

CURRICULUM VITAE

May 16, 2018

NAME: Angela M. Bowman Heads, Ph.D.

PRESENT TITLE: Assistant Professor of Psychiatry and Behavioral Sciences
McGovern Medical School, UTHealth

WORK ADDRESS: 1941 East Rd, #1238
Houston, TX, 77054

CITIZENSHIP: USA

UNDERGRADUATE EDUCATION:

Bachelor of Science, Psychology, 1995
University of Houston
Houston, TX

GRADUATE EDUCATION:

Master of Arts, Counseling, 2000
Prairie View A & M University
Prairie View, TX

Ph.D., Counseling Psychology, 2009
Texas A&M University
College Station, TX

POSTGRADUATE TRAINING:

Postdoctoral Research Fellowship, Addiction (2013-2015)
McGovern Medical School, UTHealth

ACADEMIC & ADMINISTRATIVE APPOINTMENTS:

Assistant Professor, 2015-Present
Department of Psychiatry and Behavioral Science
McGovern Medical School, UTHealth

Assistant Professor, 2010-2013
Department of Psychology
Prairie View A&M University

Visiting Assistant Professor, 2009-2010
Department of Psychology
Prairie View A&M University

HOSPITAL APPOINTMENTS:

Harris County Psychiatric Center, 2015-present

OTHER PROFESSIONAL EXPERIENCE:

Psychologist in Private Practice, 2011-2015

LICENSURE:

Licensed Psychologist, Texas State Board of Examiners of Psychologists,
2011-present #34989

PROFESSIONAL ORGANIZATIONS (AND COMMITTEES OF THESE):

LOCAL:

Houston Psychological Association, 2012-2015, 2018-present

REGIONAL:

Southwestern Psychological Association, 2015

NATIONAL:

American Psychological Association, 2006-present
Member, Division 17 (Counseling Psychology)
Member, Division 50 (Addiction Psychology)
Member, Division 35 (Psychology of Women)

College on Problems of Drug Dependence, 2013-present
Underrepresented Populations Committee

Society for Prevention Research, 2015-present

HONORS AND AWARDS:

- 2015 UTHealth Postdoctoral Association Travel Award
- 2012 American Psychological Association – Minority Fellowship Program
Psychology Summer Institute Fellow

- 2004-2009 Diversity Fellowship Recipient Texas A&M University

EDITORIAL POSITIONS:

Editorial Boards:

Inter-American Journal of Psychology (2013-present)
Sage Open (2013-present)

Reviewer:

Journal of Clinical Psychology, 2010 - present.
Sage Open, 2013-present
Inter-American Journal of Psychology, 2013-present
 Southwestern Psychological Association Convention, 2015
Journal of Healthcare for the Poor and Underserved, 2016-Present
Nicotine and Tobacco Research, 2016-Present

SERVICE ON UT PSYCHIATRY & BEHAVIORAL SCIENCES DEPARTMENT COMMITTEES:

Psychology Internship Training Committee (2015-present)
 Evaluation subcommittee, chair (2017 – present)
 Admissions subcommittee

Grand Rounds Committee (2018-present)

SERVICE TO COMMUNITY:

Psychological Consultant, Promise Community School District, Counseling Services, Houston, TX, 2016-present

Information provided to counseling managers has included: Multicultural Competence in Academic Settings; Trauma-informed approaches in the classroom; Stress management for teachers and counseling staff. Also volunteered to provide increased services to students following Hurricane Harvey and recruited additional community clinicians to volunteer to provide services (September-October, 2017)

TEACHING RESPONSIBILITIES:

A. Psychology Internship Program

Clinical Psychology Internship Seminar Leader (2014—present)

- Gender and Multicultural Awareness (2014)
- Gender and ethnic identity (2015)
- Evidence based and culturally relevant evaluation and screening methods in behavioral health (2016, 2017)

B. Psychiatry Residents

1. Seminar Leader
Evidence based and culturally relevant evaluation and screening methods in behavioral health (2018)
2. Clinical Supervisor
Provide clinical supervision related to psychotherapy skills through shadowing and case consultation with psychiatry residents in the BBSB outpatient clinic
2016- Rania Elkhatib (now Assistant Professor in the department).

