

June 15, 2021

Curriculum Vitae  
**Melissa Goldberg Mintz, Psy.D.**

**PRESENT TITLE:** Clinical Assistant Professor of Psychiatry and Behavioral Sciences McGovern Medical School at UT Health

**WORK ADDRESS:** Department of Psychiatry and Behavioral Sciences 1941 East Road, Suite 2100, Houston, Texas, 77054

**CITIZENSHIP:** United States of America

**UNDERGRADUATE EDUCATION:**

Bachelor of Arts, High Honors in Psychology, September 2007- May 2011 Emory University, Atlanta, Georgia

**GRADUATE EDUCATION:**

Master's in Clinical Psychology, September 2011- May 2013 University of Denver  
Denver, Colorado

Doctorate in Clinical Psychology, September 2011- August 2015 University of Denver  
Denver, Colorado

**PREDOCTORAL INTERNSHIP:**

Psychology Intern, University of Denver at Kaiser Permanente, August 2014- July 2015  
Denver, Colorado

**POSTGRADUATE TRAINING:**

Postdoctoral Fellow, Baylor College of Medicine, the Menninger Clinic, Professionals in Crisis Unit, September 2015- August 2016 Houston, Texas

**ACADEMIC & ADMINISTRATIVE APPOINTMENTS:**

Clinical Assistant Professor, June 2018- present Department of Psychiatry and Behavioral Sciences McGovern Medical School at UTHouston, Texas

**OTHER PROFESSIONAL EXPERIENCE**

Staff Psychologist September 2016- June 2018 Harris County Children's Assessment Center  
Therapy and Psychological Services Department Houston, Texas

**LICENSURE:**

Licensed Psychologist in the State of Texas #37390, 2016- present

**ADDITIONAL CERTIFICATIONS:**

Trauma-Focused Cognitive-Behavioral Therapy Certified therapist, 2017- present

**PROFESSIONAL ORGANIZATIONS:****Local**

Houston Psychological Association, Member, 2018- present

**National**

American Psychological Association, Member, 2018- present

**HONORS AND AWARDS:**

Psi Chi Honor Society, Emory University, 2009

Emory University Honors Program, Emory University, 2010

Departmental High Honors in Psychology, Emory University, 2011

Delta Epsilon Iota Academic Honor Society, University of Denver, 2015

**SERVICE ON NATIONAL GRANT REVIEW PANELS:**

Data Safety Monitoring Board (DSMB) on the Internet-based Cognitive Behavioral Therapy  
(ICBT) for tinnitus: NIH Grant number R21DC017214, Member, February 2019-  
present

**SERVICE TO THE COMMUNITY:**

Shift Leader in Behavioral Health at the George R. Brown Convention Center for Hurricane Harvey evacuees, 2017

Invited member of Children at Risk Center for New American Children and Education Advisory Board, 2018- present

## **TEACHING RESPONSIBILITIES:**

### **Direct Clinical Supervision**

- a. Clinical Psychology Interns
  - i. Clinical and/or Assessment Supervisor, Harris County Children's Assessment Center
    1. Rachel Altvader, MS, 2016-2017
    2. Althea Stevens, MS, 2016- 2017
    3. Kaitlyn Dechant, MA, 2017-2018
    4. Wade Petree, MS, 2017-2018
  - ii. Clinical Supervisor, UT Health Trauma and Resilience Center
    1. Stephanie Emhoff, MA, 2018-2019
    2. Leyla Erguder, MA, 2019- 2020
    3. Chloe Zachary, MA, 2019- 2020
    4. Natalie Rodriguez-Quintana, MA, 2019- 2020
    5. Jonathan Blassingame, MA, 2020
- b. Postdoctoral Fellows
  1. Stephanie Emhoff, PhD, 2019- 2020

