

Curriculum Vitae

October 14, 2020

NAME: Alia R. Warner, Ph.D.

TITLE: Clinical Assistant Professor
Louis A. Faillace, MD, Department of Psychiatry and Behavioral Sciences
McGovern Medical School
The University of Texas Health Science Center at Houston (UTHealth)

ADDRESS: UTHealth Harris County Psychiatric Center
2800 South MacGregor Way, 1B-60
Houston, TX 77021

UNDERGRADUATE EDUCATION:

2009 B.S. Psychology
Eastern Michigan University
Ypsilanti, MI

GRADUATE EDUCATION:

2012 M.S., Mental Health Counseling
Florida State University
Tallahassee, FL

2012 Ed.S. (Education Specialist), Mental Health Counseling
Florida State University
Tallahassee, FL

2016 Ph.D., Combined Counseling and School Psychology
Florida State University (APA-Accredited)
Tallahassee, FL

PRE-DOCTORAL INTERNSHIP TRAINING:

2016 Pre-doctoral Intern, Clinical Psychology
Michael E. DeBakey VA Medical Center (APA-Accredited Internship)
Houston, TX

POSTGRADUATE TRAINING:

2017 Postdoctoral Resident, Clinical Psychology (Emphasis: Serious Mental Illness)
Michael E. DeBakey VA Medical Center (APA-Accredited Residency)
Houston, TX

2018 – Present Association for Behavioral and Cognitive Therapies (ABCT), Member
Program Committee, 2020 – Present
2019 – Present International Early Psychosis Association, Member

HONORS AND AWARDS:

2004 – 2006 Michigan Merit Award
2004 – 2005 Michigan Merit Plus Scholarship
2005, 2006, 2008, 2009 Michigan Competitive Scholarship
2013 Marvalene Hughes Research in Education Conference Travel
Award (\$600)
2013 APA Second Place Student Poster Award
2013, 2014 Florida State University Graduate Studies Conference Travel
Award (\$250)
2020 Nominee: 2019 Medical Staff of the Year
2020 Faculty Excellence in Psychotherapy (Awarded by UTHealth
Internship Program)

EDITORIAL POSITIONS:

Reviewer

2016 – Present Journal of Behavioral Health Services & Research
2016 – Present Psychology and Psychotherapy: Theory, Research and Practice
2016 – Present Journal of Happiness Studies

SERVICE ON THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER AT HOUSTON COMMITTEES:

2017 – Present Psychotherapy Training Committee, Member
2017 – Present Psychology Predoctoral Internship Committee, Member

SERVICE ON MCGOVERN MEDICAL SCHOOL COMMITTEES:

2020 – Present Resident Education Curriculum Committee, Member
2020 – Present Graduate Student Education Committee, Member

SERVICE ON UTMSH AFFILIATED HOSPITAL COMMITTEES:

UTHealth – Harris County Psychiatric Center

2017 – Present Medical Staff Committee, Member
2017 – Present Psychology Practicum Program Committee, Member and Supervisor
2018 – 2019 Environment of Care Committee
2019 – 2020 Utilization Review Committee
2019 – 2020 Documentation Committee

SERVICE TO THE COMMUNITY:

- 2011 – 2012 Infant Mental Health Screener, Tallahassee Memorial Hospital, Tallahassee, FL
2014 Science Committee Award Reviewer, Society for LGBT Issues, American Psychological Association
- 2014 – 2015 Suicide Prevention Training, Florida State University, Tallahassee, FL
- 2016 – 2017 Member, Recovery Training Committee, Michael E. DeBakey VA Medical Center (MEDVAMC), Houston, TX
- 2017 Volunteer Outing to Shriners Hospital for Children, Group Psychotherapist, Planner, and Outing Supervisor (MEDVAMC), Houston, TX
- 2017 Outreach for Early Onset Treatment Program Referrals, The Harris Center, Houston, TX
- 2018 Research Participant, *Language Mapping, Neurocognitive Functioning, and Quality of Life in Patients with Glioma*, University of Texas MD Anderson Cancer Institute

CURRENT TEACHING RESPONSIBILITIES:

