

WEEKLY DIGEST OF COVID-19 GUIDELINES

CDC

- (12/23) **Cases: 18,170,062. Deaths: 321,734.** United States COVID-19 Cases and Deaths reported to the CDC since Jan 21, 2020.
- (12/22) [New Variant of Virus that Causes COVID-19 Detected](#)
- (12/22) [Implications of the Emerging SARS-CoV-2 Variant VOC 202012/01](#)
- (12/18) Updated [Understanding mRNA COVID-19 Vaccines](#)
 - mRNA vaccines teach our cells how to make a harmless piece of a protein that triggers an immune response inside our bodies. That immune response, which produces antibodies, is what protects us from getting infected if the real virus enters our bodies.
- (12/18) Updated [The Importance of COVID-19 Vaccination for Healthcare Personnel](#)
 - Healthcare personnel are at risk of exposure. Vaccinating healthcare personnel protects healthcare capacity and helps prevent patients from getting COVID-19. The safety of COVID-19 vaccines and of healthcare personnel receiving the vaccines is a top priority. Benefits of vaccination must outweigh possible risks.
 - CDC recommends healthcare personnel be among those offered the first doses of COVID-19 vaccines per the recommendation by the Advisory Committee on Immunization Practices.
- (12/19) Updated [After Getting the Vaccine](#)
 - “COVID-19 vaccination will help protect you from getting COVID-19. You may have some side effects, which are normal signs that your body is building protection.”
 - Common side effects
 - On the arm where you got the shot: pain, swelling
 - Throughout the rest of your body: fever, chills, tiredness, headache
- (12/20) Updated [Different COVID-19 Vaccines](#)
- (12/20) Updated [Frequently Asked Questions about COVID-19 Vaccination](#)
- (12/18) Updated [At-Home Testing](#)
- (12/19) Updated [What to Expect at Your Vaccine Appointment](#)
- (12/18) Updated [Information for Pediatric Healthcare Providers](#)
- (12/18) Updated [Pregnancy, Breastfeeding, and Caring for Newborns](#)
- (12/21) Updated [Importance of COVID-19 Vaccination for Residents of Long-term Care Facilities](#)
- (12/22) Updated [Ensuring the Safety of Vaccines](#). This page includes information on Vaccine Safety Monitoring and Clinical Trials.
- (12/22) [CDC Science Update](#) provides brief summaries of new COVID-19-related studies, while more research can be found here: [COVID-19 Published Science and Research](#)