### **Didactic Teaching at UT Health McGovern Medical School**

- a. Psychology Intern Didactics

- i. Child Sexual Abuse, 2019
  - ii. Trauma and Grief in Military Families, 2019
- b. Medical Fellow Didactics
  - i. Child Sexual Abuse, 2019
  - ii. Trauma and Grief in Military Families, 2019
  - iii. Selecting Therapy Modalities for Adolescents, 2019
  - iv. Introduction to MBT and DBT in Adolescent Psychiatry, 2020
- c. Texas Association of Community Health Centers & UT Health Trauma and Resilience Center
  - i. Ensuring your Clinic is Trauma Informed, 2019-20 cohort; 2020-21 cohort
  - ii. Selecting Appropriate Screening Tools for our Patients, 2019-20 cohort
  - iii. The Impact of Trauma on Coping, 2019-20 cohort
  - iv. Combating Vicarious Trauma and Fostering Resilience, 2019-20 cohort
  - v. Engaging Patients Exposed to Multiple Traumas, Part I & 2, 2020-21 cohort
  - vi. The Impact of PTSD on Physical Functioning, 2020-21 cohort

Trauma and Resilience Center Psychology Intern Director, 2019-2020

- a. Serve as liaison to greater UT Health Psychology Internship

### **Didactic Teaching at Baylor College of Medicine**

- a. Medical Resident Didactics
  - i. Child Trauma and the Provision of Trauma-Focused Cognitive Behavioral Therapy, 2020

## **MENTORSHIP ACTIVITIES:**

Texas Association of Community Health Centers and Trauma and Resilience Center Tele-mentoring program with Project ECHO, 2019-Present

## **UT HEALTH CLINICAL SERVICES RESPONSIBILITIES:**

UT Health Trauma and Resilience Center, 2018- 2020

Provide psychotherapy to traumatized children, adolescents, and families. Utilize evidence-based interventions including TF-CBT, DBT, CPT, PE, MBT.

UT Health Projects TCHATT & CPAN, 2020- Present

Serve as Psychologist to Child Psychiatric Access Network to consult with pediatricians and primary care physicians, and to Texas Child Health Access Through Telemedicine to provide telemedicine to students experiencing mental health crises.

## **PUBLICATIONS:**

### **Refereed Original Articles in Journals**

1. DeFife, J.A., **Goldberg, M.**, and Westen, D. (2015). Dimensional Assessment of Self- and Interpersonal Functioning in Adolescents: Implications for *DSM-5's* General Definition of Personality Disorder. *Journal of Personality Disorders: Vol. 29, No. 2*, pp. 248-260.
2. Taylor, L.K., **Goldberg, M.G.** & Tran, M.H.D. (2019) Promoting Student Success: How do we Best Support Child and Youth Survivors of Catastrophic Events? *Current Psychiatry Reports* Vol. 21, No. 82. <https://doi.org/10.1007/s11920-019-1067-3>

### **Book Chapters and Encyclopedic Entries**

1. Fowler, J.C., **Goldberg, M.**, Groat, M.D. (2017). Projective Testing in Psychotherapeutics (Update). In Hersen, M. Sledge W. (eds.) *Encyclopedia of Psychotherapy, Reference Module in Neuroscience and Biobehavioral Psychology*.