Medical Students

- 2019 Facilitator, *2nd year Medical Students (MS-II) Doctoring Course Small Group Interviews*, 2 sessions, 2 hours per session
- 2019 Facilitator, *MS-III Poverty Simulation*, 50 students, 4 hours
- 2019, 2020 Facilitator, *Problem Based Learning (PBL) course (Block 4)*, 7- 9 MS-IIIs, 2-hour Classes, twice a week for 6 weeks
- 2020 Facilitator, *Problem Based Learning course (PBL) course (Block 2)*, 9 MS-Is, 2-hour classes twice a week for 6 weeks
- 2020 Facilitator, *MS-I Doctoring Course Professionalism Small Group Session*

Psychiatry Residents

- 2017 – Present Lecturer, 1st – 4th year Psychiatry Resident Didactic Series
- Validation, Empathy, Clarification, 1 hour, once to twice annually, 2017 – Present
- Active Listening, Body Language, and Open Questions, 1 hour, once to twice annually, 2017 – Present
- Fishbowl (helping skills workshop), 1 hour, three to four times annually, 2017 – Present
- CBT for Psychosis, 2 hours, once annually, 2018 – Present
- Motivational Interviewing Part 1, 2 hours, once annually, 2018 – Present
- Advanced Motivational Interviewing, 2 hours, once annually, 2019 – Present
- Advanced CBT for Psychosis, 2 hours, once annually, 2020 – Present
- Prodromal Schizophrenia, 2 hours, once annually, 2020 – Present
- 2017 – Present Clinical Supervisor, PGY-2 One-month Psychology Rotation
- Omar Gonzales, M.D. (2017)

Stephanie Klassen, M.D. (2018)
Sumana Goddu, M.D. (2018)
Satyajit Mohite, M.D. (2018)
Kimberly Grayson, M.D. (2018)
Morgan Deal, M.D. (2018)
Andrew Stubbs, M.D. (2019)
Rose Zhang, M.D. (2019)
Alexandra Ward, M.D. (2019)
Caroline Rong, M.D. (2019)
Kyle Bowers, M.D. (2020)
Gina Jamal, M.D. (2020)

2020 Clinical Supervisor, PGY-4 Advanced Psychotherapy Elective

Morgan Deal, M.D.
Brandi Karnes, M.D.

Graduate Level Psychology Practicum Students

2017 – Present Presenter, Psychology Case Conference Series

Common Neuropsychological Disorders, 1 hour, twice annually, 2017 – 2019

Introduction to Psychosis, 1 hour, thrice annually, 2017 – Present

CBT for Psychosis, 1 hour, twice annually, 2017 – Present

Schizophrenia Case Presentation, 1 hour, thrice annually, 2017 – Present

Prodromal Schizophrenia, 1 hour, once annually, 2020 – Present

Metacognitive Training (MCT+), 1 hour, once annually, 2020 – Present

2017 – Present Clinical Supervisor, Psychology Practicum Program

Kevin Waymire, M.Ed., M.A., Sam Houston State University (2017-2018)

Ewune Ewane, M.A., University of Houston (2017-2018)

Soumia Cheref, M.A., University of Houston (2018)

Jessica Hart, M.A., Sam Houston State University (2018 - 2019)

Cassandra Bailey, M.A., Sam Houston State University (2019 – 2020)

Katherine Fox, M.A., University of Houston (2019-2020)

Pre-doctoral Psychology Interns

2018 – Present Presenter, Pre-doctoral Psychology Didactic Series, 6-7 trainees, 2.5 hour presentations, once annually

CBT for Psychosis, 2018 – Present

Motivational Interviewing, 2018 – Present

Suicide-related Behaviors: Theory and Intervention, 2020 – Present

Clinical Supervisor, Pre-Doctoral Internship Program

Kathleen Carlson, B.A. (2018)
Charlotte Beard, M.S. (2018 – 2019)
Leyla Erguder, M.S. (2019 – 2020)

Post-doctoral Psychology Residents

2018 – Present Clinical and Research Supervisor, Postdoctoral Residency Program

Jennifer Bahrman, Ph.D. (2018 – 2019)
Halle Ross-Young, Psy.D. (2019 – 2020)

Nursing and Social Services

2018 Invited Presenter, ~30 attendees, 2-hour seminar

De-escalation Techniques Part I
De-escalation Techniques Part II
Motivational Interviewing

2020 Escalation Prevention (as part of a train-the-trainer workshop for trauma-based care initiative)

MENTORING ACTIVITIES:

Research Mentor for Jonathan Blassingame III, M.A., pre-doctoral psychology intern. Poster presentation entitled “Impact of inpatient early intervention on rehospitalization rates compared to long-term inpatients,” 2019

