy? Results from a randomised controlled trial. Paper presented at the annual conference of the British Association of Behavioural and Cognitive Psychotherapies (BABCP), Manchester, UK, July 20-23, 2010.
71. Finucane, L., Jordan, G., & Meyer, T.D. Explicit and implicit achievement motivation and its relation to risk for mania. Coauthored paper presented at the annual conference of the British Association of Behavioural and Cognitive Psychotherapies (BABCP), Manchester, UK, July 20-23, 2010.
72. McDonald, J., Douglas, J., Scott, J., & Meyer, T.D. Why and how much alcohol do individuals with bipolar disorders drink in different mood states? Paper presented on behalf of the first author at the annual conference of the British Association of Behavioural and Cognitive Psychotherapies (BABCP), Manchester, UK, July 20-23, 2010.
73. Fuhr, K., Hautzinger, M. & Meyer, T.D. Vulnerabilität bei bipolarer Erkrankung. Ergebnisse einer Studie an remittierten Patienten und Risikopersonen (Kinder von Betroffenen) [Vulnerability for bipolar disorders. Results from a study with remitted patients and their offspring]. Coauthored paper presented at the 10th annual meeting of the German Association of Bipolar Disorders (DGBS), Friedrichshafen, October 7-10, 2010.
74. Meyer, T.D. Psychotherapie für bipolare Störungen – zu welchem Zeitpunkt? [Psychotherapy for bipolar disorders – at what time is it indicated?] Paper presented at the annual conference of the German Association for Psychiatry and Psychotherapy [DGPPN], Berlin, November 24-27, 2010.
75. Meyer, T.D. S3-Leitlinie zur Diagnostik und Therapie Bipolarer Störungen: Die Arbeitsgruppe Psychotherapie & Psychoedukation. [S3 guidelines for diagnosing and treating bipolar disorders: Task force for psychotherapy and psychoeducation]. Member of Discussion Group as Task force leader for psychotherapy and psychoeducation (Chair: A Pfennig). Annual conference of the German Association for Psychiatry and Psychotherapy [DGPPN], Berlin, November 24-27, 2010.
76. Lex, C., Rados, Ch., & Meyer, T. D. Diagnosis and Misdiagnosis of Bipolar Disorder: Decision Making of Austrian Psychiatrists. Co-authored paper presented at the 19th European Congress of Psychiatry (EPA), Vienna, Austria, March 12-15, 2011.
77. Meyer, T.D., McDonald, J., Douglas, J., & Scott, J. Alcohol use in bipolar disorder: symptom or co-morbidity? Paper presented at the annual conference of the British Association of Behavioural and Cognitive Psychotherapies (BABCP), Guilford, UK, July 20-23, 2011.
78. Meyer, T.D. & Hautzinger, M. Kognitive Verhaltenstherapie versus Supportive Therapie – was lernen wir aus der Tübinger Studie? [Cognitive Behavior Therapy versus Supportive Therapy – what do we learn from the Tübingen study?] Paper presented at the annual

conference of the German Association for Bipolar Disorder (DGBS), Mannheim, October 29 – November 1, 2011.