C. Medical Students

1. Behavioral Health Exam Proctor – Psychiatry Educational Programs, 2016-present
2. Seminar Leader - Medical student Interviewer Course, 2017-present

D. Service on Psychology Dissertation Committees:

1. Valerie Jackson. *Sexual Victimization and Psychological Functioning of African American College Students*, Department of Psychology, Prairie View A&M University, Chair of Committee Derek Wilson, Ph.D., December 2011
2. Korie Brown. *The Impact of Empowerment on the Ability to Communicate about HIV/AIDS*, Department of Psychology, Prairie View A&M University, Chair of Committee Derek Wilson, Ph.D., May 2012
3. Karen Hart. *Psychosocial Risk Factors for Delinquency Among Ethnic Minority Adolescent Females: An Applied Analysis of Howell's Pathway Model*, Department of Psychology, Prairie View A&M University, Chair of Committee, **Angela M. Heads Ph.D.**, December 2012
4. Adrienne Gilmore-Thomas. *Predictive Models of Competence Restoration Using Neurocognition as a Mediator for Individuals Found Incompetent to Stand Trial*, Department of Psychology, Prairie View A&M University, Chair of Committee Tamara Brown, Ph.D., August 2017. **Student now employed at UTHealth under my supervision**

E. Psychology Students (2009-2013)

1. Prairie View A&M University, Undergraduate Psychology courses
Research Methods, Developmental Psychology, Statistics I, Statistics II, History and Systems, Cognitive Psychology, Physiological Psychology, Experimental Psychology,

2. Prairie View A&M University, Graduate level courses
Research Methods (Masters Level), Neuropsychology (doctoral level)

CURRENT CLINICAL SERVICE RESPONSIBILITIES:

Project Director, UT-HEARTS program (2017-present)

Responsible for all aspects of a SAMHSA funded substance use disorders treatment and HIV prevention program. Perform psychological assessments to diagnose substance use disorders (SUD) and co-occurring psychiatric disorders (COD). Provide cognitive behavioral therapy for SUD and COD and Seeking Safety (an evidence based intervention for trauma exposed substance using individuals). Provide supervision to Psychiatric Associate and practicum students involved in the project.

Provide clinical services to adult clients in the Psychiatry Outpatient clinic at BBSB (2015-present). Provide supervision for psychology interns and psychiatry residents.

Psychologist for the Innovations Clinic providing services to individuals seeking specialty addiction treatment in the BBSB Psychiatry Outpatient Clinic (2015-present). This includes initial evaluation, therapy and referrals. Provide supervision for psychiatry residents.

Provided clinical services to UTHHealth students from all educational programs in the Student Health clinic while the department recruited for two new psychologists (2016-2017)

CURRENT GRANT SUPPORT:

1. Principle Investigator (Project Director): Angela Heads, Ph.D.
Department of Health and Human Services - Substance Abuse and Mental Health Services Administration (SAMHSA)
"UT HIV Education, Awareness, Referral and Treatment for Substance use Disorders (UT-HEARTS) Program"
9/30/2017-9/29/2022
\$2,460,938
2. Principle Investigator: Angela Heads, Ph.D.
Robert Wood Johnson Foundation
"Examining risk and protective factors during adolescence for the development of substance use disorders in emerging adulthood"
9/1/2017-8/31/2018
\$50,000

PAST GRANT SUPPORT:

1. Co-Investigator: Angela Heads
 Substance Abuse and Mental Health Services Administration (SAMHSA)
 “The Knowledge Awareness and Prevention on Wheels (KAPOW!) Project”
 PI: Heads (2013), Aisha Asby, Ph.D. (2013-2016); Joseph Dickson, Ph.D. (2016-2017)
 9/30/2013-5/31/2017
 \$899,000

PUBLICATIONS:

A. Abstracts

1. Heads, A. M., Suchting, R., Green, C., Schmitz, J., Rathnayaka, N., & Lane, S. D. Family/social problems as a greater barrier to treatment entry for women than men. *Drug & Alcohol Dependence*, 146, e139, 2015.
2. Heads, A. M., Schmitz, J., Amador, C., Vujanovic, A., Hamilton, J., & Vincent, J. Distress tolerance moderates the relationship between trauma symptoms and depression in substance users. *Drug & Alcohol Dependence*, 156, e93, 2015.
3. Heads, A. M., Castillo, L. G., Glover, A., & Schmitz, J. Emotion regulation moderates the relationship between perceived discrimination and risk behaviors in African American college students. *Drug & Alcohol Dependence*, 171, e86, 2017.