Research Mentor for Natalie Rodriguez-Quintana, M.P.H., pre-doctoral psychology intern. Poster presentation entitled “Treatment outcomes following inpatient early intervention for an indigent population with SMI,” 2019

Research Mentor for Roshan Chudal, M.D., Ph.D., PGY-I, 2019

CURRENT CLINICAL SERVICE RESPONSIBILITIES:

UTHealth-HCPC Early Onset Treatment Program (EOTP)

- The EOTP is an inpatient early intervention program for uninsured young adults within 5 years of onset of a serious mental illness (i.e., a major mood disorder with psychotic features or schizophrenia spectrum disorder).

Program Director, 2017 – Present

- Determined specific criteria for inclusion/exclusion for the program
- Recruit and assess potential candidates for programming
- Create multidisciplinary, scheduled programming for EOTP based on the most substantially supported interventions for the target population
- Disseminate information regarding programming to other providers

- Lead weekly treatment team meetings
- Facilitate family meetings

Group Psychotherapy Creator, Trainer, and Psychotherapist, 2017 – Present

- Designed 6 evidence-based groups and trained treatment team providers to co-facilitate group therapy
 - CBT for Psychosis, 2017 – Present
 - Michael's Game (based on metacognitive therapy), 2017 – 2018
 - Social Skills Training for Schizophrenia, 2017 – Present
 - DBT Skills Group, 2017 – 2018
 - Illness Management and Recovery, 2018 – Present
 - ACT for Psychosis, 2019 – Present
- Evaluate utility of various groups to determine the continuation or discontinuation of groups to best assist patients
- Four, 45 – 60 minute groups per week
- 4-8 patients per session

Individual Psychotherapist and Assessor, 2017 – Present

- Provide evidence-based treatments for primary presenting concerns, such as CBT/CBT for Psychosis and Metacognitive Therapy, 2-3 times a week for each patient (30-70 minutes)
- Conduct psychological assessments pre- and post-treatment to assess for primary psychiatric disorder, symptom severity, related impairment, and to measure clinical improvement
- Compose reports and provide feedback to patients, families, and treatment team

Supervisor, 2017 – Present

- Clinically supervise and teach practicum students, interns, and post-doctoral trainees the provision of evidence-based practices for serious mental illnesses, 1-hour a week

UTHealth-HCPC Adult Psychology Consult Service

- Psychiatry refers patients to psychology for brief individual psychotherapy and psychological assessments (primary psychiatric disorder and/or personality disorder, neurocognitive status, and response style).

Adult Psychologist, 2017 – Present

- Provide brief, individual psychotherapy using evidence-based interventions for adults on acute units with varied presenting concern
- Administer and score standardized psychological assessments for patients referred for testing
- Evaluations are conducted for the determination of primary psychiatric disorder, personality disorders, neurocognitive functioning, and response style/exaggeration
- Provide assessment feedback to patients and treatment teams/attending psychiatrists

- Provide cross-coverage

Supervisor, 2017 – Present

- Lead 1-hour morning meetings with 4-6 trainees, 1-3 a week, to prep and conceptualize cases and determine most effective psychological treatment plans

UTHealth-HCPC Child and Adolescent Units

- Provide cross-coverage

PUBLICATIONS:

A. Abstracts

1. **Warner, A., & DiLonardo, S.** (2013). Mindfulness-based stress reduction for female inmates. *The Group Psychologist, 23*, 7-8.
2. **Warner, A., Hamilton, J., & Allen, M.** (2019). Effects of early intervention for serious mental illness on severity of symptomatology. *Schizophrenia Bulletin, 45*, S281. DOI: 10.1093/schbul/sbz018.483.
3. **Warner, A., Hamilton, J., Allen, M., & Lane, S.** (2019). Rehospitalization rates following early intervention treatment for serious mental illness. *Schizophrenia Bulletin, 45*, S356. DOI: 10.1093/schbul/sbz020.675.
4. **Warner, A., & Noll, K.** (2019). Semantic fluency performance is predictive of re-hospitalization inpatients with recent onset psychosis. *Schizophrenia Bulletin, 45*, S223. DOI: 10.1093/schbul/sbz019.331.

