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| **UTHealth Houston Mood Disorders Conference**  **Managing Treatment-Resistant Depression** | | | |
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| **Friday, October 17, 2025** | | | |
| Time | Title | Speaker | |
| 8:00-8:45 AM | Registration, Check-in, and Breakfast | | |
| 8:45-9:00 AM | Introduction – Jair C. Soares, MD, PhD | | |
|  | Patricio Riva Posse, MD | Defining treatment-resistant depression,  difficult-to-treat depression, and staging  treatment intensity | |
| 10:00-10:15 AM | Q&A | | |
| 10:15-10:30 AM | Break | | |
| Session 1 | Title: Clinical Management of Treatment-Resistant Depression | Chair: Giselli Scaini, PhD, PharmD | |
| 10:30-11:00 AM | Brandon Brown, MD | Treatment algorithms for treatment-resistant  depression | |
| 11:00-11:30 AM | Thomas D. Meyer, PhD | Evidence-based psychotherapy for  treatment-resistant depression | |
| 11:30 AM-12:00 PM | Jessica Badawi, PhD | Lifestyle interventions for  treatment-resistant depression | |
| 12:00-12:30 PM | Tessa Orellana, PhD | Maintaining motivation and preserving the  therapeutic alliance as tools to overcome  treatment-resistant depression | |
| 12:30-12:45 PM | Panel Q&A | | |
| 12:45-1:45 PM | Lunch | | |
| Session 2 | Title: Treatment-Resistant Depression in Special Populations | Chair: Taiwo Babatope, MD | |
| 1:45-2:15 PM | Cesar Soutullo, MD, PhD | Treatment-resistant depression in children and adolescents | |
| 2:15-2:45 PM | Melissa L. Sanchez, MD | Treatment-resistant depression in geriatrics | |
| 2:45-3:15 PM | Marsal Sanches, MD, PhD, FAPA | Managing treatment-resistant depression with comorbid personality disorders | |
| 3:15-3:45 PM | Michael Weaver, MD, DFASAM | Managing treatment-resistant depression with comorbid substance use disorders | |
| 3:45-4:00 PM | Panel Q&A | | |
| 4:00-4:15 PM | Closing Remarks – Joao de Quevedo, MD, PhD | | |
| **Saturday, October 18, 2025** | | | |
| Time | Title | | Speaker |
| 8:00-8:45 AM | Registration, Check-in, Breakfast | | |
| 8:45-9:00 AM | Introduction – Jair C. Soares. MD, PhD | | |
| 9:00-10:00 AM | William Bobo, MD | | Drugs under investigation  for treatment-resistant depression |
| 10:00-10:15 AM | Q&A | | |
| 10:15-10:30 AM | Break | | |
| Session 1 | Title: Advanced Management of Treatment-Resistant Depression | | Chair: Lokesh Shahani, MD, MPH, PhD |
| 10:30-11:00 AM | Sanjay J. Mathew, MD | | Ketamine/esketamine for  treatment-resistant depression |
| 11:00-11:30 AM | Jair C. Soares, MD, PhD | | Psychedelic agents for treatment-resistant  depression |
| 11:30 AM-12:00 PM | Rodrigo Machado-Vieira, MD, PhD, MSc | | Treatment-resistant bipolar depression |
| 12:00-12:30 PM | Urvashi Prasad, MD | | Managing the risk of suicide in people  with treatment-resistant depression |
| 12:30-12:45 PM | Panel Q&A | | |
| 12:45-1:45 PM | Lunch | | |
| Session 2 | Title: Interventional Psychiatry for Treatment-Resistant Depression | | Chair: |
| 1:45-2:15 PM | Bobby Nix, MD | | Transcranial magnetic stimulation  for treatment-resistant depression |
| 2:15-2:45 PM | Gabriela Austgen, MD | | ECT for treatment-resistant depression |
| 2:45-3:15 PM | Joao L. de Quevedo, MD, PhD | | VNS for treatment-resistant depression |
| 3:15-3:45 PM | Patricio Riva Posse, MD | | Deep brain stimulation for  treatment-resistant depression |
| 3:45-4:00 PM | Panel Q&A | | |
| 4:00-4:15 PM | Closing Remarks – Joao L. de Quevedo, MD, PhD | | |