Elsevier. doi: <https://doi.org/10.1016/B978-0-12-809324-5.05381-5>

## **Other Professional Communications**

### **1. Presentations (selected)**

- Goldberg, M. Fostering Secure Attachment Relationships. Saturday Series lecture at the Menninger Clinic, Houston, Texas, May 2016
- Goldberg, M. Suicidal Ideation and Sleep-Related Symptoms in Menninger Patients. Fellowship presentation at the Menninger Clinic, Houston, Texas, August 2016
- Goldberg, M., & Vines, D. Sexual Abuse and its Impact in the Classroom. Invited presentation at the Center for School Behavioral Health Conference, Houston, Texas, October 2016
- Crowson, W., & **Goldberg, M.** Talking to your Children about Sex and Sexuality. Keeping Children Safe Series at the Harris County Children's Assessment Center, Houston, Texas, May 2017
- Goldberg, M. Motivational Interviewing and Working with our Clients' Resistance. Training Series at the Harris County Children's Assessment Center, Houston, Texas, May 2017
- Goldberg, M. Sexual Abuse and Mental Health. Child Advocate Training at the Harris County Children's Assessment Center, Houston, Texas, November 2017
- Goldberg, M. Theories of Supervision: Models and Practices, Parts I & II. Training Series at the Harris County Children's Assessment Center, Houston, Texas, May 2018
- Brittain, S. & **Goldberg, M.** Responding to Trauma. Invited presentation for crisis intervention officers at the Deer Park Police Department, Deer Park, Texas, July and November 2018
- Brittain, S. & **Goldberg, M.** Trauma-Focused Cognitive Behavioral Therapy: A Primer. Invited presentation for UT therapists, Houston, Texas, November 2018
- Goldberg, M. & Hughes, J. Behavior Management and Responding to Self-Harm. Invited presentation for Humble ISD counselors, Kingwood, Texas, January 2019

- Goldberg, M. Classification and Prevention of Child Sexual Abuse. Grand Rounds. University of Texas Health Science Center and McGovern Medical School, Houston, Texas, October 2019
- Cruz, R., Goldberg, M., & Rachel, A. Project ECHO and Trauma Informed Care. Invited presentation, 36th annual conference, Texas Association of Community Health Centers, The Woodlands, Texas, October 2019
- Butte, S., Goldberg, M., Newlin, E. Health Professionals against Interpersonal Violence. Invited panelist at McGovern Medical School, Houston, Texas, January 2020
- Goldberg, M. Evidence-based treatments for trauma. Invited presentation at the Texas Association of Community Health Centers Trauma Informed Care 202 training, Austin, Texas, January 2020
- Goldberg, M. Student Behavioral Health Concerns: Methods for Identification, Referral, and Treatment. Invited presentation via Project ECHO for Huffman ISD. Houston, Texas, January 2021

## 2. Non-refereed Publications

- Goldberg, M., & Gunterman, A. (2013, February). The Wartegg Drawing Completion Test: A New Option for Assessors. *The Colorado Psychologist*, 41(1), 7-8.
- Goldberg, Melissa. (2015, January 3). Emotional Intelligence is Good Public Policy [Opinion Editorial]. *Houston Chronicle*, p. B7.
- Altschuh, A., Evins, A., Franks, A., Gagnon, L, **Goldberg, M.**, McMann, K, Paz, J. Peavey, C, Sutcliffe, J. & van Bekkum, L. (2015). The application of dark humor in stress reduction: The creation of a “Cards Against Psychology” game for psychology graduate students. *Psychotherapy Bulletin*, 50 (3), 53-54.
- Goldberg Mintz, Melissa. (2021, June 9). Sex ed in first grade? Knowledge protects kids from abuse [Opinion Editorial]. *Houston Chronicle*, p. B7. Doi: [https://www.houstonchronicle.com/opinion/outlook/article/Opinion-Sex-ed-in-first-grade-Knowledge-16233647.php?fbclid=IwAR2vczR\\_jN3M1yvmsBvl2gSzF9h1sohN1U1Q8F0jbikPNcdXkz4aaaAHCa8](https://www.houstonchronicle.com/opinion/outlook/article/Opinion-Sex-ed-in-first-grade-Knowledge-16233647.php?fbclid=IwAR2vczR_jN3M1yvmsBvl2gSzF9h1sohN1U1Q8F0jbikPNcdXkz4aaaAHCa8)

### **3. Documentaries and Psychoeducational Videos**

Goldberg, M. (September 1, 2017). Tips for Parents in Helping Children Cope after Hurricane Harvey [Psychoeducational Video]. (Available on Harris County Children's Assessment Center Media websites).

