# Internship Admissions, Support, and Initial Placement Data

**Date Program Tables are updated: August 18, 2023**

## Program Disclosures

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| **Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution’s affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?** | **Yes**  **No** |
| **If yes, provide website link (or content from brochure) where this specific information is presented:** | |
| N/A | |
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## Internship Program Admissions

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| **Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program’s policies on intern selection and practicum and academic preparation requirements:** |
| This is a scientist-practitioner program; all interns have a research mentor and engage in research during the year. The program emphasizes evidence-based practices. While interns apply to and are matched to specific tracks, in keeping with our generalist training philosophy, interns complete two rotations within their track and one rotation in another track to add breadth to their knowledge and skills. All interns may also carry one or more long-term individual therapy patients during 4 hours a week dedicated to “intern clinic”; interns who wish may also do some assessment during that time. Interns receive 2 – 3 hours per week of didactics. Training involves scaffolding and frequent contact with supervisors. Peer supervision is encouraged as is collaboration with trainees/faculty from other disciplines. Each intern gets a minimum of 2 hours a week of individual supervision with rotation and year-long supervisors, 1 hour of research supervision, and 1 hour of group supervision. Tracks include: Adult Inpatient (3 positions), Addiction (4 positions), Child and Adolescent (4 positions), Trauma (2 positions) and Developmental/Assessment (3 positions). Clients are drawn from the highly diverse Houston metro area and include underserved populations. The program strongly encourages individually, racially, or culturally diverse applicants. |
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| **Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:** | | | |
| Total Direct Contact Intervention Hours | Yes |  | Amount: 500 |
| Total Direct Contact Assessment Hours | Yes |  | Amount: 200 |

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| **Describe any other required minimum criteria used to screen applicants:** |
| The applicant must have successfully completed 3 years of study in an APA-accredited clinical, counseling, or school psychology doctoral program in USA or Canada before internship. Applicants need not be American citizens but must have authorization to be employed in training. Must have successfully proposed their dissertation before applying. They should have evidence of scholarly experience as demonstrated by publications and/or presentations at professional meetings. Applicants are preferred to have experience with both children/adolescents and adults. Applicants should have training in evidence-based practices. Dissertations involving original research are preferred. |
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## Financial and Other Benefit Support for Upcoming Training Year[[1]](#footnote-1)

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| --- | --- | --- |
| Annual Stipend/Salary for Full-time Interns | $30,000 | |
| Annual Stipend/Salary for Half-time Interns | N/A | |
| Program provides access to medical insurance for intern? | Yes | No |
| **If access to medical insurance is provided:** |  | |
| Trainee contribution to cost required? | Yes | No |
| Coverage of family member(s) available? | Yes | No |
| Coverage of legally married partner available? | Yes | No |
| Coverage of domestic partner available? | Yes | No |
| Hours of Annual Paid Personal Time Off (PTO and/or Vacation) | 96 | |
| Hours of Annual Paid Sick Leave | 96 | |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? | Yes | No |
| Other Benefits (please describe): 3 days professional time for conferences, dissertation defense, etc. Interns have the same PTO and benefits as medical residents in Psychiatry. Interns receive $300 for professional expenses such as conferences and books. | | |

## Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

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| --- | --- | --- |
|  | **2019-2022** | |
| Total # of interns who were in the 3 cohorts | 21 | |
| Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree | 0 | |
|  | **PD** | **EP** |
| Academic teaching | **PD =** 0 | **EP =** 0 |
| Community mental health center | **PD =** 0 | **EP =** 0 |
| Consortium | **PD =** 0 | **EP =** 0 |
| University Counseling Center | **PD =** 0 | **EP =** 0 |
| Hospital/Medical Center | **PD =** 14 | **EP =** 1 |
| Veterans Affairs Health Care System | **PD =** 0 | **EP =** 0 |
| Psychiatric facility | **PD =** 1 | **EP =** 0 |
| Correctional facility | **PD =** 0 | **EP =** 0 |
| Health maintenance organization | **PD =** 0 | **EP =** 0 |
| School district/system | **PD =** 0 | **EP =** 0 |
| Independent practice setting | **PD =** 2 | **EP =** 0 |
| Other | **PD =** 2 | **EP =** 1 |

Note: “PD” = Post-doctoral residency position; “EP” = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

1. Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table [↑](#footnote-ref-1)