79. Meyer, T.D. Stellenwert der Psychotherapie für bipolare Störungen – gut für alle Phasen? [Relevance of psychotherapy for bipolar disorders: working in all stages of the illness?]. Paper presented in the symposium 'Presenting the S3 consensus treatment recommendations' at the conference of the German Association for Psychiatry and Psychotherapy [DGPPN], Berlin, November 23-26, 2011.
80. Meyer, T.D. Psychotherapy for bipolar disorders: overview and updates. Paper presented at the International AMPLIFY Masterclass in Bipolar Disorders [Bristol-Myers Squibb], Newcastle upon Tyne, UK, December 1-2, 2011.
81. Camilleri, N., Phinn, L., Le Couteur, A., Meyer, T.D., Newbury-Birch, D., Thick, T., & McArdle, P. The feasibility of identifying, treating and improving outcomes in 'Hard-To-Reach' young people with multiple complex mental disorders. Co-authored poster presented at the 20th European Congress of Psychiatry (EPA), Prague, Czech Republic, March 3-6, 2012.
82. Nendick, J., Watkins, H., Atkinson, L., Ferrier, I., Grunze, H., Meyer, T.D. & Scott, J. Met and unmet needs: evidence of significant health and social problems in Bipolar II Disorders from the MRC UK 'ABC' Cohort. Co-authored poster presented at the conference of the International Society for Bipolar disorders, Istanbul, Turkey, March 14-17, 2012.
83. Watkins, W., Nendick, J., Atkinson, L., Scott, J., Grunze, H., Ferrier, I., & Meyer, T.D. Investigating impulsivity in bipolar II disorder: more state than trait? Poster presented at the conference of the International Society for Bipolar disorders, Istanbul, Turkey, March 14-17, 2012.
84. Camilleri, N., Phinn, L., Le Couteur, A., Meyer, T.D., Newbury-Birch, D., Thick, T., & McArdle, P. Identifying, treating and improving outcomes in 'Hard-To-Reach' young people with multiple complex mental disorders – A feasibility study. Co-authored paper presented at the Regional Royal College of Psychiatrists Conference, York, UK, March 23, 2012.
85. Thieme, A., Wallace, J., Johnson, P., Olivier, P., & Meyer, T.D. Spheres of Wellbeing. Interactive technology to support mindfulness practice and to strengthen the sense of self of women with learning disability and emotionally unstable personality disorder in forensic services. Co-authored poster presented at the 11th International Conference on the Care and Treatment of Offenders with a Learning Disability, Newcastle upon Tyne, UK, April 12-13, 2012.
86. Meyer, T.D., Redhead, A., Ferrier, N., & Jordan, G. Emotional priming effects – evidence for manic defense in bipolar disorder? Paper presented at the 40th annual conference of the British Association of Behavioural and Cognitive Psychotherapies (BABCP), Leeds, UK, June 27-29, 2012.
87. Meyer, T.D. Update on Psychotherapy for bipolar disorders. Paper presented at the International Centre of Excellence Meeting on Bipolar Disorders [Lundbeck], Newcastle upon Tyne, UK, September 28, 2012.

88. Meyer, T.D., Redhead, A., Ferrier, N., & Jordan, G. Is there evidence for a pre-conscious 'manic defense' bias in bipolar disorder? Paper presented at the 40th annual meeting of the Society for Research in Psychopathology, Ann Arbor, MI, USA, October 4-7, 2012.
89. Meyer, T.D. Healthy Ageing Phenotype Workshop – Cognitive, social and psychological wellbeing. Co-Organizer and Co-Chair of the International Healthy Ageing Phenotype Symposium and Workshop, Centre for Ageing and Vitality, Newcastle University, UK, October 24-25, 2012.
90. Meyer, T.D. Ambulante und stationäre Versorgung bipolarer Patienten mit Kognitiver Verhaltenstherapie [Outpatient and inpatient delivery of Cognitive Behavior Therapy for bipolar disorders]. Paper presented at the Nexus Klinik, Baden-Baden, October 31, 2012.
91. Meyer, T.D. Bestandsaufnahme zur Evidenzlage für psychotherapeutische Empfehlungen bei bipolaren Störungen [Review of evidence-based recommendation for psychotherapy for bipolar disorders]. Paper presented in the public discussion 'S3 treatment guidelines for bipolar disorders' at the conference of the German Association for Psychiatry and Psychotherapy [DGPPN], Berlin, November 21-.24, 2012.
92. Meyer, T.D. Psychotherapie bipolarer Störungen – Evidenz und Indikation [Psychotherapy for bipolar disorders – the evidence and indications]. Paper presented at the Department of Psychiatry, Emmendingen/Freiburg, February 27, 2013.
93. Meyer, T.D., Redhead, A., Jordan, G., & Ferrier, N. Affective priming in bipolar disorder – Evidence for a bias when processing negative information. Poster presented at the 10th International Conference on Bipolar Disorders, Miami, FL, USA, June 13-16, 2013.
94. Meyer, T.D., Ridley, M. & Schrader, J. Is the Hypomania Checklist (HCL-32) sufficiently able to screen for bipolar disorders? Poster presented at the 10th International Conference on Bipolar Disorders, Miami, FL, USA, June 13-16, 2013.
95. Meyer, T.D., Jordan, G., & Ferrier, N. Implicit approach and avoidance motives in bipolar disorder – Poster presented at the 27th annual meeting of the Society for Research in Psychopathology, Oakland, CA, USA, September 13-16, 2013.
96. Meyer, T.D. [Psychotherapy for bipolar disorders – Overview and updates. Key note at the 10ieme Symposium de la Societé Suisse des Troubles Bipolaires, Lausanne, Switzerland, December 5, 2013.
97. Meyer, T.D. Prodromal signs and risk factors for bipolar disorders -- useful for early identification? Paper presented at the Conference of the International Society for Affective Disorders (ISAD), Berlin, April 28-30, 2014.
98. Meyer, T.D. Bipolare Störungen – eine Herausforderung für uns Psychotherapeuten? [Bipolar disorders – a challenge for us as psychotherapists?] Keynote at the 10th annual congress for psychotherapy, Bochum, Germany, October 18-19, 2014.
99. Meyer, T.D., Bauer, I.E., & Hautzinger, M. Verbal learning and memory abilities and the outcome of psychological treatments in bipolar disorders – data from a RCT. Presentation at

the 17th Annual Conference of the International Society for Bipolar Disorders, Toronto, CA, June 3-6, 2015.