Goldberg, M. (October 15, 2020). Keeping the Chaos Together [Documentary]. A Poppy Pro Productions film by Stacey Summers. Official Selection of the 2020 Marina Del Ray Film Festival, Official Selection of the 2020 Virtual REEL Recovery Film Festival and Symposium.

### **4. Media Contacts**

Goldberg, M. (November 21, 2017). Forced Holiday Hugs. Filmed Interview by John Donnelly, Fox 26 Local News.

Goldberg, M. (January 25, 2018). Talking to your Children about Sexual Abuse. Live Studio Interview by Melissa Wilson and José Griñan, Fox 26 Local News.

Goldberg, M. (October 15, 2018). Growing up in America. Radio interview by Bob Sanborn and Mandi Kimball, 90.1 KPFT.

Goldberg, M. (December 27, 2018). Houston-area Families of Missing Persons Mourn Unexplained Loss. Newspaper interview and article by Samantha Ketterer, Houston Chronicle.

Goldberg, M. (April 30, 2019). It's not about Stranger Danger. Filmed interview by Yael Karakowsky, Univision 45 Houston.

Goldberg, M. (May 8, 2019). How Parents can Help Prevent Child Sexual Abuse. Filmed interview by Yael Karakowsky, Univision 45 Houston.

Goldberg, M. (November 11, 2019). Link between Childhood Trauma and Adult Illness. Live Studio Interview by Melissa Wilson, Fox 26 Local News.

Goldberg, M. (March 18, 2020). COVID-19 and Mental Health. Live Radio Interview by Dr. Michael Aronoff, Sirius XM Doctor Radio.



Goldberg, M. (April 6, 2020). Go Ahead and Laugh During a Pandemic. Newspaper interview and article by Maggie Galehouse. Texas Medical Center News.

Chang, M., Koshy, A., & **Goldberg, M.** (August 4, 2020). Back to School COVID Press Conference. Attended by KHOU-TV Channel 11, Fox 26 News, KRTK-TV Channel 13, Univision Houston Channel 45, San Antonio Express News, Austin American-Statesman, Texas Tribune, TMC News, and The Monitor in McAllen.

Goldberg, M. (September 7, 2020). Back to School Separation Anxiety. Live Interview by Melissa Wilson, Fox 26 Local News. Doi:  
<https://www.iqmediacorp.com/ClipPlayer/?ClipID=18c55d56-9528-4568-a75c-d73915cbb1e4>

Goldberg, M. (September 10, 2020). Child Mental Health and the Return to School. Interview by Justin Sternberg, KRTK, ABC-TV Local News. Doi:  
<https://www.iqmediacorp.com/ClipPlayer?ClipID=cd6932eb-f179-4608-8d77-e4465eb81381&TE=%7B0%7D>

Goldberg, M. (October 7, 2020). Box Breathing to Cope with COVID-19 Anxiety. Interview by Brheanna Berry, KTRK, ABC-TV Local News. Doi:  
<https://www.iqmediacorp.com/ClipPlayer?ClipID=7d019582-0b54-44b0-9ff7-d6ca35473c47&TE=%7B0%7D>

Goldberg, M. (October 21, 2020). Student Mental Health Goes Virtual During a Pandemic. Interview by Melissa Wilson, Fox 26 Local News. Doi:  
<https://www.iqmediacorp.com/ClipPlayer?ClipID=3ac42870-ff23-4eb9-bea6-6759bf4022f8&TE=%7B0%7D>

Goldberg Mintz, M. (June 10, 2021). Health Matters: COVID-19 pandemic has also been a source of trauma for so many people. Interview by Rekha Muddaraj, KHOU Channel 11 Local News. Doi: <https://www.khou.com/article/news/health/health-matters/health-matters-covid-19-pandemic-has-also-been-a-source-of-trauma-for-so-many-people/285-1898219f-40f5-45ff-9487-e24c4eb6254d>