B. Refereed Original Articles in Journals

1. Bramson R, Vanlandingham A, Heads A, Paulman P, Mygdal W. Reaching and teaching preceptors: Limited success from a multifaceted faculty development program. *Family Medicine*, 39(6), 386-388, 2007.
2. Gilmore, A., Osho, G., Heads, A. Coping, stress, anxiety and depression for African American women in academic settings, *American Journal of Health Sciences*, 1(3), 121-130, 2013.
3. Stotts, A., Vujanovic, A., Heads, A., Suchting, R., Green, C.E., Schmitz, J.M. The role of avoidance and inflexibility in characterizing response to contingency management for cocaine use disorders: A secondary profile analysis, *Psychology of Addictive Behaviors*, 29(2), 408-413, June 2015.
4. Heads, A., & Castillo, L.G. Perfectionism and racial identity as predictors of

- life satisfaction in African American female college students, *InterAmerican Journal of Psychology*, 48(2), 269-275, 2014.
5. Hamilton, J.E., Heads, A.M., Soares, J.C. Racial disparities at psychiatric intake related to psychiatric diagnosis, co-morbid substance use, and physical health status, *Comprehensive Psychiatry*, 63, 113-122, 2015.
 6. Asby, A.T., Heads, A.M., Dickson, J.W. Living with maternal HIV: Spirituality, depression, and family functioning, *American Journal of Health Sciences*, 7(1), 15-22, 2016.
 7. Vujanovic, A. Meyer, T. Heads, A., Stotts, A., Villarreal, Y., Schmitz, J. Cognitive-Behavioral therapies for depression and substance use disorders: A review of traditional, third-wave, and transdiagnostic approaches, *American Journal of Drug and Alcohol Abuse*, 43(3), 402-415, 2016.
 8. Heads, A. M. & Dickson, J. W. & Asby, A. T. Correlates of HIV Risk-taking Behaviors among African-American College Students: HIV Knowledge and Ethnic Identity. *Journal of Health Care for the Poor and Underserved* 28(2), 155-170, 2017.
 9. Heads, A.M., Glover, A.M., Castillo, L.G., Blozis, S., Kim, S.Y. Dimensions of ethnic identity as protective factors for substance use and sexual risk behaviors in African American college students, *Journal of American College Health*, 66(3), 178-186, 2017.
 10. Hamilton, J. Heads, A., Desai, P., Cho, R., Meyer, T. Okusaga, O. Ethnic differences in the diagnosis of Schizophrenia and Mood Disorders during Admission to an Academic Safety-Net Psychiatric Hospital, *Psychiatry Research*, 2018 (in press).

C. Chapters

1. Heads, A.M., Weaver, M.F., Lopez-Gamundi, P. (2018) Pharmacological Treatment of Sedative and Anxiolytic Abuse. In APA Handbook of Psychopharmacology, 2018 (in press) **Invited book chapter**
2. Schmitz, J.M., Wardle, M.C., Weaver, M.F., Heads, A.M, Yoon, J.N., Lane, S.D. Pharmacological Treatment of Psychostimulant Disorders. In APA Handbook of Psychopharmacology, 2018 (in press) **Invited book chapter**

D. Other Professional Communications

Presentations:

1. Parker, P., Baile, W., Cohen, L., Heads, A., Lenzi, R. (March 2004). *Perceptions of What Was Discussed During Initial Oncology Visits: Do*