100. Bauer, I. & Meyer, T.D. Verbal memory and outcome of psychological interventions in bipolar disorder: overview and updates. Presentation at the regular meeting of the UT Health Mood Excellence Center Meeting. May 12, 2015.
101. Bauer, I.E., Jordan, G., Soares, J.C., & Meyer, T.D. The role of negative mood induction in working memory capacity in individuals putatively at risk for bipolar disorder. A pilot study. Presentation at the annual meeting of the Society for Research in Psychopathology, New Orleans, October 15-18, 2015.
102. Meyer, T.D., Zachary, L., Nendick, J., Watkins, H., Robinson, L., Grunze, H., Scot, J., & Ferrier, I. N. Self-medication' is only one motive for patients with bipolar disorder to drink alcohol – Results from a 3 month prospective study. Presentation at the annual meeting of the Society for Research in Psychopathology, New Orleans, October 15-18, 2015.
103. Kazimi, I., Meyer, T.D., Smalling, E., Soares, J.C., & Weaver, M. Increasing awareness – Special expert panel discussion for World Bipolar Day. Harris County Psychiatric Clinic, Houston, TX, March 30, 2016.
104. Meyer, T.D. Psychotherapy for bipolar disorders – good and not so good news. Grand Rounds, Department of Psychiatry & Behavioral Sciences, McGovern School of Medicine, UT Health at Houston, April 13, 2016.
105. Meyer, T.D., Bauer, I.E., & Hautzinger, M. Does verbal memory/learning predict relapse in bipolar disorder following psychological treatments? Presentation at the 8th World Conference of Behavioral and Cognitive Therapies (WCBCT). Melbourne Australia, June 22-25, 2016.
106. Meyer, T.D., Castelao, E., & Preisig, M. How well does the HCL-32 work in a population sample? Findings from the 'PsyCoLaus' study. Presentation at the 18th annual conference of the International Society for Bipolar Disorder and the 8th biennial conference of the International Society for Affective Disorders, Amsterdam, July 13-18, 2016.
107. Bauer, I.E. Meyer, T.D., Sanches, M., Spiker, D., Zunta-Soares, G.B., & Soares, J.C. Are Self-rating And Behavioral Measures Of Impulsivity In Bipolar Disorder Mainly Related To Comorbid Substance Use Problems? Presentation at the annual meeting of the Society for Research in Psychopathology, Baltimore, MD, September 29 - October 2, 2016
108. Meyer, T.D., Bauer, I.E., Biyu, Y., & La Rosa, N. Are Existing Self-ratings Of Hypomania And Mania Valid? – A Systematic Review. Presentation at the annual meeting of the Society for Research in Psychopathology, Baltimore, MD, September 29 - October 2, 2016.
109. Meyer, T.D., Hautzinger M., & Bauer, I.E. Psychotherapy for bipolar disorders – Does a memory bias predict outcome? Talk at the annual meeting of the SocietyPresentation at the 19th annual conference of the International Society for Bipolar Disorder, Washington DC, May 4-7, 2017.

110. Sharma, A., Miklowitz, D., Hodgetts, S., McGurk, K., Ryan, V., Meyer, T.D., McGovern, R., & Le Couteur, A.S. A feasibility study of Family Focused Treatment for adolescents with bipolar disorder in the UK – The FAB study. Talk at the annual meeting of the SocietyPresentation at the 19th annual conference of the International Society for Bipolar Disorder, Washington DC, May 4-7, 2017.
111. Bauer, I.E. Meyer, T.D., Sanches, M., Spiker, D., Zunta-Soares, G.B., & Soares, J.C. , Are self-rating and behavioral measures of impulsivity In bipolar disorder related to comorbid substance use problems? Presentation at the annual meeting of the SocietyPresentation at the 19th annual conference of the International Society for Bipolar Disorder, Washington DC, May 4-7, 2017.