B. Refereed Original Articles in Journals

1. Hanley, A., Garland, E., Canto, A., **Warner, A.**, Hanley, R., Dehili, V., & Proctor, A. (2015). Dispositional mindfulness and bias in self-theories. *Mindfulness, 6*, 202-207.
2. Hanley, A., **Warner, A.**, & Garland, E. (2015). Associations between mindfulness, psychological well-being, and subjective well-being with respect to contemplative practice. *Journal of Happiness Studies, 16*, 1423-1436.
3. Hanley, A., **Warner, A. R.**, Dehili, V. M., Canto, A. I., & Garland, E. L. (2015). Washing dishes to wash the dishes: Brief instruction in an informal mindfulness practice. *Mindfulness, 6*, 1095-1103.
4. Swanbrow Becker, M., Nemeth Robers, S., Ritts, S., Branagan, T., **Warner, A. R.**, & Clark, S. (2017). Supporting transgender college students: implications for clinical intervention and campus prevention. *Journal of College Student Psychotherapy, 31*, 155-176.

5. Dong, S., **Warner, A.**, Mamboleo, G., Guerette, A., & Zegarra, M. (2017). Barriers in accommodation process among individuals with visual impairments. *Journal of Rehabilitation, 83*, 27-35.

C. Invited Articles in Journals

1. Hanley, A., **Warner, A. R.**, & Dabel, V. (2014). The relationship between posttraumatic growth and mindfulness. *Positive Psychology: Theory & Application, 11*, 12-17.
2. Dong, S., & **Warner, A.**: A counselor's guide to career assessment instruments: [Review of the book *A Counselor's Guide to Career Assessment Instruments*]. *Career Convergence: Web Magazine*. 2014. Retrieved from: http://ncda.org/aws/NCDA/pt/sd/news_article/86183/_PARENT/layout_details_cc/false.

D. Chapters

1. **Warner, A.** (under contract). Overview and treatment of schizophrenia and other psychotic disorders. In Aslinia, D., ed. *The Handbook of Clinical Counseling*. New York, NY: Routledge (under contract).

E. Other Professional Communications

International Presentations

1. **Warner, A.**, Hamilton, J., & Allen, M. (2019, April). *Effects of early intervention for serious mental illness on severity of symptomatology*. Poster presented at the Schizophrenia International Research Society, Orlando, FL.
2. **Warner, A.**, Hamilton, J., Allen, M., & Lane, S. (2019, April). *Rehospitalization rates following early intervention treatment for serious mental illness*. Poster presented at the Schizophrenia International Research Society, Orlando, FL.
3. **Warner, A.**, & Noll, K. (2019, April). *Semantic fluency performance is predictive of re-hospitalization inpatients with recent onset psychosis*. Poster presented at the Schizophrenia International Research Society, Orlando, FL.
4. Blassingame, J., Rodriguez-Quintana, N., & **Warner, A. R.** (2019, November). *Impact of inpatient early intervention on rehospitalization rates compared to long-term inpatients*. Poster presented at the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
5. Rodriguez-Quintana, N., & **Warner, A. R.** (2019, November). *Treatment outcomes following inpatient early intervention for an indigent population with SMI*. Poster presented at the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

National Presentations

1. Dong, S., & **Warner, A.** (2013, April). *Workplace accommodation: An ecological perspective*. Poster presented at the National Council on Rehabilitation Education, San Francisco, CA.