- Patients and Physicians Agree?* Presented at the Society for Behavioral Medicine Conference, Baltimore Maryland, March 2004.
2. Parker, P., Baile, W., Cohen, L., Heads, A., Lenzi, R. *Psychosocial predictors of patients' perceptions of their physicians' interactions with them during initial oncology visits.* Presented at the International Center for Communication in Healthcare Conference, March, 2004.
 3. Wiprud, R., English, M., Bramson, R. & Heads, A. *An Innovative Formative Evaluation of History and Physical Exam Skills.* Presented at the 32nd Annual STFM Predoctoral Education Conference, Charleston, SC, February, 2006
 4. Bramson, R., VanWalsum, K. & Heads, A. *Self-Efficacy of Communication Skills in Difficult Patient Encounters.* Presented at the 26th Annual Conference on Families and Health, Austin, TX, March, 2006.
 5. Bramson, R. & Heads, A. *An Innovative Multidisciplinary Strategy for Teaching Communication skills to Medical Students.* Presented at the Annual Meeting of the Southern Group on Educational Affairs, Galveston, TX, May, 2006.
 6. Patel, D., Heads, A., Bramson, R. & Lang, F. *Relationship between Reaching Common Ground in a Medical Interview and Complementarity of Physician-Patient Personality Dispositions.* Presented at the Medical Student Summer Research Program Symposium, Texas A&M College of Medicine, College Station, TX, July, 2006.
 7. Phoummarath, M., Pfeffer, A., Castillo, L. Moore, K. & Heads, A. *Intragroup Marginalization, Acculturation, and Acculturative Stress among Asian American Students.* Presented at the American Psychological Association Annual Convention, New Orleans, LA, August, 2006.
 8. Bramson, R. & Heads, A. *Improving Self Efficacy of Medical Students' Communication Skills Using the Common Ground Interview Modules.* Presented at the 33rd Annual Pre-doctoral Education Conference, January 25-28, 2007 in Memphis, TN. January, 2007.
 9. Phoummarath, M., Pfeffer, A., Castillo, L. Moore, K. & Heads, A. *Intragroup Marginalization and Acculturative Stress among Asian American Students.* Presented at the Educational Research Exchange, Texas A & M University, College Station, TX, January, 2007.
 10. Bramson, R, Heads, A., Patel, D., Wiprud, R. English, M. *The imposter phenomenon, perfectionistic self-presentation, psychological distress, and help seeking in medical students.* Presented at the 34th Annual STFM Predoctoral Education Conference, College Station, TX, January, 2008.

11. Heads, A. The impact of perceived discrimination and racial socialization on psychological adjustment, mental health help-seeking and health behaviors. Presented at 2012 APA MFP Psychology Summer Institute, Washington, D.C., July, 2012.
12. Heads, A. The racial socialization process in African American families: Racial identity and the contribution of grandparents in the racial socialization process. Presented at the 2013 Multicultural Summit, Houston, TX, January, 2013.
13. Heads, A. Family/social problems as a greater barrier to treatment entry for women than men. Presented at the College on Problems of Drug Dependence, Annual Meeting, San Juan, Puerto Rico, June, 2014.
14. Hamilton, JE & Heads, AM. Utilizing Culturally Relevant, Evidence-Based Screening and Referral Practices in Behavioral Health to Improve Service Engagement. Presented at the Texas Health Start Alliance Conference, South Padre Island, TX, January, 2015. **Invited presentation**
15. Heads, A., Dickson, J. & Asby, A. Parental factors, substance use and risky sexual behavior in emerging adults. Presented at the Southwestern Psychological Association Annual Meeting, Wichita, KS, April, 2015.
16. Heads, A., Schmitz, J., Amador, C. Hamilton, J. Distress Tolerance Moderates the Relationship between Trauma Symptoms and Depression in Trauma Exposed Substance Users. Presented at the College on Problems of Drug Dependence Annual Meeting, Phoenix, AZ, June, 2015.
17. Heads, A., Glover, A., Castillo, L., Schmitz, J. Emotion regulation moderates the relationship between perceived discrimination and risk behaviors in African American college students. Presented at the College on Problems of Drug Dependence Annual Meeting, Palm Springs, CA, June, 2016.
18. Heads, A., Vujanovic, A., Schmitz, J. Depression and impulsivity predict sex risk behaviors among substance using women. Presented at the 9th annual International Women's and Children's Health and Gender (InWomen's) Group Conference, Palm Springs, CA, June 2016.
19. Heads, A., Dickson, J., Asby, A., Schmitz, J. (2017). Risk and Protective Factors for Sexual Risk Behaviors in College Students: Marijuana Use, Binge Drinking, HIV Risk Knowledge and Coping Style. Presented at the College on Problems of Drug Dependence Annual Meeting, Montreal, Quebec, Canada, June, 2017.

Clinical Staff Training

1. Psychotherapy with Substance Using Clients, Presented at the Combined Harris Health and UT Physicians Outpatient Provider Monthly Meeting. December 2016
2. Motivational Interviewing in Health Care, Presented at UT Physicians' Healthcare Transformation Initiatives, Social Workers' Training Meeting, May 2016

Media Contacts

1. Heads, A.M. Interviewed by Savannah Demko, Editorial Assistant for *Infections Disease News* on November 6, 2017. The story "UTHealth program expands HIV prevention services to patients with substance use disorders" appeared online at <https://www.healio.com/infectious-disease/hiv-aids/news/online/%7B9b3a32b2-2820-4967-8fea-35b0d5eb3bcb%7D/uthealth-program-expands-hiv-prevention-services-to-patients-with-substance-use-disorders>