2. Hanley, A. W., **Warner, A. R.**, Dehili, V. M., Garland, E. L., & Canto, A. I. (2013, August). *Brief instruction in an informal contemplative practice: Washing dishes to wash the dishes*. Poster presented at the American Psychological Association: Cutting-Edge Research from Emerging Psychological Scientists, Honolulu, HI.
3. **Warner, A. R.**, & DiLonardo, S. (2013, August). *Mindfulness-based stress reduction for female inmates*. Poster presented at the American Psychological Association, Honolulu, HI.
4. **Warner, A. R.**, & Dabel, V. (2014, March). *The relationship between mindfulness and posttraumatic growth*. Round table discussion at the Division 17 conference of the American Psychological Association conference, Atlanta, GA.
5. Nemeth, S. F., Swanbrow Becker, M. A., Branagan, W. T., Ritts, S. M., **Warner, A. R.**, & Clark, S. L. (2014, March). *Research Supporting Transgender College Students and Campus Prevention*. Symposia presentation at Trans*Literate Conference, Gay and Lesbian Affirmative Psychotherapy Institute for Contemporary Psychotherapy, New York, NY.
6. Hanley, A. W., Canto, A., **Warner, A. R.**, & Garland, E. (2014, March). *The relationship between mindfulness and posttraumatic growth with respect to contemplative practice engagement*. Poster presented at the Division 17 conference of the American Psychological Association, Atlanta, GA.
7. Swanbrow Becker, M. A., Nemeth, S. F., Branagan, W. T., **Warner, A. R.**, Ritts, S. M., & Clark, S. L. (2014, August). *Supporting transgender college students: Implications for clinical intervention and campus prevention*. Symposia presentation at the American Psychological Association, Washington DC.
8. **Warner, A. R.**, Hanley, A. E., & Canto, A. (2014, August). *Mindfulness, psychological and subjective well-being, with respect to contemplative practice*. Poster presented at the American Psychological Association, Washington, DC.
9. **Warner, A. R.**, & Nemeth, S. (2014, August). *Gender bias exhibited by psychologists and psychology doctoral students in the diagnosis of personality disorders*. Poster presented at the American Psychological Association, Washington, DC.
10. Ross-Young, H., & **Warner, A.** (2020, August). *Examination of the PAI with Hispanic/Latinx patients in an inpatient psychiatric hospital*. Poster presented at the American Psychological Association, Washington, DC (virtual).

Regional and Local Presentations

1. Roberts, C. R., Kiss, A. B., **Warner, A.**, Poutliot, G. S., Wirt, D., Huprich, S. K. (2009, March). *Test-retest reliability and psychometric evaluation of the Depressive Personality Disorder Inventory*. Poster presented at the Annual Midwinter Meeting for the Society for Personal Assessment, Chicago, IL.

2. Dong, S., & **Warner, A.** (March, 2013). Workplace accommodation: An ecological perspective. Poster presentation at the 2013 Marvalene Hughes Research in Education, Council on Research in Education. Tallahassee, Florida.
3. Hanley, A. W., **Warner, A. R.**, Peterson, G., & Garland, E. (2013, June). *Mindfulness, post-traumatic growth, and well-being: Between country comparisons*. Presentation at the 2013 Mind and Life Summer Research Institute, Garrison, NY.
4. **Warner, A. R.** (April, 2014). Mindfulness and posttraumatic growth. Poster presentation at 2014 Marvalene Hughes Research in Education, Council on Research in Education. Tallahassee, Florida.
5. Hanley, A. W., **Warner, A. R.**, Dehili, V. M., Garland, E. L., & Canto, A. I. (April, 2014). Washing dishes to wash the dishes. Poster presentation at 2014 Marvalene Hughes Research in Education, Council on Research in Education. Tallahassee, Florida. (Local).

Invited Presentations

1. Invited Didactic Presenter, *Assessment of Personality Disorders*, 2018, 2019
Michael E. DeBakey VA Medical Center (MEDVAMC), Houston, TX.
2. Invited Didactic Presenter, *Early Intervention for Psychosis*, 2018, 2019, 2020
Michael E. DeBakey VA Medical Center (MEDVAMC), Houston, TX.
3. Invited Facilitator, *Designing and Implementing Evidence-Based and Integrated Housing Programs that Address the Needs of Vulnerable and Underserved Populations*, 2019
Houston/Harris County Regional Housing Summit. Houston, TX.
4. Invited Presentation to Promote UTHHealth-HCPC Practicum Program, 2019, 2020
University of Houston – Clinical Psychology Program, Houston, TX

Media Representation

1. Research highlighted in Wall Street Journal, Time Magazine, USA Today, among other media outlets based on original research:

Hanley, A., **Warner, A. R.**, Dehili, V. M., Canto, A. I., & Garland, E. L. (2015). Washing dishes to wash the dishes: Brief instruction in an informal mindfulness practice. *Mindfulness*, 6, 1095-1103.

Blog Content

1. **Warner, A.** (August, 2019). UTHHealth – HCPC Program Shows Promise for Psychosis. UTHHealth, Department of Psychiatry and Behavioral Sciences Blog. <https://med.uth.edu/psychiatry/2019/08/28/uthealth-hcpc-program-shows-promise-for-psychosis/>

Treatment Materials

1. Hamilton, J., Yau, B., **Warner, A.**, & Im, C. (2019). Patient Psychoeducation Workbook. UTHealth – Homeless Outpatient Mental Health Expansion Services. Funded by the American Medical Association Alliance Health Education Initiative.